

THE SAN PEDRO SUN VISITOR GUIDE

August 24, 2006

FREE

The Island Newspaper
Ambergris Caye, Belize
Central America



**San Pedro offers
truly diverse
dining for
visitors!**

Plus, we discover the Dragon
Fruit (Pitahaya) and learn about
the Cicadas!



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Greetings to my visiting friends



taking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breath-

away. You will also be able to discover Belize's vast cave systems and many natural sanctuaries that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

*Elsa Paz, Mayor,
San Pedro Town*

The San Pedro Sun is mailed everywhere.

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More foreign subscribers than any newspaper in Belize!

Where did you read your San Pedro Sun?

Where did you take your *San Pedro Sun & Visitor Guide*?

Take a photo of you and the paper and send it to us at:

spsun@sanpedrosun.net



Ahmed Harmouch

spent a couple weeks in Beirut, Lebanon, with his family. While he was there, he took *The San Pedro Sun* with him to the mountains in Lebanon, and he made sure to share some San Pedro news with his uncle Billy Harmouch.



Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

Diverse Dining in San Pedro!

Tackle Box

It is a bar steeped in history; it offers quality service that transcends time, and thus has patrons visiting again and again. Housed in a large yet unimposing wooden building set out on the pier next to the water taxi terminal, The Tackle Box has just recently come alive again at the able hands of Phil Megal and staff. After several drastic changes including a change of name (Shark's Bar) and ownership, it seems as if the Tackle Box is finally alive and ready to rock.



Adding to the island vibe and fantastic food at Tackle Box are local bands that perform at least four times a week. What better way to enjoy an excellent meal and drink than with lively music!



Be sure to try one of bartender Mikey's creations...refreshing coladas and mojitos abound!

Just looking to get a snack fix? The Spicy Box Fries are a sure bet. Hand cut russet potatoes are Cajun spiced and fried crispy. One of the items you must try is the Deep Fried Spiced Calamari. It is tender fried local squid dusted in their special spice blend and served with a blackened dipping sauce. Every bite brings you closer to pure heaven. A seafood lover's must! Those with a craving for good hearty food need look no further than the Tackle Box menu: Chili, shrimp, sausage platters, sandwiches and burgers are all served here, but with a twist. The Rock da Box Burger is fast becoming one of the more famous items on the list. A monster of a burger, the meat alone tips the scales at a whopping one pound (1lb). It's a

belly-busting burger that challenges even the most salacious of appetites. And it keeps you coming back for more. It seems that Phil may have just created a bar and grill that not only lives up to the standards of its predecessor, the original Tackle Box, but has come further by offering a menu that appeals to more people and is served by one of the most efficient and friendly staff on the island. After all, how can you possibly go wrong with great food, drinks, music and excellent service?

Casa Picasso

Once considered one of San Pedro's best kept secrets, Casa Picasso has quickly become one of the most sought after dining and club experiences in San Pedro. Located opposite the popular

reef-side of Ambergris Caye, the location does not prevent visitors and locals alike to seek out this unique restaurant.

Offering Spanish style tapas combined with other favorite appetizers, delicious and filling pasta dishes and the islands' largest dessert menu, Casa Picasso has something for everyone.

The vast wine list and signature martinis compliment every course on the menu including the full array of tapas. Sevilla Olives, Olive Tapenade, Bulbs of Roasted Garlic, Patatitas Fritas and Stuffed Roasted Peppers are among the many choices on the starter menu. These tasty morsels can be a meal in themselves.

Continued on Page 4

Every Friday enjoy our special "Spanish Night" with our famous "paella", tenderloin beef carpaccio, our bar special from Spain "Sangria" and for dessert our flambeed bananas foster, all surrounded in an atmosphere of Spanish decor and music.



Take a short ride under the stars
Evening Dinner

Some of our Specialties:
Caramelized Char-Grilled Shrimp, Fish Carpaccio, Bruschetta, Shrimp Pate and Fried Calamari, Jerk-Seared Scallops served in a citrus beurre-blanc, Mambo Combo - Snapper Fillet topped with Shrimp and Papaya Salsa, Mesquite Grilled Seafood Plate with Lobster, Snapper, Shrimp and Vegetables

Now Offering Free Transportation

Mata Chica will be closing for the month of September for renovations and employee vacations. Reopening October 1st!

