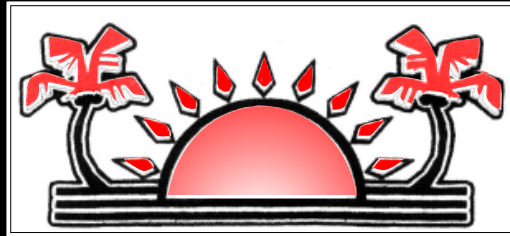


THE SAN PEDRO SUN VISITOR GUIDE

May 11, 2006

FREE

The Island Newspaper
Ambergris Caye, Belize
Central America

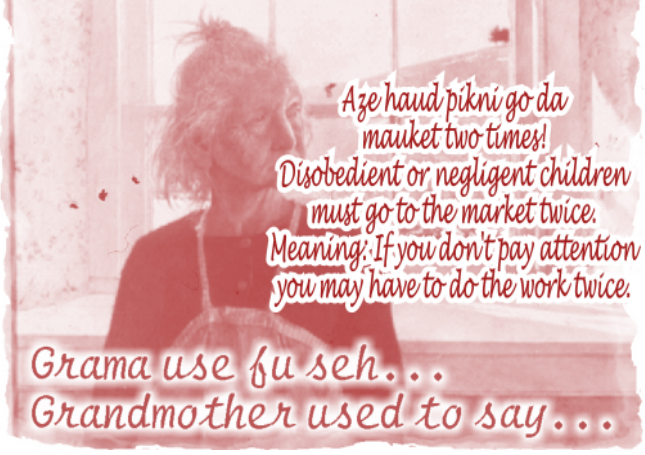


Reef Festival
2006 -
2nd Annual
Lagoon-Reef
Eco-Challenge
+ Relaxing in
Caye Caulker -
Island Life
Beckons!

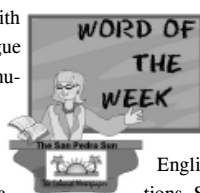


Reservations: 501-226-2012
Fax: 501-226-2338
Email: reservations@tropicair.com
www.tropicair.com

Belizean Proverbs



Language can link us with matter how foreign the tongue to share this form of communication, *The San Pedro* - Words of the Week. This present a few phrases in Creole and Spanish translations. Special thanks to Sylvana Woods for her help with the Creole translations. Enjoy!!!



other cultures, no may be. In an effort nication with our *Sun* proudly presents week, we will English and give you their tions. Special thanks to

English How much for a gallon of gas?
Creole Humoch fi wahn gyalan a gyas?
Spanish ¿Cuanto cuesta un galón de gas?

English I want to have my tooth pulled.
Creole Ah waahn tek owt wan teet.
Spanish Quiero que me saquen un diente.

English Would you write it down, please?
Creole Yu ku rait/ahn dong fi mi noh?
Spanish ¿Me pudiera escribirlo por favor?

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More foreign subscribers than any newspaper in Belize!

Where did you read your San Pedro Sun?

Where did you take your *San Pedro Sun & Visitor Guide*? Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net



The *San Pedro Sun* has travelled to all parts of the globe, to some of the most exotic locales, and this week is no exception! Pictured is **Dan Plunkett** reading *The San Pedro Sun* at the Golden Shrine at Kinkaku-ji in Kyoto Japan.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

Greetings to my visiting friends

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave systems and many natural sanctuar-



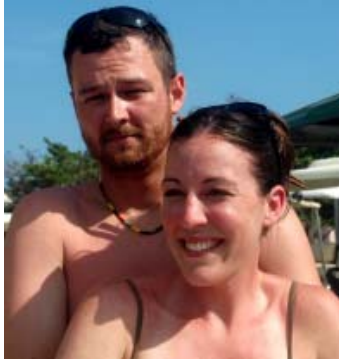
ies that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor, San Pedro Town

QUESTION: When did you first come here?



Aaron Murphy, a contractor from Napa, California and his bride **Jenen** stayed at Captain Morgan's. "We came here ten days ago on our honeymoon."



Richard DeHart, a marine mechanic, and his wife **Susan** also stayed at Captain Morgan's. "We came here ten years ago on our honeymoon and have come back now for our anniversary."



