

# Price Sampler: What Things Costs in Belize

Article Number: 212 | Rating: Unrated | Last Updated: Mon, Feb 22, 2010 7:41 AM

Here's a sampler of costs for common items in Belize. All prices are shown here in U.S. dollars. As in other countries, prices for many items vary depending on where and when you buy them.

## Transportation

Gallon of regular unleaded gas: \$2.75 (price fluctuates and varies slightly by area)

Gallon of diesel fuel: \$2.65

Bus fare from Belize City to San Ignacio: \$2.50 regular, \$3 express

Water taxi from Belize City to San Pedro, Ambergris Caye: \$10

One-way adult airfare from Belize City municipal airport to Placencia: \$80

One-way adult airfare from Belize City municipal airport to San Pedro: \$35

Taxi fare within Belize City: \$3--\$5

## Utilities/Telecommunications

1-kilowatt hour of current (electricity): \$0.21

"Current" (electrical service) for 1000 KW monthly: \$210

Installation of residential telephone: \$50 plus \$100 deposit (\$500 if you are not a Belizean citizen or permanent resident)

Monthly charge for residential telephone: \$10

10-minute call from Corozal to Belize City: \$1

10-minute daytime call to U.S.: \$8

DSL Internet access: \$50 to \$200 a month

Digital cellular service: \$50 for 250 anytime minutes (incoming calls are free) plus 30 text messages

Water and sewer service: \$10--\$30+ (varies by area)

Butane, 100-pound tank, delivered: \$40 (varies by area)

Bottled water, delivered: \$2.50/gallon

"Dirt" (trash) pick-up: Free to \$10 a month (varies by area)

Staples in Grocery Stores (Prices Vary by Store)

Red beans: \$0.60 per pound  
Coffee (Belizean, Gallon Jug): \$8 per pound  
Milk: \$2.25 1/2 gallon  
Ground steak (lean ground beef): \$1.50 per pound  
Pork chops: \$2 per pound  
Chicken: \$1.50 per pound  
Loaf of white bread: \$1 (whole wheat \$2.50-\$3)  
Corn tortillas, freshly made: \$0.02--\$0.04 each  
Bananas: 10 to 20 for \$1  
Avocados (pears): 6 for \$1 (varies seasonally)  
Flour, bulk, 1 lb.: \$1.50  
Onions: \$0.60 per pound (varies seasonally)  
Soft drink, Coca-Cola, 12 oz.: \$0.50 - 0.75 each  
Local rum, liter: \$7 - \$12  
Sugar: \$0.20 per pound  
Crackers (Premium Saltines): \$3.32  
Cigarettes, Independence local brand: \$3 a pack  
Canned soup (Campbell's Chicken Noodle): \$1.80  
Cereal (Raisin Bran): \$5  
Cooking oil (1-2-3 brand from Mexico), 1/2 liter: \$1.75

#### Household Items

Menonite-made wood dining table: \$175  
Music CD (pirated): \$5  
Whirlpool 12,000 BTU air-conditioner: \$700  
Panasonic 1350 watt microwave: \$165  
Mabe (Mexican) frost-free 16 cubic foot refrigerator: \$675  
Small home appliances at Mirab, Courts, Brodies or other stores: about 25% to 50% more than prices in the U.S.

#### Entertainment

Fish and beans and rice at local restaurant, Hopkins: \$4  
Fish, French fries and cole slaw dinner, San Pedro: \$12  
Lobster dinner at nice restaurant, Belize City: \$30  
Movie theater ticket, Princess, Belize City: \$8.50  
Rum drink at bar, Placencia: \$3  
Belikin beer at bar in Cayo: \$2.50

### Shelter Costs

Rent for simple two-bedroom house in Corozal Town: \$200 to \$400  
Rent for modern two-bedroom apartment in San Pedro: \$800 to \$1,800  
Cost to build a reinforced concrete home: \$40 to \$100 per sq. ft.,  
finished out moderately  
Small concrete house and lot in Belmopan or Cayo: \$30,000 to \$100,000  
Modern three-bedroom house and beachview lot in Consejo: \$145,000  
Two-bedroom condo on Ambergris Caye: \$200,000 to \$600,000

### Medical Care

Office visit, private physician: \$25  
Teeth cleaning, private dentist: \$40  
Root canal and crown, private dentist: \$250 - \$500

### Building Supplies

50# bag of cement: \$6 to \$7  
"Prefab" Mennonite House, 800 sq. ft, set up on your lot, \$16,000

Lan Sluder, BelizeFirst.com

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### 2009 Grocery shopping price comparison between San Pedro Belize – Prescott AZ and Laguna Beach California.....

