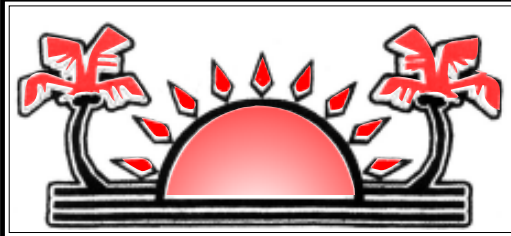
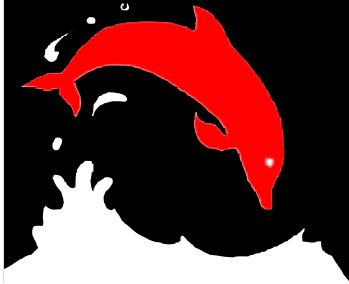


THE SAN PEDRO SUN VISITOR GUIDE



August 10, 2006

FREE

*The Island Newspaper
Ambergris Caye, Belize
Central America*



**Art Gecko
Rules -**
*a celebration of art
and music at Chaa
Creek.*

Hacal Kiik -
*more than desserts
and pastries, they
now offer a variety
of home-cooked
meals!*



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Where did you take your *San Pedro Sun & Visitor Guide*?

Take a photo of you and the paper and send it to us at:
spsun@sanpedrosun.net



Charlie & Klancie Britton, visited San Pedro the last week of May 2006, and loved the island and San Pedro. On the 4th of July, they visited the Devils Tower National monument in Wyoming, USA. Of course, they had their copy of *The San Pedro Sun* with them!

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

The *San Pedro Sun* is mailed everywhere.

Publisher	The San Pedro Sun Ltd.
Editor	Ron Sniffin ron@sanpedrosun.net
Editor	Tamara Sniffin tamara@sanpedrosun.net
Associate Editor	Kainie Manuel kainie@sanpedrosun.net
Staff Writer	Maria Novelo maria@sanpedrosun.net
Staff Writer/	Mary Gonzalez mary@sanpedrosun.net
Graphic Design	
Office Assistant	Nathalie Manuel nathalie@sanpedrosun.net
Mail	<i>The San Pedro Sun</i> , P.O. Box 35, San Pedro Town Ambergris Caye, Belize
Telephone	011-501-226-2070
US Telephone	(307) 460-4456
Fax	011-501-226-2905
E-Mail	spsun@sanpedrosun.net
Internet/WEB	www.sanpedrosun.net
Main Office	#63 Barrier Reef Drive, San Pedro

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More foreign subscribers than any newspaper in Belize!

Greetings to my visiting friends



On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral

reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.

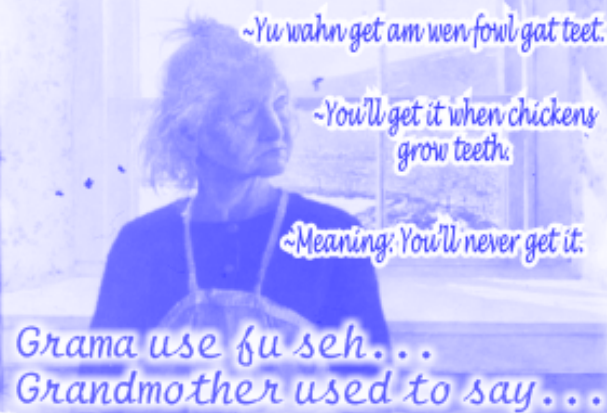
For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave systems and many natural sanctuaries that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

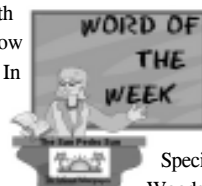
We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor,
San Pedro Town

Belizean Proverbs



Language can link us with other cultures, no matter how foreign the tongue may be. In an effort to share this form of communication with our audience, *The San Pedro Sun* proudly



This week, we will present a few phrases in English and give you their Creole and Spanish translations.

English
Creole
Spanish

Special thanks to Sylvana Woods for her help with the presents - Words of the Week. Creole translations. Enjoy!!!

I have to get off at the next stop.
Ah waahn get aaf da di neks stap.
Voy a bajar en la otra parada.

English
Creole
Spanish

Could it be sent out today?
Ah wanda if unu ku sen dis tudeh?
¿Se puede mandar hoy?

