

2006 Taste of Belize! ~Let's go shopping in San Pedro! ~Plus, Caye Caulker personalities!



Creatively Crafted Cuisine at the BTB Taste of Belize!



Reservations:501-226-2012Fax:501-226-2338Email:reservations@tropicair.comWWW.tropicair.com

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Language can link us with matter how foreign the tongue to share this form of commuaudience, The San Pedro - Words of the Week. This present a few phrases in Creole and Spanish transla-

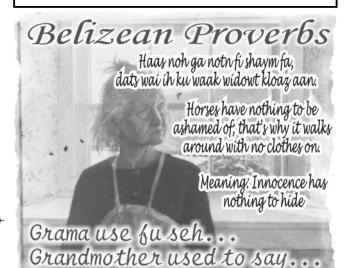


other cultures, no may be. In an effort nication with our Sun proudly presents week, we will

English and give you their

tions. Special thanks to Sylvana Woods for her help with the Creole translations. Enjoy !!!

English	Come and see us sometime.
Creole	Yu mos kohn hayl mi wan a deez/dehnya dayz.
Spanish	Ven a vernos algun día.
English	I am a businessman/woman.
Creole	Ah oan wahn bizniz.
Spanish	Yo soy un (una) comerciante.
English	Your house is larger than ours.
Creole	Fi yoo hows biga dan fi wee wan.
Snanish	Su casa es mas grande que lo nuestro.



The San Pedro Sun is mailed everywhere.

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More foreign subscribers than any newspaper in Belize!

Where did you read your San Pedro Sun?

Where did you take your San Pedro Sun & Visitor Guide? Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net



Kerry Pettijohn of Terre Haute, IN, reads The San Pedro Sun at the Talladega Super Speedway in Talladega, Alabama. Kerry visited San Pedro on a dive trip with his daughter Kerri Ann, departing Belize on April 28, 2006, then went on an 8 hour road trip to Talladega with his friend Karen Hampton the following day. The two enjoyed the Aarons 499 Nascar Race at Talladega.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

Greetings to my visiting friends

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave systems and many natural sanctuar-



ies that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

> Elsa Paz, Mayor, San Pedro Town

1×1 Page 2 Visitor Guide

QUESTION: Why are you here?



Owner and chef of Estel's On The Beach, Estel Worthington was born here but left for 15 years. She has been back, living on the beach since 1987. When asked Why are you here? her quick reply was, "I came back home."



Two lawyers, Lee Schwilon and Jack Lexman, from Charlotte, North Carolina, USA stayed at White Sands Resort. Lee said, "We wanted to see wrecked Spanish Galleons on the reef and are having a heck of a time finding them." Jack added , "Of course we are looking at real estate."



A drilling consultant from Calgary, Alberta, Canada; **Don McKinley** stayed at the Mayan Princess and said "Scuba Diving! I had not been in the water for 12 years. This is the best scuba diving I've had since the Red Sea."



by Harriette Fisher Watch for Harriette walking the beach with her camera. What question will she ask you?

> Father and son, Johnnie and John Van Roekel from Lexington, North Carolina, USA stayed at the Aqua Marina Suites. Johnnie has spent many years as an educator at various levels from math teacher through administration, "We plan a trip every year. I saw an advertisement in a dive magazine, checked it out, had a good price" said dad. John, a college student studying mechanical engineering said, "Then he called me and here we are."

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"I wanted to go to Bali, but Belize was closer and they spoke English," said **Heather Brockman** a hairdresser/ color specialist from Seattle Washington, USA who stayed at Banana Beach Resort.



Every Friday enjoy our special "Spanish Night" with our famous "pallea". tenderloin beef carpaccio. our bar special from Spain "Sangria" and for dessert our flambéed bananas foster. all surrounded in an atmosphere of Spanish décor and music.

On Saturday experience our "Caribeňa" night. Taste a flavor of the Caribbean with our house special. Shrimp kebob. Caribbean seafood ceviche. fish cartocho. and Caribbean fruit salad served in a coconut halve. all in a unique blend of Caribbean music and decor. Take a short ride under the stars Evening-Dinner

The best place to have fun. This two-ambiance bar has a big lounge terrace where exotic cocktails and an eclectic music selection from live Dj's fuse together to bring you a unique atmosphere. Enjoy lunch or dinner by the pool.