* In our 36 ft...ambiance bar has a big lounge terrace where exotic cocktails and an eclectic music selection from live Dj's fuse together to bring you a unique atmosphere. Enjoy lunch or dinner by the pool.

Try our "Decadent" Chocolate Souffle!

RSVP 220-5010





Always make room for their decadent desserts, especially the Cracked Coconut, served with a deliciously smooth coconut ice cream in a gorgeous chocolate and coconut "shell".

But, no meal at Casa Picasso would be complete without treating yourself to one of their incredible desserts. It is difficult to choose from the tempting list of delectable delights. Menu items include Bananas Picasso, Key Lime Pie, Grand Marnier Creme Brûlée, and an amazing Cracked Coconut, which is a chocolate shell covered with toasted coconut filled with coconut ice cream.

Recognized by many popular travel publications, Fodor's deemed Casa Picasso "a restaurant not to be missed." For more information about Casa Picasso please call 226-4507 or visit their website at <http://ambergriscaye.com/casapicasso> "Dine artfully tonight" at Casa Picasso, you will be glad you did!

Casa Picasso's Mojitos:

Mojito magic doesn't end with the classic recipe of mint, rum, sugar, lime juice and soda water. By adding different fresh fruit juices the mixture of tangy mint, sweet sugar and pungent rum formed a marriage even the Car-

ibbean gods would bless. The pineapple mojito, considered the Casa Picasso signature libation, is the perfect blend

of sweet pineapple juice, tangy mint, sugar and rum. Light and refreshing, it is a tantalizing taste of the tropics.

Other tempting mojitos include watermelon, orange and mango.

Continued on Page 5



Be sure to enjoy fabulous pastas and tapas while listening to soothing music. Delight your taste buds with Casa Picasso's refreshing mojitos in a modern and classy dining environment.



San Pedro Fitness Club

POOLSIDE GRILL
OPEN DAILY 10 A.M. - MIDNIGHT

Weekend BBQ Specials!

- ◆ Two lighted tennis courts
- ◆ Poolside Wi-Fi accessibility
- ◆ Walk-in's Welcome!
- ◆ Air Conditioned Gym & Day Spa at Belize Yacht Club
- ◆ Air Conditioned Clubhouse available for private parties
- ◆ Contact gym office at BYC, 226-2683

A Truly Divine Experience

This elegantly appointed restaurant features both outdoor seating and indoor air-conditioned split level dining with high ceilings, local artwork and more. Our wonderfully decorated lounge invites you to enjoy the Island's largest selection of drinks, cool tropical cocktails and martinis.

El Divino

CARIBBEAN STEAKHOUSE & MARTINI LOUNGE

Dinner entrees include...

- Filet Mignon, Garlic Mashed Potatoes with Cabernet Wine Sauce
- Pork Chops, Steak, Fries and Warm Apple Chutney
- Pan Seared Grouper, Garlic Mashed Potatoes with Grapefruit Beurre Blanc
- Steamed Local Lobster Tail with Saffron Risotto
- Sautéed Snapper over Black Bean Salsa with Caribbean Citrus Sauce
- Sautéed Shrimp, Herb Pesto Couscous and Flavored Oils

For lunch enjoy...

- Chilled Gazpacho Soup with Shrimp
- Sirloin Burger with Fries
- Fish Fillet Sandwich
- Broasted Chicken Breast Sandwich

Start the day with...

- Eggs Benedict with Smoked Ham
- Belizean Banana Pancakes
- Apple Cinnamon French Toast

Also Offering Daily Specials

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(Located Straight Down From The Airstrip On The Beach!!)