From Orlando, Florida, **Mitch & Lynn Marqui** spend half their time there and half at their home just north of Journey's End. He is retired and she is 'mostly' retired from the motorcycle industry. "We came here in 1999, right after Hurricane Mitch then bought our first house in 2001. We are now working on our second one." Lynn's mother, **Lois Schrevelius** said "This is my first time here. I came to celebrate my 75th birthday." She is retired and now caters to her children, grandchildren and great grandchildren.



"I came here the first time in April of '04 to visit my mother who had moved here. On my 2nd trip I was introduced to SCUBA, the next time down got certified. This is my 5th trip to San Pedro," said **Taylor Le Claire** from Rancho Santa Margarita in Orange County, California. She is a student at the Interior Design Institute in Newport Beach and stays across the bridge at her mother's.

Maria Mai who serves up ice cream at Manely's said, "I came in 1995 but did not stay very long. I came back four and a half years ago and like it." Maria lives in San Pedro Town center.



WOMAN ON THE BEACH

by Harriette Fisher

Watch for Harriette walking the beach with her camera. What question will she ask you?

Every Friday enjoy our special "Spanish Night" with our famous "pallea", tenderloin beef carpaccio, our bar special from Spain "Sangria" and for dessert our flambeed bananas foster. all surrounded in an atmosphere of Spanish decor and music.

On Saturday experience our "Caribena" night. Taste a flavor of the Caribbean with our house special. Shrimp kebob, Caribbean seafood ceviche, fish cartocho, and Caribbean fruit salad served in a coconut halve, all in a unique blend of Caribbean music and decor.



Take a short ride
under the stars
Evening Dinner

Mambo
at **Mata Chica**

Some of our Specialties:
Caramelized Char-Grilled Shrimp, Fish Carpaccio, Bruschetta, Shrimp Pate and Fried Calamari, Jerk-Seared Scallops served in a citrus beurre-blanc, Mambo Combo - Snapper Fillet topped with Shrimp and Papaya Salsa, Mesquite Grilled Seafood Plate - Lobster, Snapper, Grouper, Calamari, Shrimp and Scallops with Fresh Vegetables

Try our "Decadent" Chocolate Souffle'

RSVP 220-5010

The best place to have fun. This two-ambiance bar has a big lounge terrace where exotic cocktails and an eclectic music selection from live DJ's fuse together to bring you a unique atmosphere. Enjoy lunch or dinner by the pool.



Pick-up by Island Ferry on Fido's Dock at 6, 7 & 8 p.m.
\$20 BZ roundtrip per person

The 10th Annual Reef Festival

The 10th annual Reef Festival, celebrated under the theme "Save the reef from grief," had the entire town turn up at Mar de Tumbo where all the festivities took place. Like every year since its conception in 1996, the Reef Festival not only managed to successfully educate the public but entertain them as well.



Educating the general public on the importance of reef and marine conservation is the Reef Festival's main agenda. This takes many shapes and forms one of which is having the various primary schools' participation. Students are asked to draw portraits on the importance of reef conservation or of various marine lives that we need to protect.



Throughout the years, the Reef Festival has increased in size; more and more people attend the function making it more successful as the years go by.

Continued on Page 11



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Tuesday Nights...

- Beach Bar-B-Que From 6:00 pm to 10:00 pm
- Pool-Side Dining with Chicken, Pork-Chops, lobsters and fish
- Music by Wil and Dale

Friday Nights...

- Ramon's Caribbean Fiesta From 6:00 pm to 10:00 pm
- Seafood Kabob
- Live Music

Sunday Mornings...

- Breakfast Buffet on The Veranda From 7:00 am to 11:00 am
- Music by Barbara Alfonso Brown
- Incredible View of The Beach From Your Table



LIVE MUSIC
From 6:00 pm to 10:00 pm
Tuesday & Friday nights



The Island's Leading Resort Facility
Phone: 226-2071

SAN PEDRO, BELIZE
www.ramons.com e-mail: info@ramons.com



Captain Dilzon Murcia is the project manager for Island Ferry and owner operator of Dilzon Charters, a sport fishing charter business. To catch the fish featured this week, and other large fish, call Dilzon at 620-6118 or drop by the Island Ferry office and schedule your next fishing adventure.

May...Month of Monster Tarpon in the Cuts

Outside the Reef: Sailfish are thick now, also grouper, snapper and a few kingfish
Inside the reef: Tarpon, Spanish Mackerel, Yellowtail, School Master and Mutton Snapper
Flats: Bonefish, Permit, Dario Espinosa, a side man and world famous crocodile handler from the Island Ferry, caught a nice Snook.