Some of our Specialties: Caramelized Char-Grilled Shrimp, Fish Carpaccio, Bruschetta, Shrimp Pate and Fried Calamari, Jerk-Seared Scallops served in a citrus beurre-blanc, Mambo Combo -Snapper Fillet topped with Shrimp and Papaya Salsa, Mesquite Grilled Seafood Plate -Lobster, Snapper, Grouper, Calamari, Shrimp and Scallops with Fresh Vegetables

Try our "Decadent" _Chocolate Souffle'

RSVP 220-5010

Pick-up by Island Ferry on Fido's Dock at 6, 7 & 8 p.m. \$20 BZ roundtrip per person

June 8, 2006

Shopping in San Pedro!

Ah, the souvenir shopping experience! Several thousands of visitors flock to our little island every year for a nice getaway, and always, there's the dreaded souvenir shopping day, a day reserved solely for buying little gift items for friends back home. To make matters more complicated, gone are the days when a simple Belize t-shirt would do. Now, everyone is a connoisseur of fine art and native artifacts. A t-shirt? Forget it!

Thus, visitors now find themselves reserving a special day for shopping. With the new rules of souvenir shopping, stores and gift shops have had to overhaul their products they offer, and as *The San Pedro Sun* found out, the variety is amazing! From exotic hard woods, Belizean cookbooks, fanciful house accessories to Belizean sauces, rums and spices, the products available just boggle the mind!

Barrier Reef Drive is the main street, and it is only obvious that the shopping experience starts there. From the moment you start strolling down this street, it is obvious that there is no shortage of stores to choose from. Once within the actual stores, choosing products from the wide array available is perhaps the only hard work you'll have to do. Everyone's tastes are different, and for each discriminating consumer, there is something new. Other than the usual magnets, picture frames and yes, tshirts, one can find books, purses, clay figurines and food products. Sev-Continued on Page 5



Why not take home some of the fantastic Belizean spices to add some excitement and heat to your favorite dishes. Of course, no meal would be complete without our fiery Belizean hot sauces. Try the mild, hot or the extra hot. Take them home and share with your friends. These are found at **Blu** as well as other gift shops around town.



Billfish, Wahoo, Tuna, Dorado Sharks, Grouper, Snapper, Kingfish, Jacks and more.

Go for the BIG Fish !





eral stores also offer fantastic personal finds that have nothing to do with souvenirs. Many people need to quickly pick up some new clothing items while waiting for their baggage to be flown over; there are stores that offer beautiful items to tide you over!

So, follow us through our stroll around the various stores in San Pedro Town as we present to you our newest series, A San Pedro Shopping Experience. Remember, if all else fails, you could always just get a San Pedro T-Shirt!





To find fantastic wood carvings, visit the **Little Old Craft Shop**, located right on Barrier Reef Drive. Visit them as well for great black coral jewelry.

> Be sure to join us next week for some more shopping - San Pedro style!

Front Page Photo:

Right at the beginning of Barrier Reef Drive you will come across the gift shop **Blu**. The store contains many knick knacks that would make great souvenirs, among them are great children books, cook books, books in very interesting Belizean folklore or something that will teach you a bit more about the flora and fauna found inside Mother Nature's Best Kept Secret.

A new level of relaxed luxury on North Beach, Ambergris Caye.



Selected as one of the "20 Best Escapes of the Winter" by *Travel & Leisure* magazine.

Come enjoy beachfront dining at our acclaimed **Rojo Lounge**



Tropical Lounge Cuisine featuring a fusion of fresh vibrant flavors. Enjoy our famous frozen Mojitos and the best stocked bar in Belize!!!

Reservations recommended. Please call 226-4012. Open Tuesday through Saturday Closed Sunday & Monday

Azul Resort, North Beach, Ambergris Caye

June 8, 2006

San Pedro Wins BIG at the 2006 BTB Taste of Belize!

It was frenzy from start to finish this past Saturday, June 3rd, as amateur and professional chefs, bartenders and cake decorators converged at The Best Western Belize Biltmore Plaza for the fifth annual "Taste of Belize" culinary and bartending competition.

Every year, around the start of the summer, the Belize Tourism Board (BTB) holds the hottest competition of the year, featuring some of the most creative and energetic members of the culinary and bartending industry. When visitors come to Isla Bonita, they are in for a treat! From Jeff Spiegel's (Azul Resort) delightful creations, to Rendezvous' Colleen Schwendinger's fabulous platters, to the spicy, Latin infused delicacies at Wild Mangoes (Chef Amy Knox and Carla Jones) to the colorful and sculptural dishes of Blue Water Grill's Chris

Aycock, to Patrick Haughton's (Cayo Espanto) prize-winning delights- it's not only sea, sand, sun and surf; it's a fusion of taste sensations!