San Pedro \$20.75 - Almonds 2lbs bag  
Arizona \$7.00 - Almonds 2lbs bag  
California \$24.99 – 4 lbs

San Pedro \$14.13 - Sliced almonds 2lb bag  
Arizona \$8.50 - Sliced almonds 2lb bag  
California n/a

San Pedro \$8.82 – Container of parmesan 1lb  
Arizona \$7.50 – Container of parmesan 1lb  
California \$7.88 – 1.5 lb

San Pedro \$18.48 – Cold pressed olive oil 2 liter

Arizona \$25.99 – Cold pressed olive oil 2 liter  
California \$14.68 – 2 liter (x2 = 4 liter total)

San Pedro \$6.13 – Sue Bee Clover honey 24 oz  
Arizona \$9.00 – Sue Bee Clover honey 24 oz  
California \$9.97 – 80 oz

San Pedro \$13.63 – Jiff peanut butter 2lb jar  
Arizona \$5.25 – Jiff peanut butter 2lb jar  
California \$5.15 – 2 lb

San Pedro \$15.83 Skippy peanut butter 3lb jar  
Arizona \$10.99 Skippy peanut butter for two 40 oz jars  
California \$7.88 – 80 oz

San Pedro \$14.25 – Peter Pan creamy peanut butter big jar  
Arizona \$4.80 – Peter Pan creamy peanut butter big jar 2 lb  
California n/a

San Pedro \$14.45 Apple Sauce 3lb jar  
Arizona \$4.59 Apple Sauce 3lb jar  
California \$7.09 (4 jars x 3lbs each)

San Pedro \$7.23 Smuckers jam 2 lb jar  
Arizona \$4.89 Smuckers jam 2 lb jar  
California \$5.38 – 4 lb jar

San Pedro \$4.37 – Crest Calcident toothpaste  
Arizona \$3.50 – Crest Calcident toothpaste  
California n/a

San Pedro \$7.38 – Ginger snaps \$7.25 and \$8.67  
Arizona \$2.99 – 1 lb Ginger snaps cookies  
California \$3.99 – (16 oz box)

San Pedro \$29.38 – 20 giant rolls Charmin  
Arizona \$35.75 – 20 giant rolls Charmin  
California \$17.88 – 36 big rolls

San Pedro \$8.73 – 6 giant rolls Charmin  
Arizona \$8.99 – 6 giant rolls Charmin  
California \$8.86 – 8 big rolls

San Pedro \$10.93 – 12 double rolls Quilted Northern  
Arizona \$8.99 – 12 double rolls Quilted Northern  
California n/a

San Pedro \$12.63 – Ensure powder  
Arizona \$10.50 – Ensure powder - 14 oz can  
California n/a

San Pedro \$24.97 – Folders ground coffee 3 lb  
Arizona \$8.78 – Folders ground coffee 3 lb  
California \$8.50 – 3lbs

San Pedro \$32.98 – Kona coffee beans 2lb  
Arizona \$33.99 – Pure Kona coffee beans 2lb  
California n/a

San Pedro \$18.18 – Blue Mountain 2lb  
Arizona \$60.00 – Pure Jamaican Blue Mountain coffee beans 2lb  
California n/a

San Pedro \$18.18 – Maxwell House coffee 12 oz  
Arizona \$3.79 – Maxwell House coffee 12 oz  
California \$8.99

San Pedro \$14.25 – 1 box equal sugar subst 200 pkts  
Arizona \$7.00 – 1 box equal sugar substitute 200 pkts  
California \$11.97 - (800 pkts)

San Pedro \$ 18.75 – Extra virgin olive Oil 1 liter  
Arizona \$ 5.99 – Extra virgin olive Oil 1 liter  
California \$ 5.99 – Extra virgin olive Oil 1 liter

San Pedro \$29.63 – Extra Virgin Organic olive oil 1.5 liter  
Arizona \$11.00 – Extra Virgin Organic olive oil 1.5 liter