Tarpon are known as Silver King and locally Sabalo. Tarpon are designated a catch and release species. This fish brings in hundreds of thousands of tourist dollars annually to our local economy by

anglers from mostly the US on the hunt for this stealthy powerful and acrobatic game fish. Our own "El Pescador" resort is famous world wide for its excellent guides and the outstanding and lengthy record for landing monster Tarpon.

Tarpon are famous for their fight. But instead of sulking deep like most fish, Tarpon fight shallow. This allows anglers to use lighter tackle to go after these game fish. Tarpon run out and jump high. It's not uncommon to see Tarpon represent their species with amazing acrobatic displays leaping and grey hounding dozens of times before being landed. So strong is this fish that its on record that in 1972 in Florida a landed "green" tarpon killed its angler, from injuries suffered to the mans abdomen and head as the Tarpon thrashed around in the boat.

This month is a big month for huge tarpon. A large number of migratory fish are coming into the area and a lot of the larger resident Tarpon are moving off the shallows and sitting in the cuts on the east side of the island where they feed on large schools, silversides, that congregate around caves and grottos.

Most Tarpon caught weigh between 40 and 80 pounds, but its not uncommon to catch Tarpon weighing well over 100 pounds in Ambergris Caye waters. The world record Tarpon was caught in Venezuela and weighed in at 283 pounds and 4 ounces. I myself have seen Tarpon over seven feet long and am quite sure a record holder waits to be caught here in Ambergris waters, quite likely next week by me...I think maybe on Monday.



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Tarpon can be caught in a variety of ways. On spinning or bait casting, my favorite is to anchor on the edge of a cut and use big sardines or small mullet on a size four circle hook and float them with the tide three feet beneath a balloon. I like to fish Tarpon when they are rolling at the surface right before the sun comes up in the morning. Usually I'll chum the waters right when I arrive on sight and release a few dozen sardines to get the Tarpon excited. Artificial lures such the Rapala Floating Magnum and Rapala Shad Rap are also good bait for Tarpon. Tarpon are outstanding fly fish material. They strike Furry Crabs and Tarpon Destroyers as well as the many "El

Pescador" signature flies.

Because Tarpon have very bony mouths the biggest challenge of catching this fish is most often setting the hook. If I am fishing with monofilament, when he strikes, I let the fish run for about 30 seconds before I nail him. If I am fishing with braided lines I can strike the fish a little faster.

It's May, so if you want to find me before 0700 in the morning, look out there in the openings in the reef that's where you'll see me and my side man "Carne Dulce", up hours before dawn everyday, catching bait and hunting that mythical world record 300 pound Tarpon.

A new level of relaxed luxury on North Beach, Ambergris Caye.



Selected as one of the "20 Best Escapes of the Winter" by *Travel & Leisure* magazine.

Come enjoy beachfront dining at our acclaimed **Rojo Lounge**



Tropical Lounge Cuisine featuring a fusion of fresh vibrant flavors. Enjoy our famous frozen Mojitos and the best stocked bar in Belize!!!

Reservations recommended. Please call 226-4012. Open Tuesday through Saturday Closed Sunday & Monday

Azul Resort, North Beach, Ambergris Caye

Great Belizean treats at Hacial Kiik – Jams

Often after a successful harvest on the farm, farmers' wives would take in the great bounty of fruit and vegetables and create many interesting recipes to make sure that every last bit is used. So it has been the world over, and it still is till now in many places.

Here in San Pedro, we are so accustomed to buying "ready-made" products in jars and cans, that we've forgotten the simple joy of eating "real homemade" concoctions such as jams. Gone are the days when our mothers and grandmothers would gather round the fire and stir giant pots of sticky jelly, so sweet and pungent that children had to be threatened with spankings to avoid them getting underfoot and into the pot.

At Hacial Kiik, there is one sister who has not forgotten this tradition, and she continues to create sweet local delicacies with great success. With recipes handed down from generation to generation, Mrs. Shelley Arceo-Huber has managed to incorporate over 35 years



The jams are served right off the pot, and are an absolute treat with homemade bread, in pastries or even stuffed French toast!

of cooking and jam-making experience into one sweetly successful product for Hacial Kiik. Last week, we reported on the delicious, hot breads baked right on the premises at Hacial Kiik. And what better way to accompany bread than with

of cooking and jam-making experience into one sweetly successful product for Hacial Kiik. Last week, we reported on the delicious, hot breads baked right on the premises at Hacial Kiik. And what better way to accompany bread than with

sweet jams?