Allow Victoria House's very own mix master Enrique Luna blend you a heavenly cocktail of pure paradise, alongside the equally talented and creative Lelo Batun. Then stop by at Wild Mangoes and let Trevor Del Valle pour you fantastic libations of his own creations. If you're up north, be sure to sip wine at Rendezvous, and most definitely stop by Azul, where Luis Alberto Velasquez will whip you up an ice cold Caribbean cocktail, and always, with a smile!

Wherever you are on the island, be aware that you are surrounded by tasty temptations created by some of the most talented chefs and bartenders in the countrv!

Continued on Page 10





Chris Aycock concentrates on his creation for the second round of the Professional cooking competition. With his dexterous hands, Chris was able to finish his dish within the seconds, and it gave him the edge to qualify for the final round!



Amy Knox entered the first ever Cake Decorating contest and, always a winner, proved herself in this category as well by winning first place! She's a two-time BTB Taste of Belize Chef of the Year.



Home of the local favorite Sushi Tuesdays and Thursdays!!

Fresh, contemporary, and consistently outstanding are the trademarks of the Blue Water Grill experience. Dine under the stars on the beach or on the outdoor deck and treat yourself to its unique combination of Island cuisine, attentive service and tempting desserts.

Come in and try our savory dinner menu... Crispy coconut shrimp sticks with a sweet-spicy black bean sauce ~ Grilled shrimp and Calamari salad with a sesame-soy vinaigrette ~ Angel hair pasta with sautéed shrimp, snapper, and scallops in a tomato, garlic and sweet basil white wine sauce ~ Black bean crusted snook with a caramelized-banana curry sauce~ Grilled USDA Beef tenderloin with a roasted mushroom red wine demiglace and crispy potatoes ~ Wood-fired Pizzas

Breakfast 7:00 am - 10:30 am Lunch 11:30 am - 2:30 pm

Dinner 6:00 pm - 9:30 pm On the beach across from the airstrip at the SunBreeze Hotel Please call 226-3347 for reservations



Grand Gaming Entertainment

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\$2500 WINNER

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Restaurant opens at 7 AM Lounge opens at 10 AM



Stay with us in one of our 28 luxurious suites. All rooms are kitchenette furnished! www.coconutshotel.com Beach Large Front Frozen ounge Margarita only \$8BZ



Coconuts Beachfront Hotel Only ten minutes from town!



THE SAN PEDRO SUN VISITOR'S GUIDE

Mata Chica

Tourist Information

Belize Tourism Board - 223-1910. Belize Tourism Industry Association (BTIA) - 227-5717. San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m. Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

IMPORTANT #s

 Emergency
 911

 Crimestoppers
 800 922-TIPS

 Police
 226-2022

 Fire
 226-2372

 Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.
 22-3292.

 Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.
 Non-Fri., 8am to 8pm; Sat., 8am - noon.

 Los Pinos Clinic 602-6383 and 226-2686.
 2686.

Dr. Lerida Rodriguez: 226-2197 or cell 620-1974

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316 US Embassy - 227-7161 Canadian Consulate - 223-1060 Mexican Embassy - 223-0193 Guatemalan Embassy - 223-3150 Honduran Embassy - 224-5889

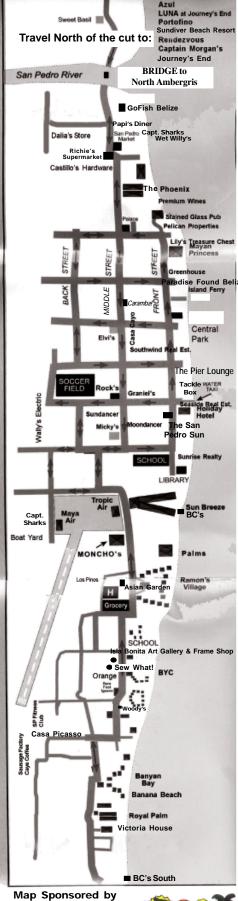
Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



Map Sponsored by Monchos Golf Cart Rental 226-3262 or 226-4490



Water, Sports & Tours

SEARIOUS ADVENTURES Are You Ready? Lamanai, Altun Ha,CaveTubing with either Belize Zoo, Ziplining,or Xunantunich Mayan Ruin, Manatee Watch and Beach BBQ, half day snorkeling and more. We are located ON THE BEACH straight down from the airstrip. Call #226 - 4202/ 4206 or Cell #662-8818.