Azul Resort/Rojo Lounge

Azul Resort, located five miles north of San Pedro, was designed to have a casual atmosphere where people can socialize and relax and at Azul's Rojo Lounge, the menu was designed with the same goal in mind. Boasting a Tropical Lounge Cuisine, menu items marry all that the Caribbean has to offer, blending stimulating flavors of succulent fruits, organic home grown herbs and vegetables, fresh seafood served "straight out of the back of the boat," each meal is a blissful matrimony of seductive flavors. According to owners Jeff Spiegel and Vivian Yu, meals at Rojo are served with "share plates," a few dishes at a time, with the idea being that there are few things better at fueling good conversation and good times, than sharing good food and drink with friends.



The Cashew Crusted Lobster Stuffed Grouper and the Cashew Pesto Seafood are a must and just a taste of what this fantastic restaurant offers. The grouper fillets were stuffed with lobster, onion, bell peppers and a blend of spices, then coated in cashews and baked until golden. It was then drizzled with both a mango chardonnay sauce and mango rum glaze. Truly a taste of local seafood at its finest, and a flavor

Azul/Rojo Lounge offers some of the most flavorful fresh salads and inventive bocas, and thoroughly indulgent tropical cuisine - all in a romantic, lounge-like ambience, at one of the most beautiful, unspoiled beaches up north! Be sure to try their famous ginger mojitos and Rojo Rojitos!

sensation beyond words, you must simply try this meal to experience how

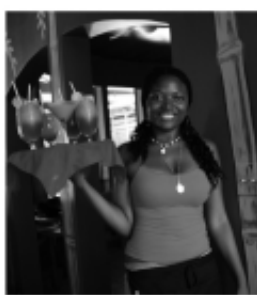
remarkable it really is. The Cashew Pesto Seafood Linguine takes on a Caribbean twist by incorporating local cashews, rather than pine nuts, in the pesto sauce. Along with the cashews the sauce consists of lots of fresh garlic, extra virgin olive oil and fresh, locally grown basil. The linguine is served topped with shrimp and tender, juicy lobster sautéed in garlic and white

wine, freshly grated parmesan and cracked black pepper. As a tropical departure from a classic Italian dish, this meal is a true testimony to the perfect union of fresh seafood and pasta.

In November, Azul Resort was selected as one of the "20 Best Escapes of the Winter" by Travel and Leisure magazine. Azul Resort sees a bright and busy future. There is no doubt that they will continue to be recognized for their outstanding hospitality and gourmet cuisine and *The San Pedro Sun* takes this opportunity to congratulate Jeff and Vivian on their success and prosperity!

**ROJO
LOUNGE**

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The San Pedro Sun's

Virtual Taste Trip



Banana Coconut Cream Pie

There is no reason to decide between banana cream pie and coconut cream pie with this delicious two-in-one recipe.



Original recipe yield: 1 (9-inch) pie.
 Prep Time: 25 Minutes
 Cook Time: 10 Minutes
 Ready In: 4 Hours 35 Minutes
 Servings: 8

Ingredients:

- *1 (8 inch) prepared graham cracker crust
- *3 tablespoons cornstarch
- *1 1/3 cups water
- *1 (14 ounce) can Sweetened Condensed Milk (NOT evaporated milk)
- *3 egg yolks, beaten
- *2 tablespoons butter or margarine
- *1 teaspoon vanilla extract
- *1/2 cup flaked coconut, toasted
- *2 medium bananas
- *Lemon Juice
- *Whipping cream, whipped

Directions:

- *In heavy saucepan, dissolve cornstarch in water; stir in condensed milk and egg yolks. Cook and stir until thickened and bubbly. Remove from heat; add butter and vanilla. Cool slightly. Fold in coconut.
- *Slice bananas; dip in lemon juice and drain. Arrange on bottom of pie crust. Pour filling over bananas; cover.
- *Chill 4 hours or until set. Top with whipped cream. Garnish with toasted coconut and sliced bananas (optional). Store leftovers covered in refrigerator.

Language can link us with other cultures, no matter how foreign the tongue may be. In an effort to share this form of communication with our audience, *The San Pedro Sun* proudly presents – Words of the Week.