Mrs. Shelley attributes her love of cooking to the success of her jams. When asked for the secret ingredient, she responds with a twinkle in her eye, "Love. My Passion for cooking makes it good!" And how true! Feasting on fresh bread was not complete without the deliciously sweet jams. Made only from fruit in season, the varieties of jams include papaya, banana, pineapple, cantaloupe and oranges, to name a few. For added interest, Mrs. Shelley also mixes fruits together for an even more exotic taste.

Try as we might, we couldn't get the secret recipe that gives her jams that extra kick, but Mrs. Shelley did admit that the secret was in the spices. Can't wait to try out these delicious jams? Stop by Hacial Kiik and pick up a jar. And while you're there, be sure to indulge in some fresh, homemade breads too! They'll go perfectly together, and are a delicious treat for the whole family!

Asian Garden Day Spa

Therapeutic and Deep Tissue Massage

WHILST VISITING FROM BRISTOL CORDELIA GOT HER KNICKERS IN A TWIST WE UNTWISTED THEM

DE STRESS AT ASIAN GARDEN
RELAXING THERAPEUTIC, DEEP TISSUE AND THAI MASSAGE
THERAPISTS CERTIFIED IN THE UNITED KINGDOM AND KINGDOM OF THAILAND

ON COCONUT DRIVE (ACROSS FROM RAMON'S VILLAGE)
SAN PEDRO TOWN, 226 4072

Blue Water Grill

"Island Style Cuisine with a Twist"

**Home of the local favorite
Sushi Tuesdays and Thursdays!!**

Fresh, contemporary, and consistently outstanding are the trademarks of the Blue Water Grill experience. Dine under the stars on the beach or on the outdoor deck and treat yourself to its unique combination of Island cuisine, attentive service and tempting desserts.

Come in and try our savory dinner menu...

Crispy coconut shrimp sticks with a sweet-spicy black bean sauce ~ Grilled shrimp and Calamari salad with a sesame-soy vinaigrette ~ Angel hair pasta with sautéed shrimp, snapper, and scallops in a tomato, garlic and sweet basil white wine sauce ~ Black bean crusted snook with a caramelized-banana curry sauce ~ Grilled USDA Beef tenderloin with a roasted mushroom red wine demiglace and crispy potatoes ~ Wood-fired Pizzas

Breakfast 7:00 am – 10:30 am Lunch 11:30 am – 2:30 pm

Dinner 6:00 pm – 9:30 pm

*On the beach across from the airstrip at the SunBreeze Hotel
Please call 226-3347 for reservations*

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Italian Night is Every Night! Lunch & Dinner 11am-9pm • 226-4147
Opposite the Belize Bank Closed Sunday

Southwind Properties

Serving San Pedro since 1980!

We at Southwind Properties specialize in the listing & sale of fine island properties - Homes, Condos, Hotels, Commercial, Income-Producing Properties & Land for homes or large parcels for development. Be sure to meet with Marianne or Claudio to discuss your particular needs. Southwind Properties prides itself in being there full-time for full service and full disclosure for all your real estate needs. Call 226-2005/2060 or E-mail southwind@bt.net for more information.

Condos/Homes & Commercial Property

Exclusive opportunity at Palm Bay Club! We can offer you three side by side properties each with a beach frontage of 60 feet and a depth of 130 feet, with beautiful coconut palms and a shared dock.

(E08) The house measures 20'x20', is a solid wooden construction and comes well equipped with septic and a 4000 gallon cistern.
Excellent buy at only \$97,000 US.

(V17) Vacant but cleared lot that connects the other two available properties. **Excellent buy at only \$59,000 US.**

(M47) The very well maintained wooden house measures 16'x20' and has both septic system and cisterns - ready to occupy!
Excellent buy at only \$97,000 US.

The three properties can either be purchased separately or buy all three together at a reduced price.

Buena Vista Residential: (W24) Two storey house with 2B/2B on large beautifully landscaped property. Only 2.5 miles north of town center with easy dock and road access.
Only \$218,000 US.

Raw Land

Ambergris Bay (E10) Large beach front parcel on the west coast of Ambergris Caye. 140' of beach frontage & 184' of depth. Price only \$110,000 US.