SAILSPORTS BELIZE – Windsurfing, kite sailing and sailing. The latest equipment and expert instruction makes it easy to learn. 226-4488 info@sailsportsbelize.com. SEADUCED – River cave tubing, manatee watch, Robles Beach BBQ, Mayan ruins and more adventures. 226-2254. SEADUCTION SAILING – First class Day Cruises to Caye Caulker or Mexico Rocks. Beach BBQ or Sunset Cruise. Charters also available. Phone Seaduced at 226-2254.

Real Estate...

SEASIDE REAL ESTATE – Many listings, from raw land to beautiful beachfront homes. We can help you own a piece of paradise. Call 226-4545 or E-mail <u>ambergris@btl.net</u> SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

PELICAN PROPERTIES LTD. - Fine properties on Ambergris Caye. E-mail: info@pelicanbelize.com or phone 226-3234. BELIZE REALTY & BUILDING SERVICES - From raw land to dream home - we're there every step of the way!

PARADISE FOUND BELIZE LTD. REALTY - Land, Homes, Business, Investment. List your property with us. Office at CocoNet Internet. 607-9667 or 226-2835. sdemaio@snet.net

Transportation...

ISLAND FERRY SERVICE & WATER TAXI – Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

CRYSTAL AUTO RENTAL – Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

Services...

KRYSTAL SHIPPING CO./MASH CO. - We deliver construction supplies all the way to Robles Point! Phone 226-2089 or E-mail: mashco@btl.net

CASTILLO'S HARDWARE - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.



THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m.-9:00 p.m. Barrier Reef Dr. 226-2014.

PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

THE TACKLE BOX - come rock da box out over the water! Every Tuesday, Wednesday, Saturday and Sunday (starting @ 9:00PM) we have amazing live bands ranging from Reggae to Punta to old school Rock-n-Roll. We'll have prizes, specials and always that breath-taking Tackle Box ocean view! Located off the San Pedro Water Taxi Pier at the end of Black Coral St. 226-4313.

FIDO'S RESTAURANT & BAR - Dine under the largest Palapa in San Pedro! Enjoy a full lunch & dinner menu with live beachfront entertainment all night.

THE SAN PEDRO SUN VISITOR'S GUIDE

Dining Out...

MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/ 5011.

ROJO LOUNGE - Enjoy tropical lounge cuisine in one of the most beautiful beachfront settings in all of Belize - Azul Resort. 226-4012.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday come try our Maya Buffet. Open Monday – Saturday. Lunch: 11:00 a.m. – 2:00 p.m. Dinner: 5:30 p.m. – 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the

San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. DELECTABLE SEAFOOD SPECIALTIES for dinner. OUTDOOR & INDOOR DINING 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT - On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our

Unique Offerings...

SAN PEDRO FITNESS CLUB – A/C Gym at Belize Yacht Club, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes.Open 7am Daily, 8am Sundays. 226-2683.

CAYE COFFEE – Take a taste of our locally roasted fresh coffee back home. A wonderful cup of coffee makes such a great difference in your day. Try it and ask for more. 226-3568.

BIG TREE PRODUCE – Fresh Local & Imported Fruits & Vegetables. Seafood, meats, juices & milk shakes. Pescador Dr. 226-2322.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods plus an exciting selection of groceries. A/C local on Barrier Reef Dr. 226-2084.

THE SAUSAGE FACTORY - Largest selection of smoked meats and sausage on the island. One mile south of town. 226-2655.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

GRANIEL'S DREAMLAND - Locally made furniture & accessories from all Belizean exotic hardwoods & Mahogany. On Pescador Drive, opposite Rock's, Call 226-2632, ext. 18 or 226-2938. Open Mon-Sat 8:30-12:00 noon & 1:00 to 9:00 p.m. & Sun 10-12 noon.

DandE's FROZEN CUSTARD and SORBET - If

you like ice cream, you will *Love* DandE's Frozen Custard! Delicious cones, shakes, sundaes and splits. Located on Pescador Drive next to Caramba Restaurant. Closed Wednesday. Phone 608-9100.

ISLA BONITA ART GALLERY & CUSTOM FRAMING - art and crafts from Belizean and Caribbean artists + contemporary abstract paintings. Custom framing available 226-4650.

SUNDANCER + MOONDANCER - Unique boutiques featuring beautiful, quality clothing, jewelry and gorgeous gift items for both men (Sundancer) and women (Moondancer). Phone: 226-3126.

CORAL REEF ECOLOGY, Dr. Ken Mattes, TREC Topical Research & Education Center. Lecture every Thursday 7:30 PM. Details 226-3389 Taxi transport 623-8385.