This week, we will present a few phrases in English and give you their Creole and Spanish translations.

Special thanks to Sylvana Woods for her help with the Creole translations. Enjoy!!!

English
Creole
Spanish

I forgot the name of the street.
 Ah noh memba di nayhn a di schreet.
 Olvide el nombre de la calle.

English
Creole
Spanish

I'm looking for my friends.
 Ah di luk fi mi fren dehn.
 Estoy buscando a mis amigos.

English
Creole
Spanish

It's not my fault.
 Da noh bikaaz a mee. / Da noh fi mi faalt.
 No es mi culpa.

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Condos/Homes & Commercial Property

- Mayan Princess - Located in the heart of San Pedro. Well maintained, good management. (G17) Unit 3 - beach front, lower level condo. \$110,000.00 US.
- (D15) Unit 14- beachfront, second level condo. \$135,000.00 US
- Esmeralda Apartments (F18) Two apartment building, Esmeralda area close to the Tennis Club, two large units 3bedrooms/3 baths and 2bedroom/1bath. Good rental producer. Fenced yard, security bars. \$285,000.00
- Residential and Rental property in San Juan! (A21) 50' x 75' lot, two story concrete house with (7) rental rooms and two bedrooms/one bath owners apartment. Very fairly priced at only \$350,000.00 BZ or \$175,000.00 US.
- Residential Near Town (O9) Cozy one bdrm/one bath, well maintained home west of airstrip with rental income. Excellent price at only \$99,500.00 US

Raw Land

- Flying Fisherman (D16) lot 300' off the beach, measures 50' x 78'. Only \$22,000.00 US
- Alta Mar (S45) - 100' x 100' nice parcel in residential area. Priced at \$85,000.00 US.
- Habaneros Beachfront: Beautiful beach front lots with high elevation and lush vegetation. (H30) 150' of beach frontage and a depth of 435'. \$345,000.00 US
- (Z02) 90' of beach frontage with a depth of 400'. \$225,000.00 US
- Santa Rita (H32) Lot 18 - 50' x 110' - 3rd row - \$20,000.00 US
- Paradise Coves (B36) good sized lot 3.5 miles north of San Pedro - great location- 121' x 98'. \$25,000.00 US.
- Club Caribbean - off the beach lots starting at \$15,000.00 US.
- Holiday Lands (M53) Parcel 2615 - measures approximately 78' x 72', only two rows off the beach. Asking price \$60,000.00 US.
- Robles (S54) Lot 14a-Drive your boat up to your doorstep to this beautiful beachfront lot, lush with vegetation. Lot measures 80' x 204' & is priced to sell at \$160,000.00 US.
- Robles (D19) Lot 23a measuring 100' of beach front x 360'. Asking \$119,000.00 US
- Robles (D20) Lot 44 measuring 50' of beach y front x 270'. Asking \$74,900.00 US
- Corozal Town Center (R31) 7 1/2 Acres of prime real-estate, road accessible on 3 sides, beautiful mature trees, cleared & ready to develop all amenities available. \$110,000.00US
- Caye Caulker (H34) 1000' of water frontage (2 acres) just across the Split. Prime location and a gorgeous piece of property. Asking \$1.2 million USD.



The Cicada

Weeee-oh, weeee-oh, weeee-oh, weeee-oh, weeee-oh, weeee-oh - from late afternoon to dark, the male Dog Day Cicadas call from their perches in the trees, to attract a mate. Starting in mid-summer and continuing for about two months the chorus of these noisy insects is an unmistakable sign of the season.



Producing their shrill buzz takes a lot of work; why do they practically stop? Because they are tired!

Cicada, pronounced suh KAY duh or suh KAH duh, are large, heavy bodied, sucking insects that are found around the globe. They are darkly colored with four thin wings that they fold over its body like a roof. It has a wide head and short, bristle-like antennae (feelers). There are about 2,000 cicada species distributed throughout the tropical and temperate regions of the world.