Alta Mar (S45) - 100' x 100' nice parcel in residential area. Priced at \$85,000 US.

Habaneros Beachfront: Beautiful beach front lots with high elevation and lush vegetation.

(H30) 150' of beach frontage and a depth of 435'. \$375,000 US.

(Z02) 90' of beach frontage with a depth of 400'. \$225,000 US.

Paradise Coves (B36) good sized lot 3.5 miles north of San Pedro - great location- 121' x 98'. \$25,000 US.

Club Caribbean - off the beach lots starting at \$15,000.00 US.

Holiday Lands (M53) Parcel 2615 - measures approximately 78' x 72', only two rows off the beach. **Asking price \$60,000 US.**

Robles (S54) Lot #14a-Drive your boat up to your doorstep to this beautiful beachfront lot, lush with vegetation. Lot measures 80' x 204' & is priced to sell at **\$160,000 US.**

Robles (D19) Lot 23a measuring 100' of beach front x 360'. **Asking \$119,000 US.**

Robles (D20) Lot 44 measuring 50' of beach front x 270'. **Asking \$74,900 US.**

Corozal Town Center (R31) 7 1/2 Acres of prime real-estate, road accessible on 3 sides, beautiful mature trees, cleared & ready to develop all amenities available. **\$110,000 US.**



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THE SAN PEDRO SUN VISITOR'S GUIDE

Tourist Information

Belize Tourism Board - 223-1910.
Belize Tourism Industry Association (BTIA) - 227-5717.
San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m.; Mass or Communion Service every night at 7:30 p.m.
Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

IMPORTANT #s

Emergency 911
Crimestoppers 800-922-TIPS
Police 226-2022
Fire 226-2372
Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.
Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.
Los Pinos Clinic 602-6383 and 226-2686.

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 227-7161

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

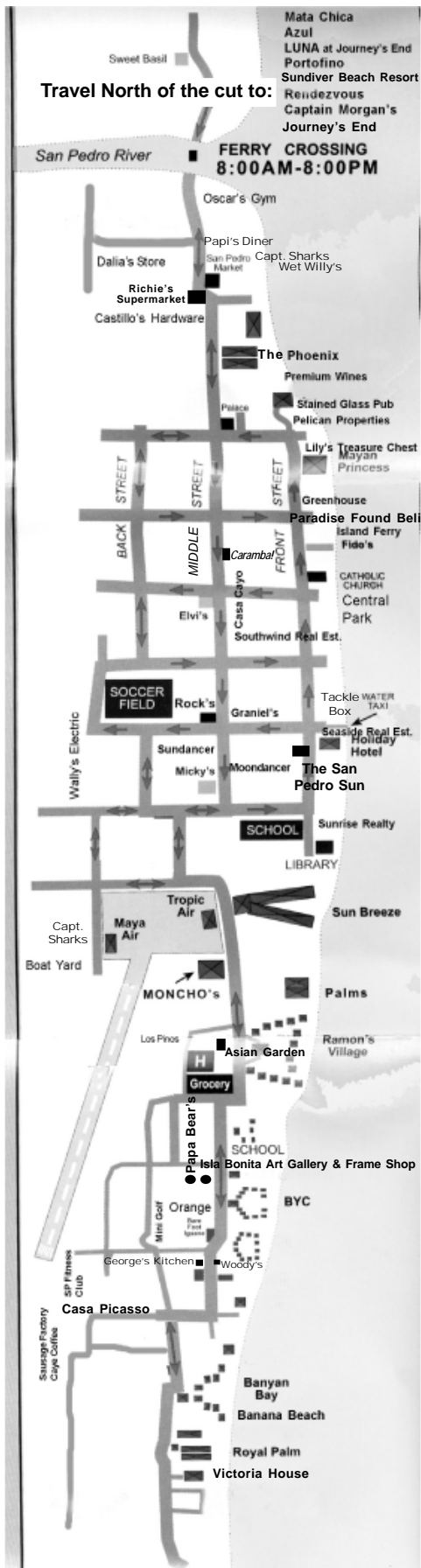
Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



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SAILSPORTS BELIZE - Windsurfing, kite sailing and sailing. The latest equipment and expert instruction makes it easy to learn. 226-4488 info@sailsportsbelize.com.

SEADUCED - River cave tubing, manatee watch, Robles Beach BBQ, Mayan ruins and more adventures. 226-2254.

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Real Estate...