English
Creole
Spanish

It looks good on me!
Dis luk gud pahn mi!
¡Esto se ve bien en mi!

Hacal Kiik - Bigger & Better!



At Hacal Kiik, "My Sister's Place", one can find a cornucopia of delectable treats and baked goods. Plus, be sure to check with the sisters on their daily homecooked specials...lasagna, enchiladas and delicious subs top the list!

Hacal Kiik (Mayan for My Sister's Place) keeps getting better and better. Of course, this comes as no surprise. The Arceo sisters have always been known as great cooks and bakers. Their love for the kitchen translates to delectable, mouthwatering, and super tasty breads, pastries, and meals.

Hacal Kiik was officially opened on April 23rd, 2006 and is now known as one of the best places in town to get freshly baked goods. To date, many new items have been added to the now vast menu. Every day there is something new available. The sisters switch from peanut butter and M & M cookies one day to coco-

Continued on Page 10

Every Friday enjoy our special "Spanish Night" with our famous "paella", tenderloin beef carpaccio, our bar special from Spain "Sangria" and for dessert our flambéed bananas foster, all surrounded in an atmosphere of Spanish decor and music.



Take a short ride
under the stars
Evening Dinner

Some of our Specialties:
Caramelized Char-Grilled Shrimp, Fish Carpaccio, Bruschetta, Shrimp Pate and Fried Calamari, Jerk-Seared Scallops served in a citrus beurre-blanc, Mambo Combo - Snapper Fillet topped with Shrimp and Papaya Salsa, Mesquite Grilled Seafood Plate - Lobster, Snapper, Grouper, Calamari, Shrimp and Scallops with Fresh Vegetables

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- * in our 36 foot, covered Mambo boat. Leaving Fido's dock at 7pm. Essene Way pier at 7:10pm arriving at Mata Chica at 7:20pm. After dinner relax in our library or enjoy a round of cards in our lounge, complete with internet access.

The best place to have fun. This two-ambiance bar has a big lounge terrace where exotic cocktails and an eclectic music selection from live DJ's fuse together to bring you a unique atmosphere. Enjoy lunch or dinner by the pool.



Art Gecko Rules at Chaa Creek

submitted by Karla Heusner Vernon



Art and wine enthusiast Karla Heusner Vernon especially enjoyed the vibrant paintings of the little Guatemalan girls by Guatemalan artist Carlos Lago.

"Wait, stop, pull over!" I said excitedly ... "What's wrong?" my husband Trevor asked.

"The sunset, look at it. I want to take a picture."

"We don't have time, we're late already, wow's that's amazing though."

We peeked through the windshield the best we could at the luminous streaks across the sky, the shadow of the hills and valley below.

I don't know if he'd ever seen sunset over Cayo before, most of the time we came during the day, but this time

we were headed for the Lodge at Chaa Creek for an art opening. The event was to begin around 6:00 p.m. and it was already 6:30. I was sure we'd be late, miss half of it, and I'd botch the whole review for *The Sun*.

We needn't have worried.

Time is an elastic concept at Chaa Creek and while we could hear the strains of a violin as we walked up the drive to the lodge, at the reception desk they were all smiles. "We'll have the bags sent to your room, you can

Continued on Page 5



There were dozens of paintings, mostly originals, some replicas of famous artists, from all over the region. There were artists from Mexico, El Salvador, Guatemala, Cuba and of course, Belize.

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 in the Macal River,
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 through jungle trails.

Full Moon Madness ~ Aug 12th, Oct 7th, Nov 4th

complimentary bottle of wine, moonlight canoe safari or creatures of the night hike & live entertainment with Pablo Collado

Spa Spree Adventure ~ Aug 19th, Sep 9th, Oct 14th

candlelight gourmet dinner with wine, and discounted exotic spa treatments.

Family Fun Summertime ~ Jul 22nd, Aug 5th

walk on the wild side with naturalist guides, and join in arts & crafts & cooking sessions with Chef Rob!

Art Gecko Rules ~ Jul 29th, Aug 26th

wine, cheese & tapas reception, gallery display & sale of original paintings, and live entertainment

Happy Birthday Belize ~ Sep 16th

celebrate with Garifuna Drummers, and enjoy a buffet ~ Cayo style

Jungle Campfire Tales ~ Sep 30th, Oct 28th

roast marshmallows while listening to folklore at the Macal River Camp and dine on traditional Maya Pibil!