All cicadas and their relatives in the order Homoptera (e.g., leaf hoppers, aphids, and scale insects) have long, narrow mouthparts (top and right) that they plunge, hypodermic-like, into plant parts. Cicadas belong to the cicada family, Cicadidae. The most common cicada belongs to the genus Tibicen. They are known as dog-day cicadas, or harvest flies, because it is particularly active in

Continued on Page 8



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Junglistic 3 Night Package: ONLY! \$425.00US per person: Includes round trip road transfers between Belize City and duPlooy's, double occupancy accommodation, meals, taxes & gratuities. Site entrances not included.

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Backpack Special: Share a bath & stay for \$45.00us/night plus tax & gratuity (10%) for your room (3 night min.) Treat yourself to a resort style getaway for a remarkable price!!! (3 nights minimum)

ALL PACKAGES & SPECIALS IN THIS FLYER INCLUDE 10AM SHUTTLE FROM SAN IGNACIO & 4PM SHUTTLE TO SAN IGNACIO.

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Why duPlooy's Jungle Lodge?

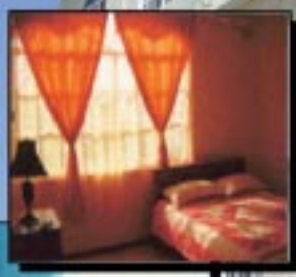

- Beautiful riverside location with canopy walkway
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Sunday Mornings...

- ☐ Breakfast Buffet on The Veranda From 7:00 am to 11:00 am
- ☐ Music by Barbara Alfonso Brown
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Full grown nymphs shed their skin, emerging as an adult.



the hot, humid "dog days" of August. It takes from four to seven years for a dogday cicada to develop from an egg into an adult. But some adults are seen each year, because different broods (groups of young) develop at different times. Dog-day cicadas are large, very dark, and often have greenish markings. Periodical cicadas belong to the genus *Magicicada* and are found only in the United States, east of the Great Plains.

The female cicada lays her eggs on the twigs of trees and shrubs. She places the eggs in small holes that she makes with a saw-like organ near the tip of her abdomen. The twigs are usually so badly injured by the process that the tips of the twigs die, but generally they leave no lasting damage. In a few weeks, the eggs hatch and young cicadas called nymphs appear. They fall to the ground where the cicada nymphs burrow underground and feed on sap from plant roots. After spending many years in the soil, the full-grown nymph digs its way to the surface and climbs a tree or some other object. It sheds its skin, and emerges as an adult. Several thousand emerge as a "brood" at a time. After they have bred and died, they leave the area littered with twigs and leaves that were damaged when the females laid their eggs. The remains of cicada bodies may lie so densely on the ground that there is a smell of decay, but the bodies provide good nutrients for the soil. Cicadas own the reputation of being the loudest animal in the world. Their sound can be heard up to a half mile away (400 meters), and some have been measured at 100 decibels, which is loud enough to be heard over a lawnmower! The adult males have a special muscle attached to them and by rapidly contracting and relaxing the muscle - up to 400 times per second - the tymbal is "popped" back and forth,

much like pushing down and then releasing the top of an empty pop can. The sound is greatly amplified with air filled resonating chambers. The cicada's special muscle gets tired af-

ter a while and the insect then stops to rest. This is what happens when you hear the buzz of a cicada sputter to a halt. Cicadas have three different mechanisms for producing their song ranging from the specialized tymbal structure to stridulation (by rubbing together certain parts of the body) and simple wing clapping. The sound attracts females or calls large numbers of males together. The cicada is also a proficient ventriloquist, making it hard to locate the actual source of the noise. Each species of cicada has its own song and most will produce a short "protest" sound if they are disturbed. All this noise is risky business for the male

because it advertises his presence to predators also! They have many predators and the animal world "pigs out" on the cicada feast. Particularly, songbirds make good use of the bonanza, and their young are well supplied with the nutritious insects. Moles are said to flourish on the fully grown nymphs in the weeks prior to emergence. Other wild animals that enjoy the advantage include snakes and spiders. Dogs and cats may also avail themselves of the cicada smorgasbord. It does them no harm, although if they eat too many they may have some difficulty digesting a surfeit of cicada skins. Cicadas

Continued on Page 9

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Cicadas are low in fat and high in protein, which many people consider a delicacy.

do not have any special defense other than camouflage or flying away from danger. By emerging in great numbers over a short period of time, they succeed by overwhelming the predators with choices. Enough will always survive to ensure the production of the next generation.