SEASIDE REAL ESTATE - Many listings, from raw land to beautiful beachfront homes. We can help you own a piece of paradise. Call 226-4545 or E-mail ambergris@btl.net

SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

PELICAN PROPERTIES LTD. - Fine properties on Ambergris Caye. E-mail: info@pelicanbelize.com or phone 226-3234.

BELIZE REALTY & BUILDING SERVICES - From raw land to dream home - we're there every step of the way!

PARADISE FOUND BELIZE LTD. REALTY - Land, Homes, Business, Investment. List your property with us. Office at CocoNet Internet. 607-9667 or 226-2835. sdemaio@snet.net

Transportation...

ISLAND FERRY SERVICE & WATER TAXI - Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

CRYSTAL AUTO RENTAL - Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

Services...

KRYSTAL SHIPPING CO./MASH CO. - We deliver construction supplies all the way to Robles Point! Phone 226-2089 or E-mail: mashco@btl.net

CASTILLO'S HARDWARE - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.

Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m. - 9:00 p.m. Barrier Reef Dr. 226-2014.

PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

THE TACKLE BOX - come rock da box out over the water! Every Tuesday, Wednesday, Saturday and Sunday (starting @ 9:00PM) we have amazing live bands ranging from Reggae to Punta to old school Rock-n-Roll. We'll have prizes, specials and always that breath-taking Tackle Box ocean view! Located off the San Pedro Water Taxi Pier at the end of Black Coral St. 226-4313.

FIDO'S RESTAURANT & BAR - Dine under the largest Palapa in San Pedro! Enjoy a full lunch & dinner menu with live beachfront entertainment all night.



Dining Out...



MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ROJO LOUNGE - Enjoy tropical lounge cuisine in one of the most beautiful beachfront settings in all of Belize - Azul Resort. 226-4012.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday - come try our Maya Buffet. Open Monday - Saturday. Lunch: 11:00 a.m. - 2:00 p.m. Dinner: 5:30 p.m. - 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. DELECTABLE

SEAFOOD SPECIALTIES for dinner. **OUTDOOR & INDOOR DINING** 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT - On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

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Contact the San Pedro Sun for more information.
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SPECIAL Caye Caulker Visitor Section



“Island life” *reprinted from the Caye Caulker Chronicles, written by Lizette Alamina*



“Island life” is one which is away from the hustling and bustling of city life. It is one which merely means “soooo laid back” and enjoying peace and serenity. It is all about sun, fun and just chilling on the beach, having a picnic with your family and enjoying nature’s best views.

Not to mention, taking a trip to the reef and swimming with the sharks and rays, or just merely snorkeling and taking a view of the wonderful colorful corals or visiting the Hol Chan Marine Reserve.

“Island life” is like living in Paradise, just enjoying everything that nature has to offer, lying in a hammock on the beachside. Ah, this is the life! You can ask for nothing more...

Watching the sun go down is the most beautiful thing you will ever see! Just mingling and socializing with friends and catching up on old childhood memories is exceptional. Eating fresh seafood and enjoying all the wonderful island cuisines that the fanciful restaurants can offer is amazing to the senses.

Sun, fun, breeze, reef, food, view, what more can we ask for? Just gotta say, ah, this is the life!

CC Personality of the Week!

reprinted from The Caye Caulker Chronicles, written by Wendy Auxillou



Paula Jones, a dynamo of Honduran descent, has made Caye Caulker her home since 1992. Paula’s specialty is hand made jewelry of her own original designs which she sells on one of the cultural street side flea market stands.

In addition to hand made jewelry, Paula also specializes in macramé, shells, seeds and coconut jewelry items.

She can be found rain or shine near Herbal Tribe chatting up locals and tourists alike. Her friendly demeanor and kind ways has made her a highly popular icon.

Paula has one child.



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Reef Festival Continued from page 4



Through out the day, various games were organized to keep children entertained and happy. Among them were the relay race ...



... and a banana eating contest



Another crowd pleaser is the "touch tank" where visitors to the festival go "up close and personal" with the various marine life such as a star fish, urchin, and conch.

Continued on Page 12

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Like every year the glass bottom boat was on hand taking passengers on a wonderful ride to the reef. Through the glass, children and adults could enjoy the beautiful marine life without getting wet.



A total of 42 teams were strung together at the starting line. Family, friends and fans were all gathered at the old football field marina to bid them off into their kayaking expedition.