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Abstract artist Nelson Young also had paintings on display - big bold colors and fascinating shapes caught Trevor Vernon's eye.

freshen up and then join the reception when you are read," a guy named Ben told us.

It was almost totally dark on the grounds by this time and the winding path was illuminated by small lanterns. "The place looks different from the last time I was here," said my husband.



Penn Cayetano's art spoke volumes of Garifuna music and ritual that were practically bursting off the canvas into the rest of the room.

"How can you tell?" I asked, worried I'd trip over my own feet and show up at Art Gecko with a scraped up nose. He grabbed my hand.

Hmmm, this is romantic already.

And, Chaa Creek is. No matter what time of day or night you arrive.

Our room, which appeared to be some sort of cabaña from the outside, was "rustic elegant" on the inside. Large and expansive, big comfortable bed with thick cotton bedding, a plump chair and ottoman, bistro type table and chairs for coffee in the morning, big thick towels in the bathroom, double sink and large brightly colored tiled

shower.

I just wanted to drop into the bed and sleep for days.

But there was work to do.

"Come on, get with it, let's go see this show," my husband reminded me why we were there.

We held hands (again) as we tried to figure out where the reception area was, somewhere up the hill. We could see the bar area, dining room, people milling about lazily. Following the music, and the lights, found the show.

And, what a show. This was no mere gimmick to get guests to the Lodge.

Continued on Page 6

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Chaa Creek Continued from Page 4

This was a quality display. The Fine Arts Gallery of Belize City (next to the Tourism Village) had brought dozens of paintings, mostly originals, some replicas of famous artists, from all over the region.

There were artists from Mexico, El Salvador, Guatemala, Cuba and of course, Belize.

My husband gravitated towards the seascapes and undersea scenes by Vincent Valdez, Imeni, Oscar Sanchez, Mervin Meza; he liked the sea shell forms emerging from the women's heads done by Manuel Daza, a Cuban living in Belize. He immediately recognized the modernistic work of Nelson Young of Caye Caulker. Big bold color, strong shapes. "He's a genius, eh?"

Another heavy hitter, Penn Cayetano's work was also there:

Garifuna music and ritual bursting off the canvas into the rest of the room.

We both liked the thick textured paint in the caye life scenes by Omar Sanchez.

A painting of a large tree, so tall the upper portion continued outside the frame by Vincent Valdez of Guatemala seemed to capture the surroundings of the lodge perfectly. "The one could represent the whole show," my husband observed.

Ann, the gallery owner, and her assistant Mathias were assisting viewers and discussing the works for sale.



Rustic Elegance awaits you at Chaa Creek.

Continued on Page 7

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Chaa Creek Continued from Page 6





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I found I kept returning to some portraits of little girls by Guatemalan artist Carlos Largo. Their innocent faces and the rich, bright details of their traditional clothing just drew me in. I half expected them to speak to me, so lifelike was the detail, so bright their eyes and smiles.

Guests milling around the wine and cheese bar were relaxed and happy, clearly enjoying the break from their hectic lives, the chance to get away from it all and soak up some art and ambiance, listen to the flute and violin music provided by Gilles and Veronique Rabinovitch of nearby Santa Elena.

"Should we go down to dinner?" I heard a few ask each other lazily, but there seemed no rush, no need to dash off, or design to leave the area, or the art. Several people wandered back inside several times.

You almost couldn't help it; for the darkness of the hills and trees surrounding the patio somehow withdrew into the background; the warm light from the room housing the paintings, radiating a soft glow.

It reminded me of something, ah yes, the sunset on the way in...the perfect prelude to the show.

Even if Chaa Creek owners Lucy and Mick were not my good friends, even if the dinner that followed had not been incredible, the room as great or the staff hospitality not as impeccable, I'd have to recommend you try and catch it the next Art Gecko, or Spa Special or other event at their lodge.

Admit it, you've thought about it when you saw their ads in the papers, didn't you?



People mingled with friends, new and old, to the strains of beautiful music by Gilles and Veronique Rabinovitch

See www.chaacreek.com for more Summer Specials and rates for Belizeans. Gallery information and additional paintings for sale are listed online at www.fineartsbelize.com

The sunsets? Those you just have to see to believe.

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Residential Near Town (O9) Cozy one bdrm/one bath, well maintained home west of airstrip with rental income. Excellent price at only \$99,500.00 US

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"Grand Slam" on Vacation!



