

THE SAN PEDRO SUN VISITOR GUIDE

December 6, 2007

FREE

The Island Newspaper
Ambergris Caye, Belize
Central America



Vol. 17 #47



Chill by Day - Party at Night!

Jaguar's Temple Nightclub -
Dance, sing, have fun! It's the best place to enjoy an entertaining night out with friends.

The Palapa Bar - *Enjoy the al fresco party atmosphere in Tres Cocos. Enjoy the best views from the open air bar, while idling a hot Sunday afternoon away.*



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Greetings to my visiting friends

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures.



Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave systems and

many natural sanctuaries that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor,
San Pedro Town

The San Pedro Sun is mailed everywhere.

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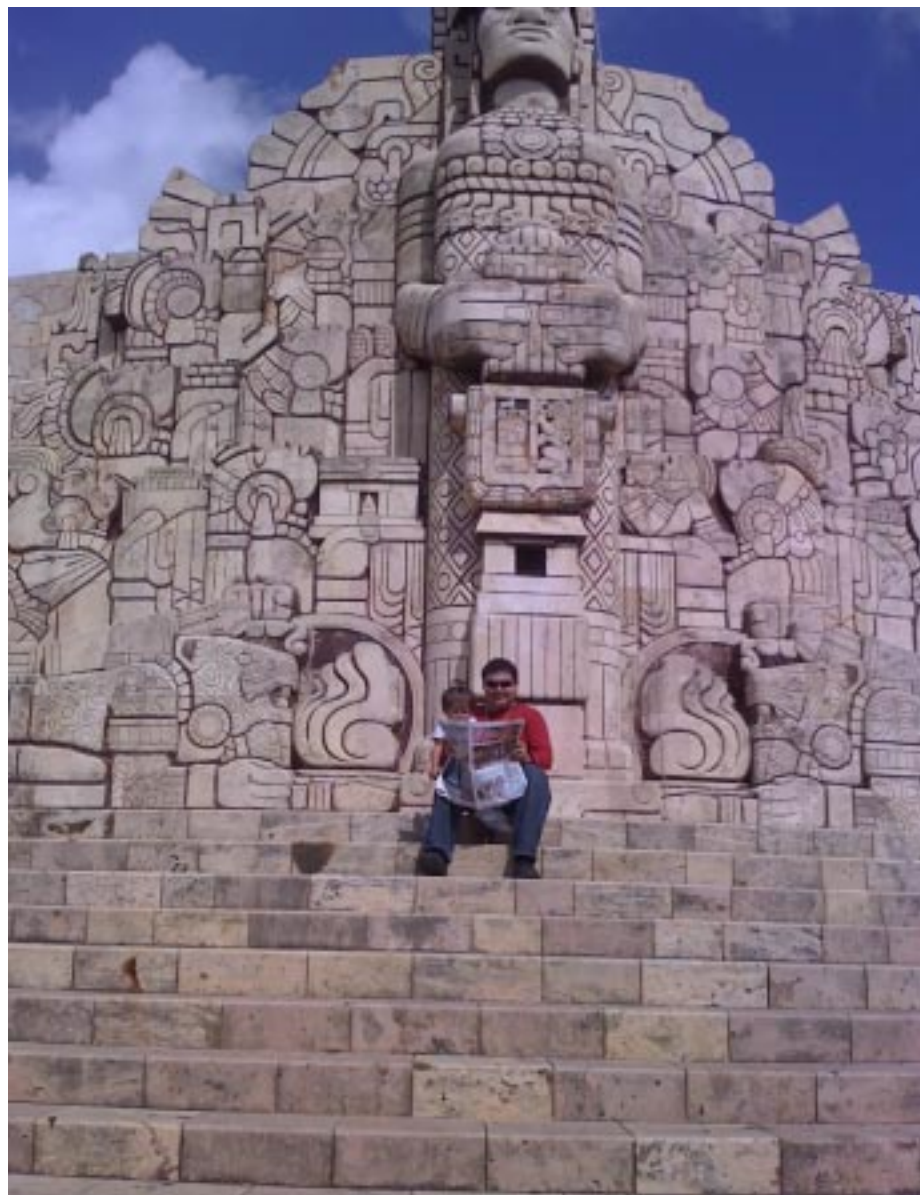
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More foreign subscribers than any newspaper in Belize!

Where did you read your San Pedro Sun?

Where did you take your *San Pedro Sun & Visitor Guide*? Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net



Carlo Rivero, spent some time in Merida, Yucatan, and took the opportunity to snap a shot with *The San Pedro Sun* while on La Glorieta at Avenida Montejo y Prolongacion Montejo, where Mexican history is explained through the hieroglyphics.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

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The Palapa Bar - an al fresco party stop!



What are you hungry for? Let the aroma of Scotty's smoker guide your way! Thirsty? Be sure to get an ice cold one from either Miguel or Orlando.