2nd Annual lagoon-Reef Eco-Challenge

A big part of the Reef Festival also included the Second Annual Lagoon-Reef Eco-Challenge, which culminated at the Reef Festival grounds on Sunday, May 7th. This two-day kayak race

took all participants around the island through channels flanked by thick mangrove and other flora, as well as on open sea, for a total of 42 miles.

The race began at the Old Football Field Marina at 7:00 a.m. The course had been marked and lead teams (comprised of three different categories – female, male, and co-ed) through the different lagoons on the island. The

Continued on Page 13

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Eco-Challenge

Continued from Page 12



At the break of dawn, competitors could be seen making the last minute warm ups and preparing for the big journey ahead.



Among the many kayakers was Ali Iffield in the women's singles division. Iffield is a second time participant of the race.

During the race kayakers had the opportunity to get a glimpse of marine creatures beneath them and a wonderful abundant flora. The aim of the race was to raise awareness and protect the mangroves from becoming endangered.



route had them going through Laguna Cayo Francesa - Rio Santa Cruz - Bacalar Chico - and then to the Belize/Mexico border - Laguna de Cantena - Laguna Robles - and then a ten-minute walk to the East side of the beach - then head south to Basil Jones' Tranquility Bay. On the second day, the last 13 miles of the race might have sounded like nothing compared to the previous day's mile log, but once out on the water; the wear and tear came on full blast. Of course, many broke away from the rest and ended it at the 10th annual Reef festival at the Mar de Tumbo finish line. At the festival, prizes and surprises were presented to the winners during a special ceremony held. Kudos to all those who participated and its organizers for a job superbly done. A recap of the races winners can be seen in a related story in this week's issue of *The San Pedro Star*.

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- Sautéed Snapper over Black Bean Salsa with Caribbean Citrus Sauce
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Peppercorn Creations

The San Pedro Sun's



Spiced pork tenderloin and avocado salsa

Ingredients:

*2 1/2 tablespoons coarse salt
 *1 tablespoon ground allspice
 *1 tablespoon cayenne
 *3 (3/4-lb) pork tenderloins
 *1 tablespoon oil
 Accompaniment: Pineapple-avocado salsa

Preparation:

Preheat oven to 400°F.

Stir together salt, allspice, and cayenne. Pat the pork dry and sprinkle spice mix all over pork, pressing to adhere.

Heat oil in a 12-inch heavy skillet over moderately high heat until hot but not smoking, then brown pork, 1 tenderloin at a time, on all sides, about 1 minute each. Transfer as rowned to a large roasting pan and arrange 2 inches apart.

Roast in middle of oven until an instant-read thermometer inserted diagonally 2 inches into center of each ten-

derloin registers 155°F, 20 to 25 minutes. Let pork stand 5 minutes before slicing.
 Serves 6

Pineapple-avocado salsa

Ingredients:

*1 cup 1/4-inch-dice fresh pineapple
 *2 plum tomatoes, seeded and cut into 1/4-inch dice



*1 firm-ripe avocado, cut into 1/4-inch dice

*1/2 cup chopped sweet onion

*1/4 cup chopped fresh cilantro

*1 1/2 teaspoons minced fresh jalapeño chile, including seeds

*3 tablespoons fresh lime juice

*3 tablespoons fresh orange juice

*2 tablespoons extra-virgin olive oil

Preparation:

Stir all ingredients together and season with salt.

Serves 6.

San Pedro Street Treats

Walking the streets of San Pedro, one can take a look at a variety of yummy treats that are on sale, but do we know most of what they are selling? The Sun, took it to the streets to visit the many local street vendors and find out about the yummy treats they offer. Here is what we found out!

Plantain Chips

What is a plantain? The plantain is considered a cousin of the banana. However, it is best known as a vegetable rather than a fruit because it is larger in size and can not be eaten raw. The plantains are picked and processed green, sliced into thin chips, cooked in pure vegetable oil and packaged ready to eat. When the plantain is fried, the product is unique in its own way, having a natural and distinctly delicious flavor which makes it "the alternative snack."