ASIAN GARDEN DAY SPA - Certified Therapeutic and Thai Massage practitioners; Hot & Cold Stone Therapy, Body Scrubs, Facials and more in a tranquil Asian courtyard. San Pedro Town, across from Ramon's. Ask about specials. 226-4072.

BUTTERFLY JUNGLE – Experience our enchanted butterfly-filled jungle, observe the miracle of metamorphosis, get plants for your own butterfly garden. 4 Miles North. 610-4026 610-1561. Daily 10:00 - 5:00.

LAUREN DUTY FREE – The ultimate in duty and tax free shopping. Choose from a variety of name brand liquors, designer fragrances, world-renowned confectionery and exquisite gift items. Located in the PS W Goldson International Airport Departure Lounge. Tel. 205-2344 or 223-2157.

tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

RICO'S SURFSIDE RESTAURANT – A truly unique dining experience on the beach at Banyan Bay. Serving breakfast, lunch and dinner daily. Phone 226-3739 ext. 135.

PAPI'S DINER – The place for fine food at diner prices. Taste the Caribbean. Call 226-2047.

MICKEY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL – Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at BANANA BEACH - Serving breakfast, lunch and dinner from 6 a.m -10 p.m. Book your party or banquet today! Phone 226-2444.

RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226 3426 for reservations and transport options.

VICTORIA HOUSE - International and Island-Style cuisine. Open for breakfast, lunch & dinner. Reservations recommended, call 226-2067.

CASA PICASSO TAPAS + MARTINIS - Small plates, big pastas and fantastic desserts! "Hippest martini spot"-*Frommer's*. Nightly 5:30pm, closed Sundays. reservations 226-4507.

THE TACKLE BOX BAR & GRILL - whether it's a little break from the beach or a whole night out, the Tackle Box is just the place. The kitchen serves a wide array of affordable fresh comfort foods ranging from our big Tackle Box Burgers, special fried chicken, to some of our more local fare and seafoods. And what a better place to enjoy our dishes, than our back porch out over the water.

THE STAINED GLASS PUB - located in the heart of Town featuring homestyle cooking with a gourmet flair; dine alfresco streetside or enjoy the air conditioned quaint European atmosphere in the unique Pub room. The Best Burger in town and several wines by the glass, full liquor bar...friendly & informative for visitors—A Must While in San Pedro ! Visa/MC 226-4147.

CARAMBA! RESTAURANT - Local Mexican-Caribbean Cuisine. We cater to large groups! Capacity, 90 total. Opening Hours: Lunch: 11am - 2 pm, Dinner: 5pm - 10pm. Closed Wednesdays. 226-4321 or 226-3850. Caramba!: "Is where the food always speaks for itself!"





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Visitor Guide Page 9

San Pedro wins BIG at Taste of Belize 2006 Continued from Page 6



Chef of the Year (2006-2007), Patrick Haughton of Cayo Espanto added a latin twist to his platters, and won over the judges with his mix of spices and creative recipes that captured the melting pot that is Belize.



With his scrumptious surprise creation, the gorgeous magenta-hued BTB Daiquiri, Mr. Enrique Luna of Victoria House had people lining up to his stand requesting more and more samples. His efforts were not in vain, as he placed second.





Local Hicaqueña announces Candidacy for 2008 Elections Reprinted from the Caye Caulker Chronicles



It has been rumored for weeks now, and earlier this week, local businesswoman, Wendy Auxillou, formally announced her foray into politics. Proud owner of the Auxillou Beach Suites located on beautiful Caye Caulker, Wendy has been very active in community service in the village.

"I am pleased and proud to announce

that I will be contesting the position of Standard Bearer for the PUP (People's United Party) at the convention in San Pedro the end of this month. This would be for the Belize Rural South Division," said Wendy.

"Throughout my life I have been very community service oriented, especially in Caye Caulker, my home village. I would like to extend that community service to San Pedro as well, hence my foray into politics."

Wendy's mother is local Hicaqueña Belizean and famous educator, Mrs. Ilna

Auxillou, and her father is a foreign born national who helped to pioneer tourism to the island. "Having been raised under two cultures has allowed me to become a well-rounded, solid individual!" she exclaimed.

Other than business, Wendy is a mother to four children – three teenaged girls and a four-year-old.

Minerva Aguilar is a proud product of Caye Caulker. She is one of a handful of successful women business owners on Caye Caulker.