California \$18.78 – 2 liter

San Pedro \$18.15 – Mazola Corn Oil 1.89 liter

Arizona \$7.99 – Mazola Corn Oil 1.89 liter

California \$7.78 – 2 liters

San Pedro \$7.38 – Johnson's baby oil 14 oz

Arizona \$2.99 – Johnson's baby oil 14 oz

California \$4.29 – 14 oz

San Pedro \$16.48 – Dove go fresh body wash 24 oz

Arizona \$3.95 – Dove go fresh body wash 24 oz

California \$10.88 – 48 oz

San Pedro \$12.63 – Vaseline body Lotion 20.3 oz

Arizona \$8.84 – Triple pack at Sam's Club – Vaseline body Lotion 20.3 oz

California \$8.84 – (3 x 20 oz each) 3 pak

San Pedro \$6.68 – Listerine mouthwash 500 ml

Arizona \$4.08 – Listerine mouthwash 500 ml

California \$9.88 – (2 x 1.5 liters) 2 pak

San Pedro \$12.17 – Scope White 946 ml

Arizona \$7.65 – Scope White 946 ml

California \$8.87 – (2 x 1.5 liters) 2 pak

San Pedro \$12.98 – Scope Citrus 1 liter

Arizona \$14.00 – Triple pack of Scope Citrus 1 liter

California \$8.87 (2 x 1.5 liters) 2 pak

San Pedro \$8.53 – 6 pk of scotch brite heavy duty sponges

Arizona \$6.48 – 6 pack of scotch brite heavy duty sponges

California \$6.88 – (20 pak)

San Pedro \$27.43 – Kirkland balsamic vinegar 1 liter

Arizona \$9.00 – Kirkland balsamic vinegar 1 liter

California \$8.99 – 1 liter

San Pedro \$8.78 – A1 steak sauce 10 oz  
Arizona \$4.99 – A1 steak sauce 10 oz  
California \$7.88 -1 5 oz – 2 pak

San Pedro \$9.30 – Charcoal briquettes 7.2 lb or \$4.82 – 4.5lb bag  
Arizona \$8.50 – Charcoal briquettes 7.2 lb  
California n/a

San Pedro \$16.44 – Arm & Hammer supr scp clumping cat litter  
Arizona \$11.99 – Arm & Hammer super scoop clumping cat litter  
California \$14.38 – (40 lbs)

San Pedro \$16.18 – Pedigree puppy food 8.8lb bag  
Arizona \$12.29 – Pedigree puppy food 8.8lb bag  
California \$23.52 ( 52 lbs bag)

San Pedro \$14.23 – Whiskas meat selection 6.6lbs bag  
Arizona \$10.29 – Whiskas meat selection 6.6lbs bag  
California \$7.99 – 6.6 lbs bag

San Pedro \$ 8.62 – Rice crackers 18 oz  
Arizona \$ 5.79 – Rice crackers 18 oz  
California n/a

San Pedro \$ 7.95 – Granola 1/2 lb  
Arizona \$ 3.99 – Granola for a full lb  
California n/a

San Pedro \$9.00 – Blueberries frozen bag  
Arizona \$5.19 – Blueberries frozen bag  
California \$4.49 – 16 oz (both cherries and blueberries)

San Pedro \$8.53 – Deluxe mixed nuts 10 oz  
Arizona \$3.98 –Deluxe mixed nuts  
California n/a

San Pedro \$9.08 – Special k cinnamon pecan 12.5 oz box  
Arizona \$4.29 – Special k cinnamon pecan 12.5 oz box

California \$7.57 – (37 oz) box

San Pedro \$6.28 – lite cherry pie filling 4 oz

Arizona \$2.19 – lite cherry pie filling 20 oz

California \$4.39 – (21 oz can)

San Pedro \$8.15 – more fruit pie filling 4 oz

Arizona \$2.19 – more fruit pie filling 20 oz

California n/a

San Pedro Belize \$9.43 – more fruit blueberry 4 oz

Arizona \$1.99 – fresh blueberries 6 oz

California n/a

San Pedro \$28.85 – Kirkland almonds 3lb bag

Arizona \$14.99 – Kirkland almonds 3lb bag

California \$24.99 – 4 lbs BAG (kirkland)

San Pedro \$ 27.48 – Clorox liquid laundry soap 5.04 liter/64 loads

Arizona \$ 13.49 – Clorox liquid laundry soap or 64 loads

California n/a

San Pedro \$24.70 – Gain liquid laundry soap 2.95 liter /48 loads

Arizona \$9.99 – Gain liquid laundry soap 48 loads

California \$17.10 – (110 loads)

San Pedro \$8.85 – ultra cheer 25 loads

Arizona \$5.99 – ultra cheer 2x 25 loads

California \$6.99 – ( 25 loads)

San Pedro \$13.75 – Tide 2x Ultra 1.47 liter or 32 loads

Arizona \$7.99 – Tide 2x Ultra 32 loads

California \$20.02 – (110 loads)

San Pedro \$9.98 – wd40 12 oz can

Arizona \$4.47 – wd40 12 oz can

California \$8.53 – (2 x 12 oz cans) 2 pak



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