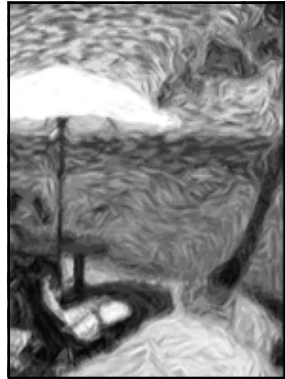
It is said that cicadas make good eating because they are low in fat and high in protein and many people around the world consider them a delicacy. The European settlers in North America observed the Indians eating them. Experts say that the best way to eat cicadas is to collect them in the middle of the night

as they emerge from their burrows and before their skins harden. When they are in this condition—like soft-shell crabs—they can be boiled for about a minute. It is said they taste like asparagus or clam-flavored potato. In China, male cicadas are kept in cages in people's homes so that the homeowners can enjoy the cicadas' songs. The ancient Greek revered this insect and the Chinese made jade cicada amulets. These amulets were placed under the tongue of the deceased to induce resurrection. This symbolism comes from an observance of immature cicada emerging fresh from their molded skins.

Cicada Fun Facts!



- ▶ Cicadas are the **loudest insect** - their sound can be heard up to a half mile away (400 meters)!
- ▶ Scientists believe that the **large numbers of cicadas** in a periodic species is an evolutionary adaptation to ensure survival of the species - there are too many of them to be eaten before they produce their eggs.
- ▶ They are **not dangerous**, generally speaking - except when they startle you! Adult males make a **loud defensive buzzing** or cawing sound that can startle, but they are harmless.
- ▶ Cicadas are **not poisonous** - many animals make a happy meal of these insects.
- ▶ **Adult cicadas** live for thirty to forty days.
- ▶ **Adult cicadas** are flying, plant-feeding insects.
- ▶ **Larva** eat the sap of tree roots, for years.
- ▶ Their internal "**clock**" signaling the end of 13 or 17 years is a mystery to scientists.
- ▶ Cicadas **naturally climb upwards** after they come out of their holes in the ground. They climb and at random points they will molt.
- ▶ **Molting** is the process of shedding their exoskeleton by splitting open the back of their brittle exoskeletons and wiggling out.
- ▶ The **small eggs** take six to eight weeks to fully mature. At the end of the maturation period, the nymphs drop down to the ground and they immediately start their descent.
- ▶ The **new nymphs** burrow 2 to 18 inches (5-46 cm) down below the surface to find a tree root to feed on.



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The Dragon Fruit

The Pitahaya, also known as the Dragon Fruit, or Strawberry Pear, is a stunningly beautiful fruit with an intense color and shape, magnificent flowers and a delicious taste. The fruit is of several cactus species, especially of the genus *Hylocereus*. Once only seen in the finest restaurants, it is fast becoming common-place throughout markets as a garnish and a delicious fresh fruit. The round, often red colored fruit is covered with prominent leathery scales – thus it is commonly known as “Dragon” fruit. Within the thin rind is a large mass of sweetly flavored white or red pulp peppered with small black seeds. Some varieties are pinkish or yellow. The most commonly seen in San Pedro is the fuchsia colored Pitahaya. The exact origin is unknown, but it is considered native to Central America and is cultivated around the world in tropical regions.

This cactus may be terrestrial or epiphytic (similar to orchids which grow on another plant). Its heavy, three-sided, green, fleshy, much-branched stems with flat, wavy wings having horny margins, may reach 20 feet (6 meters) in length. They arch over rocks or bushes, climb and form dense masses in trees, and cling to walls with their many, strong aerial roots. The Pitahaya is rich in Vitamin C and water soluble fiber and is also claimed to have a high nutritional and



Cocktails with Pitahaya? Why not? The delicate sweetness of this fruit, with ice, a bit of rum, a mixture of other fruits and syrups creates a sinfully delicious drink that simply refreshes.

medicinal value. Some say that it has the functions of improving eyesight and preventing hypertension.