Born into the Marin family of Rainbow Hotel and Rainbow Bar and Grill fame, "Kachi" as she is affectionately known on the island, runs her own



taxi business. With a fleet of four golf cart taxis that complements the family businesses, she is the driving force behind Rainbow Taxi Service.

Reprinted from the Caye Caulker Chronicles, Written by Wendy Auxillou

Rainbow Taxi Service has been in service for ten years, proudly and cheerfully serving residents and visitors to the island.

"Kachi" is married and has two children.

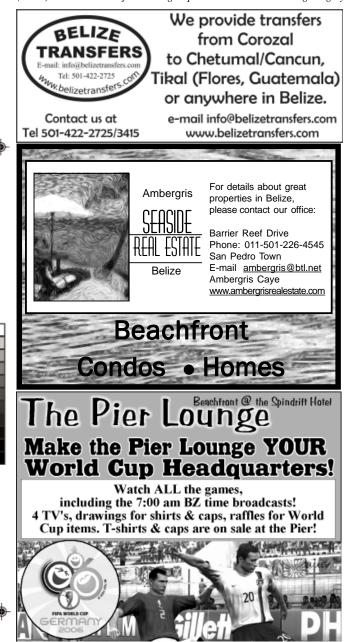




San Pedro wins BIG at Taste of Belize 2006 Continued from Page 10



(Above) Trevor Del Valle of Wild Mangoes placed third in the Bartending category.





(Right)Jeff Spiegel of Azul Resort was one of the seven finalists chosen for the final round, Professional cooking.





EVERY TUESDAY ~ BELIZEAN BUFFET Features Many Local Dishes, Live Band & Local Artisans BE SURE TO BRING YOUR APPETITE AND ENJOY FOR ONLY \$19.95

EVERY THURSDAY ~ MAYAN BARBECUE

Large Buffet Featuring Ribs, Shrimp Pasta, Chicken and a Variety of Side Dishes, Plus Live Local Band. A FANTASTIC DISPLAY OF FOOD AND FUN FOR ONLY \$25.95

Reservations Required. Call 226-2207 Located just 3 1/2 miles north of San Pedro.

The San Pedro Sun's



It's the season of lemonade stands and porch swings. While sweet iced tea and lemonade may seem like the perfect refreshers, the traditions go back further than you might think. Vendors in Paris-the "Compagnie de Limonadiers"were selling lemonade in the 1600s. Recipes for iced tea have existed for two hundred years, but it was the 1904 World's Fair that popularized it. Now Americans drink nearly 100 million glasses of iced tea every day. Below find a few recipes, find your favorite quencher and take a long, cool sip.

Cool Watermelon Slushies Ingredients: *6 ice cubes

*2 cups cubed seeded watermelon *1 teaspoon honey *Directions:*

Place the ice cubes into a b l e n d e r . Cover, and pulse until crushed. Add the watermelon and

blend for

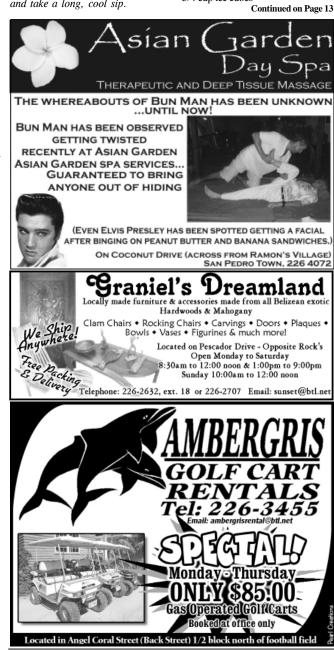
about one minute, until slushy. Add the honey, and blend for about 10 seconds.

Paradise Smoothie

Ingredients:

*1 (15.25 ounce) can Tropical Fruit Salad, undrained

- *1 cup vanilla nonfat yogurt
- *1 (6 ounce) can pineapple juice
- *1 small banana
- *3/4 cup ice cubes



San Pedro wins BIG at Taste of Belize 2006 Continued from Page 11

Mr. Lelo Batun of Victoria House, was one of the speediest mixers of the night.

Luis Velasquez of Azul Resort served up wide smiles and great drinks for the audience during the bartending competition as well. Congratulations to all the participants, you're ALL winners!





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Boca Del Rio (H31) Town lot on the main street connecting San Pedro Town with the northern part of Ambergris Caye. Great location for either commercial or residential. \$90,000.00 Belize or \$45,000 US. **Santa Paula (L19)** – Secluded lot in the Santa Paula area. 80'x 80'. \$60,000

US.

San Pablo (S46) – 50' x 75' for only \$15,000 US.