A grand slam in fly fishing involves catching a tarpon, a permit and a bonefish in the same day. Here, Dave Ozuna holds one of the three: a bonefish.

My husband, Dave, and I have traveled to beautiful San Pedro town for the past 13 years to go fly fishing for tarpon. We always have a wonderful time, but this year was especially fun, as you will see below:

Fishing guide Nestor Gomez helped fisherman, Dave Ozuna, from Seattle Washington, get his first "Grand Slam" on July 17th, 2006. A Grand Slam in salt water fly fishing involves catching a tarpon, a permit, and a bonefish in the same day.

The day began when Nesto found a spot where many tarpon were rolling on the surface. Mr. Ozuna hooked two tarpon earlier in the day, but lost both of them (not an unusual outcome in the chaos of fly fishing for tarpon). However, he managed to "land" a 40 pound tarpon on this third hook up,

using a fly called "Black Death." A fish is considered legally landed if it's reeled in close enough that the leader is inside the guides of the fly rod.

Shortly after landing the tarpon,

Nesto, with his uncanny vision, saw several permit swimming within casting range. Mr. Ozuna grabbed his permit rod, with a pink shrimp fly.

He couldn't see the permit, but with Nesto's guidance in directing his casts he caught a nice seven-pound permit.

Continued on Page 9



DuPlooy's SUMMER SPECIALS



Junglistic 3 Night Package: ONLY! \$425.00US per person: Includes round trip road transfers between Belize City and duPlooy's, double occupancy accommodation, meals, taxes & gratuities. Site entrances not included.

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B E L I Z E



With Nestor's guidance in directing his casts Mr. Ozuna caught a nice seven-pound permit.

Having accomplished toughest part of the grand slam, Nestor headed for the bonefish flats near Cangrejo Caye. Within 10 minutes, Mr. Ozuna caught a small bonefish on a "Crazy Charlie" fly. The Grand Slam quest was now complete! Nesto said this was the 22nd Grand Slam and the 192nd permit caught in his career.

The feat was celebrated at BC's Bar with Nesto, his wife Tere, Dave and Judy Ozuna, and their traveling friends, Monty and Peggy Cabe.

Nestor has guided these two couples for over 12 years. Monty and Peggy Cabe both achieved their Grand Slams under Nestor's guiding expertise in past years.



With Nesto's help, a nice 40-pound Tarpon was reeled in. The group went to BC's to celebrate Nesto's 22nd Grand Slam and the 192nd permit caught in his career.

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- Filet Mignon, Garlic Mashed Potatoes with Cabernet Wine Sauce • Pork Chops, Steak, Fries and Warm Apple Chutney
- Pan Seared Grouper, Garlic Mashed Potatoes with Grapefruit Beurre Blanc
- Steamed Local Lobster Tail with Saffron Risotto • Sautéed Snapper over Black Bean Salsa with Caribbean Citrus Sauce
- Sautéed Shrimp, Herb Pesto Couscous and Flavored Oils

For lunch enjoy...

- Chilled Gazpacho Soup with Shrimp • Sirloin Burger with fries
- Fish Fillet Sandwich • Broasted Chicken Breast Sandwich

Start the day with...

- Eggs Benedict with Smoked Ham • Belizean Banana Pancakes • Apple Cinnamon French Toast

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Hacal Kiik Continued from Page 3



Smiles and a wide array of goodies welcomes you to Hacal Kiik.

nut cookies the other. In order to get a full taste of all their delicious delicacies you have to make sure to stop in every day.

But the cookies are just a taste of all that Hacal Kiik offers. The newly added chicken rolls are a favorite among everybody and they literally fly off the counter. The soft roll, filled with tender shredded chicken breast and mixed with vegetables, is so good it's no wonder they are among the first items to be sold. The sausage rolls are also a big hit as are the loaves of white, banana and wheat breads.

The lunches offered at Hacal Kiik have also become a favorite among resi-

dents and visitors. The chicken and tuna subs are delicious and come with not only all the toppings, but also are served with guacamole or fresh salsa and chips. The baked enchiladas are appetizing and full of flavor. Lunch specials vary everyday but always remain in the under \$10 range.

Hacal Kiik also has pizzas, stuffed jalapeño, wings and lasagnas available most days after 5:00 p.m. Call ahead and check what is cooking in their oven.