However it grows, the Pitahaya is growing in popularity. There are countless recipes that include this delicious fruit, including drinks and sauces and even desserts! It is also popular eaten chilled; simply scoop out the flesh and enjoy it fresh and cold.



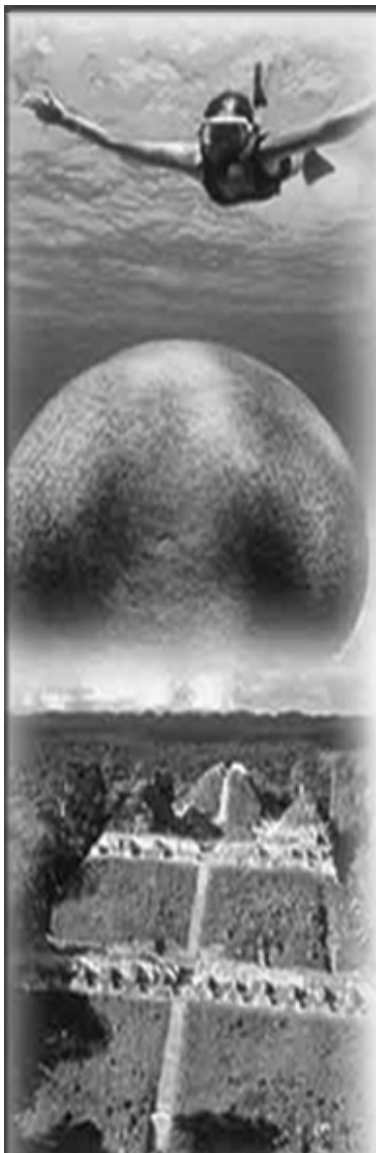
The Pitahaya can be enjoyed fresh and chilled and scooped straight from it's rind, similar to canteloupe or a watermelon. Mixing it fresh with some yogurt and cereal for brunch makes for an exotic and tasteful dish.



Some creative dragon fruit recipes include a healthy brunch of yogurt, cereal and the fruit itself, which lends its mild sweet flavor for a refreshing dish. For lunch, several dishes can accompany the fruit, including pork dishes, sweet and sour shrimp, and delightful kebabs. Special thirst quenching drinks can be made with this fruit. Mixing it with rum and a secret

combination of other condiments can make an utterly refreshing cocktail. Even without rum, blending it with ice and some delicious syrup can make for a summertime treat.

The Pitahaya fruits are sold in supermarkets around San Pedro and at several fruit stalls; be sure to pick some up today, and indulge your taste buds with something new!



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A New Golf Cart

"Hey, Nancy. Would you like a ride?"
 "Sure. Where are you off to?"
 "I'm going down to the post office," I said. I only have to make one stop on the way at Captain Shark's. I need some brake shoes for Dulce's golf cart."
 "Oh, that's great," she said. "Ted will be finished moving all of our household goods from Canada soon. I want to shop for a new golf cart for him before he gets here."
 "James has some nice carts at Shark's," I told her. "I just wish I could afford one."
 At Captain Shark's James said, "Let me show you this one that I just got in yesterday."
 "Oh, that's nice," Nancy said. "That's a beautiful shade of red."
 "It's already fitted with a lift kit and big wheels. It has a satellite radio and a GPS."
 "I want it," Nancy said. "How much is it?"
 James said, "I'm sorry, but this one is already sold. Demand is so strong for these new ones that I won't be able to get them for a while. I'll tell you what, though. If you give me a deposit, I guarantee to have it in by December 1st."
 "So I can pick it up on December 1st?" Nancy asked. "Will it be ready in the morning or the afternoon?"
 "What difference does it make?" James asked.
 Nancy said, "Well, BTL is coming to hook up the phone that day."

