What is the best way to avoid No-See-Ums or stop the itching later?

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For no see ums, use baby oil to keep them from biting. Once they have bitten you and they itch, use the peel of a banana to relieve the itching

Online URL: <u>https://ambergriscaye.com/help/article/what-is-the-best-way-to-avoid-no-see-ums-or-stop-the-itching-later-293.html</u>