To drink, Hacal Kiik offers soda from a soda fountain, beer from tap or vanilla or cinnamon coffee among the many flavors of tea. So, why not stop in and see what the buzz is all about.

Can't get enough of Hacal Kiik? Well,

the sisters also cater for any special occasion.

Hacal Kiik is open everyday from 7:00

a.m. to 9:00 p.m. For further information on their menu and what they offer each day, call 226-3115.

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Wolfe's Woofers by Dennis Wolfe

Ladies' Man

"You know, that Willie Davis has always been quite a ladies man," Charlene said.

"I know," I told her. "I remember a few years back when Willie would pick up two or three different girls every week right here out of BC's bar."

"At his age?" Denise said. "How does he do it?"

"It's all a matter of technique," Charlene said. "He gives them some smooth line and next thing you know . . ."

"Yeah, him and old Robbie did really well for a couple of old guys," I said. "Willie always did a lot better than me."

"Smack!"

A purse banged off the side of my head. I had forgotten that Dulce was in the bar.

"Well, I think his age is starting to catch up with him," Jim said. "His technique is starting to slip."

"What do you mean?" I asked.

"Here he comes, now," Jim said. "He's all slicked up like he's out looking for the ladies. Let's see what happens."

Willie made it up the steps and spotted a good-looking blonde tourist lady sitting one seat away from Denise. He took the stool next to her and ordered a drink. He took a sip of it and turned to the blonde.

"So tell me, miss" he said. "Do I come here often?"

Trivia Tidbits

*Only three percent of the energy the atmosphere receives is converted into movement or kinetic energy.

*A female pharaoh was unknown in Egypt before Hatshepsut, who had herself portrayed in male costume, with a beard and without breasts.

*The hair of an adult man or woman can stretch 25 percent of its length without breaking. If it is less elastic, it is not healthy.

*Variations in color in pearls are still a mystery, but some experts believe that high water temperatures contribute a golden cast to some pearls.

*An artificial spider and web are often included in the decorations on Ukrainian Christmas trees. A spider web found on Christmas morning is believed to bring good luck.

*Red or pink grapefruit is higher in vitamin C than white grapefruit.

*Burns are second only to traffic accidents as the cause of accidental loss of life in the U.S. - about 6,000 fatal burns a year.

*The idea of using light in telephone communications is not new. Reportedly in 1880, Alexander Graham Bell invented a phone that used sunlight in place of wires.

*There are more than 2,500 mushroom varieties grown in the world today.

*Honey is used as a center for golf balls and in antifreeze mixtures.

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 - 2 bed 3 bath fully furnished \$395,000.
- ❖ **San Pablo canal home w/ 200ft water frontage,** 2 boat slips, ramp, fully fenced, 2 storey duplex 2bed/1bath up 1bed/1bath down. \$295,000.
- ❖ **Mi Casa.** Rental suites with spacious top floor owner's quarters and loft apt. \$650,000.
- ❖ **The Castle** 10 apt complex: \$400,000.
- ❖ **NEW** Caye Casa** - beachfront condo in town location. Inquire!
- ❖ **Coming soon** - Luxurious bay front homes - 4 bedrooms.

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- ❖ **Robles beachfront 100 ft beach** \$200,000
- ❖ **Robles beachfront 200 ft beach** \$400,000
- ❖ **Palmero Point 80 ft of beach** \$297,000
- ❖ **Playa Blanca beach lot 60 x 105 ft w/dock** \$210,000. Sold
- ❖ **Boca Ciega beach lot 52 X 120 ft** \$225,000. Sold
- ❖ **Boca Ciega 4.5 acres** 170ft beach front. \$350,000.
- ❖ **Buena Vista Point** ocean view 75ft x 150ft \$79,000 each.
- ❖ **Buena Vista Point** ocean view 75ft x 150ft \$89,000 each.
- ❖ **Laguna Estates** ocean view lots from \$30,000.
- ❖ **Laguna Estates** commercial tracts & islands Inquire!
- ❖ **Caribbean Coves** 200ft ocean front west side \$ 125,000. GREAT PRICE
- ❖ **San Marcos 2 adjoining 50' X 100'** lots - \$35,000 each.
- ❖ **Alta Mar** 100ft x 100ft lot \$65,000.