The fried plantain is a popular snack for many and is plenty delicious. Most commonly sold in bags for a dollar, it can be prepared with just a little work. Simply follow these steps and have yourself fresh home made plantain chips for you and yours. First gather your basic ingredients; raw green plantains, oil, salt and water. Take and skin plantains, place in a salt and water solution and let it soak for a couple minutes. Heat the oil in a frying pan. Once the oil is heated, take the sliced, skinned plantains (1/16" thick) and add to the oil for frying. Make sure to control the heat so that the plantains are not burned. Once the plantains are about



Most of the plantain chips sold in stores or at street stalls are sold with a sauce that is a delicious accompaniment.

half fried, the color starts to change. Keep frying the plantains to a crispy stage. Remove the fried plantains from oil and drain them in paper towels. Once the fried plantains are at room temperature, keep them in closed container. They are excellent for outdoor events like picnics or just a snack to munch on when hungry. They can be bought at fruit and veggie stalls or you local stores in San Pedro. Join us next week for a new edition of San Pedro's street treats!



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Wolfe's Woofers by Dennis Wolfe

Crime and Punishment

"So how did you like the Cayman Islands?"

"Working over there was one of the most terrible experiences of my life," Dan Kuka said. "I would never make a mistake like that again."

"I figured the pay would be so good that it would make any little problems disappear," I said.

"Oh, the pay was fabulous," Dan said. "When Lee Barker and I went over there neither of us had ever made so much money for a job in our lives. The problem is that because of the justice system in the Caymans it just isn't worth it. Those people haven't signed any human rights treaties and human rights are whatever the court decides they are."

"What do you mean?"

"Me and Barker and this Mexican guy met at a bar for a few drinks. We each left in our own cars and got caught in a traffic stop three blocks from the bar. The police decided we had all had too much to drink so we had to appear in court the next day."

"I guess that's pretty scary," I said.

"Scary? You don't know the half of it," Dan said. "Without even having a trial the judge said we were all three guilty of drunk driving and would be punished."

"Did they fine you a lot of money?"

"No, they didn't fine us. The judge said we would each get six lashes with the cat, which is a little short whip with nine little rope tails on it. The only concession the judge made was that we had a choice to put anything on our backs that we wanted before they whipped us. Barker went first and he had them spread some thick oil on his back. It still left horrible welts on him."

"My God! That's terrible."

"Yeah. I'll say. The Mexican said that he was too much of a man to put anything on his back. He could take any pain they could give him and he chose to put nothing on his back. He took six bad lashes but he never blinked an eye. Then it was my turn."

"Did you choose to put something on your back?"

"I sure did," Dan said. "When the judge said, 'what is your choice?' I said, 'just put that Mexican on my back.'"

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Trivia Tidbits

*In the United States, deaf people have safer driving records than hearing people nationally.

*In Mexico, Día de la Madre — Mother's Day — is celebrated the day before it's observed in the United States. It is a huge gala event, with mariachis starting at noon and family festivities throughout the day.

*The most commonly used language in the world is Chinese. It is spoken by over 1 billion people.

*The female pigeon cannot lay eggs if she is alone. In order for her ovaries to function, she must be able to see another pigeon. If no other pigeon is available, her own reflection in a mirror will suffice.

*The age recorded on a whiskey bottle refers to the number of years it is aged prior to being bottled. Once in the bottle, whiskey does not improve.

*There are two radios for every man, woman, and child in the United States.

*It can cost up to \$20 million to launch a new fragrance. Saudi Arabia reportedly has the highest per capita fragrance use in the world, at more than a quart a year for every man, woman, and child.

*If the Milky Way Galaxy was the size of the U.S.A., Earth would be far smaller than the smallest particle of dust, barely visible through the most powerful microscopes.

*The Tarantula nebula is thought to contain a huge star of over 1,000 times the mass of the Sun, ten times more massive than any star in the Milky Way.

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Luna, Ambergris Caye's latest trendy restaurant, is now open. Serving Palm Tree Cuisine, a fusion of Central American and Caribbean delicacies, Luna offers a selection of fresh local seafood, tender meats and exotic vegetables prepared by our renowned chef.

Menu selections include: Jerk Seared Sea Scallop Crouton, Smoked Oyster Bruschetta, Spinach Pesto Goat Cheese Salad, Rib-Eye Steak Argentino, Almond Nut Crusted Grouper, White Chocolate Pudding laced with a cardamom anglaise sauce, Strawberry & Mango Ice Parfait.

Luna boasts an atmosphere of relaxed elegance and style, with inventive cuisine in an enchanting setting.

Serving breakfast, lunch and dinner...

At Journey's End Resort
Reservations: 226-2173