Boca Ciega (G31) Beachfront acreage 3.5 miles south of town. 175' beach frontage & 60' lagoon frontage. \$348,000 US. Cash only.

Palm Bay Club (C41) Lot $\#111 - 4^{\text{th}}$ row lot, 100' x 100'. Only \$18,000 US. Basil Jones (S55) Large & Beautiful Basil Jones property with 145' beach front & 400' depth. Can be bought together with back property of 500' frontage & 160' depth. The land is cleared & has a fresh water well. \$600,000 US. Terms possible.

Robles (D17) Lot #31A measuring 75' of beach front x 300' & 31B measuring 150' x 300'. Terms available. Asking price for both lots only \$149,000 US. REDUCED \$139,000.00 US.

Virtual Taste Trip

Continued from Page 12

Salty Chihuahua

Directions:

Combine tropical fruit salad, yogurt, pineapple juice, banana and ice cubes in blender or food processor container. Cover; blend until smooth.

Ingredients:

*1 wedge lime *coarse salt *ice *1 (1.5 fluid ounce) jigger tequila *5 fluid ounces lemonade Directions:

Wet the rim of an old fashioned glass

with lime juice, then dip in salt. Fill glass with ice. Pour in tequila and lemonade. Squeeze and drop in the lime wedge. Stir.

Fishing

Report

by Captain Dilzon

Outside the reef: We are catching lots

of yellowed eyed red snapper, red grou-

per are biting and so are reef sharks. I've

caught four Mahi mahi in the past week.

Inside the Reef: I caught a 15 pound cubera snapper right under Roberto's

Hillyboo caught six in one day.

Paradise





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Sueño del Mar

Ambergris Caye

ELIZ

Dinner entrees include... 💽 Filet Mignon, Garlic Mashed Potatoes with Cabernet Wine Sauce • Pork Chops, Steak, Fries and Warm Apple Chutney • Dan Seared Grouper, Garlic Mashed Potatoes with Grapefruit Beurre Blanc • Steamed Local Lobster Tail with Saffron Risotto • Sautéed Snapper over Black Bean Salsa with Caribbean Citrus Sauce • Sautéed Shrimp, Herb Pesto Couscous and Flavored Oils

> For lunch enjoy... Chilled Sazpacho Soup with Shrimp . Sirloin Burger with Fries

• Fish Fillet Sandwich • Broasted Chicken Breast Sandwich Daily Speciall Start the day with... Eggs Benedict with Smoked Ham • Belizean Banana Pancakes • Located at Banana Beach on Coconut Drive 226-3892 Apple Cinnamon French Toast

Captain Dilzon Murcia is the project manager for Island Ferry and owner operator of Dilzon Charters, a sport fishing charter business. To catch the fish featured this week, and other large fish, call Dilzon at 620-6118 or drop by the Island Ferry office and schedule your next fishing adventure.

parasail boat at Fidos dock. I know I am not supposed to fish there but this fish had been taunting me everyday for a week and I just couldn't resist. Barracuda are biting as usual and so are mutton snapper and porgy.

Flats: Bonefish, Barracuda and Permit are all being caught on the flats.

Mahi Mahi

Mahi mahi are an excellent pelagic sportfish both in their beauty and fight. The coloration of Mahi mahi is the most vivid, iridescent blue and green you can possibly imagine. The genders are differentiated by the large bulbous head on the males, whereas females have a slender head. Mahi mahi live only four years but grow to enormous size, the largest ever caught was in the Bahamas and it weighed 88 pounds. Juveniles, in the two to three pound range, travel in schools of up to 30 fish where adults usually travel in groups of six or smaller. We don't re-mahi mahi here in Belize; the Mahi mahi we get here are adults over twenty pounds. This is the month where I catch these fish everyday. Mahi mahi feed very close to the surface on everything from flying fish to jelly fish. This month Mahi mahi can be found under weed lines or any type of flotsam. You can catch them trolling, drifting and even fly fishing. Mahi mahi is the only pelagic fish locally that is caught regularly in summer months by sight casting.

I am very effective at catching Mahi mahi by slowly trolling live sardines at **Continued on Page 14**



June 8, 2006

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Fishing Report Continued from Page 13



the surface in about 500 feet of water. Once I get one on I know that that fish on my line will be followed by several other excited Mahi mahi all the way to the boat. That's when I break out the light spinning tackle or fly rod and begin sight casting with unwieghted live sardines at the following fish. Once I get one on the line I can always hook up several at once. I remember one time this happened when sideman "Carne Dulce" was down with a severe "goma", forcing me to fish

alone. So there I was; I had two Mahi mahi on two separate lines. So what did I do? I held two rods between my toes on each foot and reeled with both of my hands while I drove the boat with my teeth and held the gaff between my ears. I landed both fish and they were at least 50 pounds apiece! I was proud. I was sore all over my body for days, because it took every appendage I had except one to land those two big monster Mahi mahi.

