What should I bring to go fishing in Belize?

Posted: ***Marty Casado*** *[marty@casado.net]*
Online URL: http://ambergriscaye.com/help/article-269.html

What should you pack for your Belize fishing adventure? Listed below are some essentials we suggest for all fishermen not accustomed to the intense heat and tropical sun. These items will ensure your Belize fishing adventure is as enjoyable on the last day as it was on the first. A sun burn in Belize can not only be an annoyance but also a serious risk to your health that can ruin the trip.

Items for your Belize Fishing trip:

CLOTHING FOR YOUR BELIZE FISHING ADVENTURE

1.) Light weight LONG-SLEEVE fishing shirt with UV protection. We recommend Patagonia's Island Hopper or Columbia Bonehead or Bahamas shirts. (Hint: I often look first at Sierra trading Post for some of the best close-out dealsâ€¦)

2.) Full Length lightweight pants. If you want to wear shorts, remember to apply ample amounts of sunscreen with HIGH SPF (45 and UP) two or three times per day on your lower extremities. The reflective nature of the water will quickly burn the backs of your legs, underside of your chin, backs of your arms, up your nose, and roof of your mouth (as you yell in excitement), etc.

3.) Large billed cap with neck sun shade that covers neck and ears form sun exposure. But DO NOT forget to apply sunscreen to these areas regardless of coverage. The sun reflects off of EVERYTHING and the breeze that prevails when you're fishing the flats of Belize will blow the protective cloth around exposing skin to the sun more than you realize.

4.) Hard sole wading shoes or boots (I recommend HIGH-TOP models like Patagonia's Surf Sneakers). The bottom composition of the Belize fishing flats range from turtle grass to muddy with mid-calf deep silt to hard lime-stone rock.

5.) Sun gloves and mask. These very lightweight sun gloves and face covers keep the last remaining exposed areas protected while you're fishing in Belize.

6.) And MOST IMPORTANT (next to the guide to spot the fish for you)â€¦ POLARIZED SUNGLASSES. Any decent polarized sunglasses will work fine. you don't have to have the most expensive kinds. However, you should go for comfort above all elseâ€¦ You'll be wearing these glasses ALL DAY LONG!

7.) EXTRA SUN SCREEN â€“ AND MORE EXTRA SUN SCREEN.

GEAR TO BRING ON YOUR BELIZE FISHING TRIP

1.) Fly Fishing reels and rods. 7 wt for bonefish, 9 wt for permit, 10 to 12 wt (depending on season) for Tarpon.

2.) For Belize fly patterns please see our main fishing area here.

PDF Generated by PHPKB Knowledge Base Script