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LUNA

PALM TREE CUISINE

Luna, Ambergris Caye's latest trendy restaurant, is now open. Serving Palm Tree Cuisine, a fusion of Central American and Caribbean delicacies, **Luna** offers a selection of fresh local seafood, tender meats and exotic vegetables prepared by our renowned chef.

Menu selections include: Jerk Seared Sea Scallop Crouton, Smoked Oyster Bruschetta, Spinach Pesto Goat Cheese Salad, Rib-Eye Steak Argentino, Almond Nut Crusted Grouper, White Chocolate Pudding laced with a cardamom anglaise sauce, Strawberry & Mango Ice Parfait.

Luna boasts an atmosphere of relaxed elegance and style, with inventive cuisine in an enchanting setting.

Serving breakfast, lunch and dinner...

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Reservations: 226-2173**

THE SAN PEDRO SUN VISITOR'S GUIDE

Tourist Information

Belize Tourism Board - 223-1910.
Belize Tourism Industry Association (BTIA) - 227-5717.
San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m.; Mass or Communion Service every night at 7:30 p.m.
Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

IMPORTANT #s

Emergency 911
Crimestoppers 800 922-TIPS
Police 226-2022
Fire 226-2372
Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.
Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.
Los Pinos Clinic 602-6383 and 226-2686.

Dr. Lerida Rodriguez: 226-2197 or cell 620-1974

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 227-7161
Canadian Consulate - 223-1060
Mexican Embassy - 223-0193
Guatemalan Embassy - 223-3150
Honduran Embassy - 224-5889

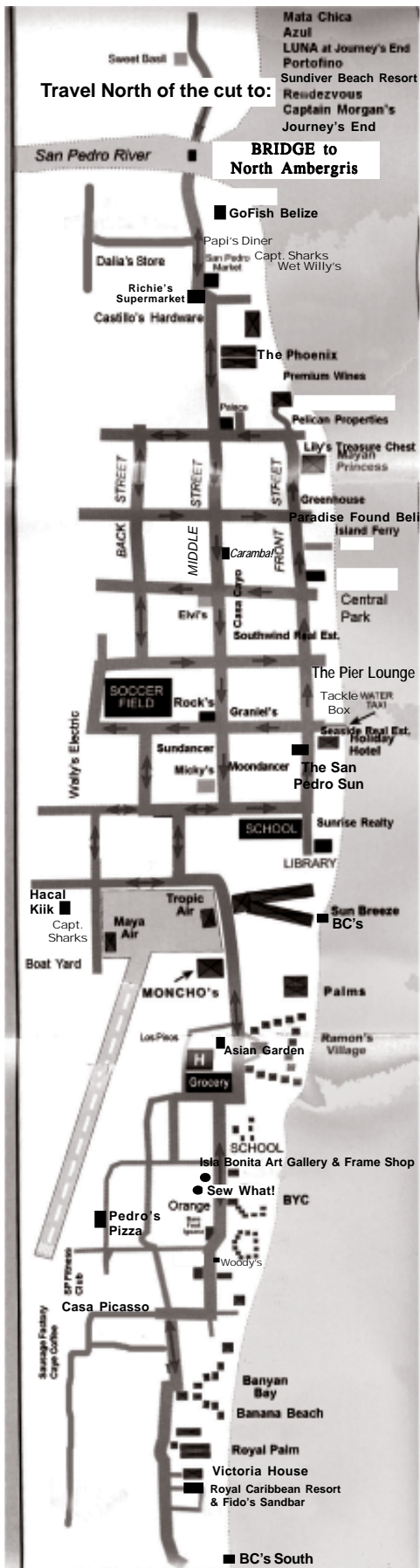
Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause - have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



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PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

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FIDO'S RESTAURANT & BAR - Dine under the largest Palapa in San Pedro! Enjoy a full lunch & dinner menu with live beachfront entertainment all night.

THE SAN PEDRO SUN VISITOR'S GUIDE



Dining Out...



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THE TACKLE BOX BAR & GRILL - whether it's a little break from the beach or a whole night out, the Tackle Box is just the place. The kitchen serves a wide array of affordable fresh comfort foods ranging from our big Tackle Box Burgers, special fried chicken, to some of our more local fare and seafoods. And what a better place to enjoy our dishes, than our back porch out over the water.

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The San Pedro Sun Visitor Guide

EVERY WEEK we print a new edition covering the "good news" about San Pedro and Belize!

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