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Trivia Tidbits

*In 1500 B.C. in Egypt, a shaved head was considered the ultimate in feminine beauty. Egyptian women removed every hair from their heads with special gold tweezers and polished their scalps to a high sheen with buffing cloths.

*The Sun is about midway in the scale of star sizes, but most are smaller ones. Only five percent of the stars in our galaxy are larger than the Sun. (That's five billion larger stars, however.)

*The Earth rotates on its axis more slowly in March than in September.

*Florida averages the greatest number of shark attacks annually — an average of 13.

*The United States Department of Agriculture reports that the average American eats eight-and-a-half pounds of pickles a year. Dill pickles are twice as popular as sweet.

*The highly seasoned stew of meat or fish called ragout (rhymes with "blue") is prepared without vegetables. The name is derived from French and means "to restore the appetite of."

*Honey is the only food that does not spoil. Honey found in the tombs of Egyptian pharaohs has been tasted by archaeologists and found edible.

*The substance that human blood resembles most closely in terms of chemical composition in sea water.

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 - 1 bed balcony suites \$57,500.
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 - 2 bed 3 bath fully furnished \$395,000.
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Menu selections include: Jerk Seared Sea Scallop Crouton, Smoked Oyster Bruschetta, Spinach Pesto Goat Cheese Salad, Rib-Eye Steak Argentino, Almond Nut Crusted Grouper, White Chocolate Pudding laced with a cardamom anglaise sauce, Strawberry & Mango Ice Parfait.

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Belize Tourism Board - 223-1910.
Belize Tourism Industry Association (BTIA) - 227-5717.
San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.
Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

IMPORTANT #s

Emergency 911
Crimestoppers 800 922-TIPS
Police 226-2022
Fire 226-2372

Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.

Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

Los Pinos Clinic 602-6383 and 226-2686.

Dr. Lerida Rodriguez: 226-2197 or cell 620-1974

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 227-7161

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

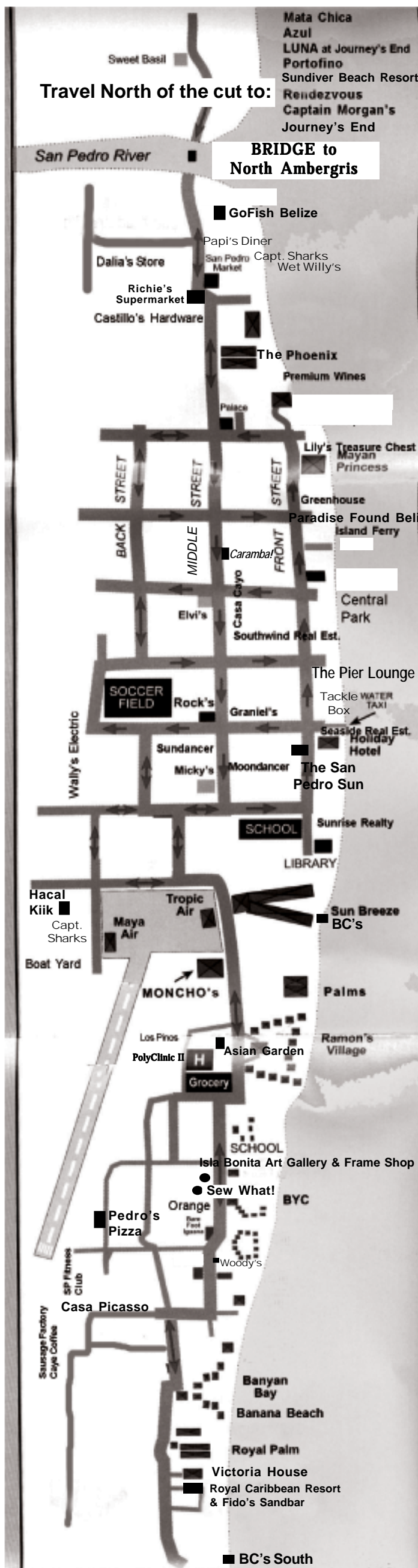
Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause - have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



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