These fish fight by making a series of

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Mahi mahi are huge, and bring a lot of fight for avid fishermen...Captain Dilzon has had a heck of a time catching this fish, but it sure is a lot of fun!

long explosive runs with multiple acrobatic leaps skyward to shake the hook. Since you catch these in groups, you're in for an exciting half hour of fishing once you hook the first one.

As I write this, sideman "Carne Dulce" is refueling Reef Hunter. Later, I'll be busy- busy rigging baits. We are look like.

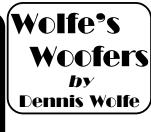
readying ourselves for some serious offshore Mahi mahi action. If you want to see what real big Mahi mahi look like, drop by Fidos around four in the afternoon, enjoy a few nice cold Belikins at the bar, then walk on down to the dock and I'll show you what big Mahi mahi





Page 14 Visitor Guide





Hiccups

"Hey, Mark. Let me buy you a beer," Captain Rick said, as Mark walked into BC's.

"No thanks," Mark said. "Charlene, I just need a big glass of water." "Water?!"

No one at the bar could believe their ears.

"Since when did you start drinking water?" Willie asked. "In all my years at BC's I've never heard you ask for water. What are you gonna do? Take a bath?"

"I'm trying to cure a horrible case of hiccups," Mark said. "I've heard that one way to cure them is to drink a full glass of water at one gulp."

"That works sometime," I said, "but I don't know if there is really a cure. They usually just go away by themselves."

"Hiccups? Did someone say hiccups?" Charlene asked, as she walked over with a glass of water.

"Mark is trying to cure a bad case of hiccups," Willie told her.

"I've always heard that the best cure is to be startled," Charlene said. "For some reason when you are surprised or scared your body forgets to hiccup." "Smack!"

She reached over the bar and slapped Mark right across his face.

"Wow!" Mark said, as his eyes opened up to about the size of Belize dollars. "Did that help?" Charlene asked.

"I don't know," Mark said as he rubbed his jaw. "I'll have to ask Mary. She's outside in the golf cart waiting for this glass of water."



Trivia Tidbits

*Electric eels are not really eels but a kind of fish. Although they look like eels, their internal organs are arranged differently.

*The Egyptian vulture, a white bird about the size of a raven, throws stones with its beak to open ostrich eggs to eat. This bird is one of the very few animals that, like man, manipulates objects as tools.

*The leaf-cutting ant can lift more than 50 times its own weight.

*A crocodile weighing 120 pounds exerts a force of about 1,540 pounds between its jaws. A human being's jaws exert a force of only 40 to 80 pounds. *The pretzel is named from the Latin word brachiatus meaning "having

branch-like arms." *The expression "the whole nine yards" comes from WWII aircraft whose

ammunition belts were 27 feet long. When you used your entire ammo belt on a target, you exhausted "the whole nine yards."

*About 93 percent of households in Denmark consume wine, the highest consumption of all countries. French homes follow with about 85 percent.

*During the reign of Catherine I of Russia, the rules for parties stipulated that no man was to get drunk before 9 o'clock and ladies weren't to get drunk at any hour.

*The world's rarest gem is Painite. Only three crystals have ever been found.

*Light takes one-tenth of a second to travel from New York to London, 8 minutes to reach the Earth from the Sun, and 4.3 years to reach Earth from the nearest star.

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- 2 bed 3 bath fully furnished \$394,000. 2 bed 3 bath fully furnished \$395,000.
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- The Castle 10 apt complex: \$400,000.

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- Playa Blanca beach lot 60 x 105 ft w/dock \$210,000.
- Playa Blanca beach lot 52 X 120 ft \$225,000.
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- Buena Vista Point ocean view 75ft x 150ft \$89,000 each.
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- Laguna Estates commercial tracts & islands Inquire!
- Caribbean Coves 200ft ocean front west side \$150,000.
- Caribbean Coves 100 ft ocean front west side \$85,000
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- Gan marcos z aujoining 50 × 100
 Alta Mar 100ft x 100ft lot \$65,000.

All prices are in US dollars and subject to change without notice. For further details on these properties and much more call your AMBERGRIS CAYE SPECIALISTS

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