

# What is the best way to avoid No-See-Ums or stop the itching later?

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For no see ums, use baby oil to keep them from biting. Once they have bitten you and they itch, use the peel of a banana to relieve the itching

Posted : **Marty Casado** - Tue, May 7, 2013 12:52 PM. This article has been viewed 5382 times.

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