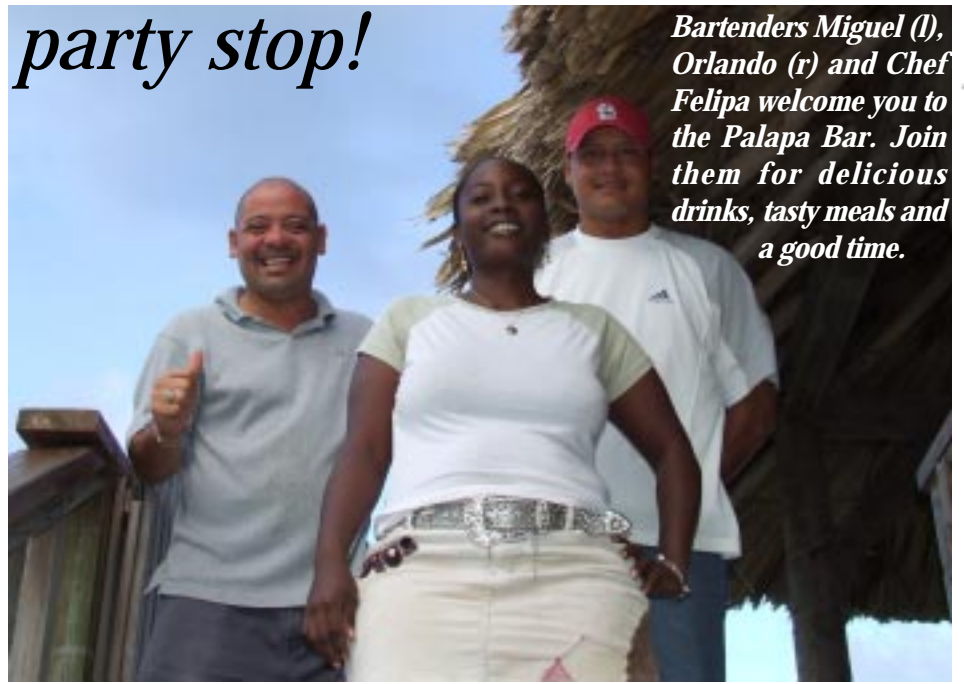
On the outskirts of town, past the San Pedro Bridge, unto the Tres Cocos Area, hidden in time, lies an oasis, remembered by many and re-discovered by all. The Palapa Bar, with its

quaint charm above the turquoise waters, offers hot and delicious foods plus icy cold thirst-quenching drinks.

Getting there is not hard; you could

Continued on Page 4

Bartenders Miguel (l), Orlando (r) and Chef Felipa welcome you to the Palapa Bar. Join them for delicious drinks, tasty meals and a good time.



Whispering Waves

Luxury Condominiums Off The Coast of Belize's Breath-Taking Ambergris Caye Island

Whispering Waves is an exclusive community of 11 luxury condominiums, conveniently located in Boca Ciega approximately 2 miles south of San Pedro, in Belize. Relax and lose yourself in the ambience of this cool Caribbean island setting with your very own private piece of paradise. The complex has two and three bedroom beach front and beach view condos ranging from 1250 to 2000 square ft. Each condo is elegantly furnished and includes everything a Whispering Waves owner will need, including appliances, dish ware and more. All condos also come equipped with central air, a washer/dryer, stainless steel kitchen appliances and WiFi internet service.

But being in Belize is all about the sun, the water and the people. Whether your idea of paradise is sipping a Piña Colada in the uniquely designed pool's swim-up bar, or exploring the enchanted waters of the multi-hued Caribbean Sea, we have gone to the utmost length to ensure that owning and vacationing in your Whispering Waves condominium will look and feel like a vacation in an exclusive five star resort. You won't be disappointed!

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The Palapa Bar Continued from Page 3

even take a leisurely stroll up the beach to get there. Whether by foot, bike, golf cart or boat, Palapa Bar awaits with its friendly staff, ready to pamper you for the afternoon. Bartenders Miguel and Orlando can whip up any drink your taste buds desire. Want just a regular Belikin beer? Palapa Bar has the coldest; how about something fruity - Miguel is there ready to prepare only the best with the freshest fruits available. Our fun jaunt

up to Palapa bar started off quite well, as we're primed with our first drinks of the day. The Michelada was calling, and what a Michelada that was! Between the tartness and spiciness, that Belikin went down a whole lot better. The Margarita, on the rocks with salt, had just the right mix of Tequila and lime. Andale! For our daily dose of fruit, the Banango was a great choice, combining banana and mango with local rum,



A good time can be had at the Palapa Bar. Bring the family, enjoy a nice dip in the sea, play on the beach and feed your tummy. All in one place, the place to be - Palapa Bar.



Leave your imprint at the Palapa Bar. All over the walls, stools, floors, counters are signatures and quotes from visitors, friends and patrons of the bar, all leaving a mark. Come write your name, date and quote, leave your imprint for life.

making for a fruity, delightful cocktail that was just right for a hot and steamy Belizean afternoon.

Once our lunch was ordered we took in the amazing views of the sparkling Caribbean Sea. Nestled above the wa-

ter, with a wraparound verandah, Palapa Bar offers an airy view, with no mosquitoes. Sit and enjoy as you watch the boats, skiffs and barges amble or speed by. At the same time, bask in the

Continued on Page 13

Southwind

Serving San Pedro since 1980!

PROPERTIES

We at Southwind Properties specialize in the listing & sale of fine island properties - Homes, Condos, Hotels, Commercial, Income-Producing Properties & Land for homes or large parcels for development. Be sure to meet with Marianne, Eduardo or Claudio to discuss your particular needs. Southwind Properties prides itself in being there full-time for full service and full disclosure for all your real estate needs. Call 226-2005/2060 or e-mail info@southwindproperties.net for more information.

Commercial/Condos/Homes

Belizean Shores Resort - (C51) Upper unit 4B! 1 bed/1 bath with loft, beautiful hardwoods throughout, 150' from sea with incredible view. Fully furnished. **\$269,000.00 US**

Belizean Shores Resort - (H39) Looking for an investment... a piece of paradise... a one bedroom condo at Belizean Shores is now on the market for your serious consideration. **\$210,000.00 US**

Beach'n Kitchen (W30). This popular restaurant is new on the market. With an excellent location between the beach and the main thoroughfare connecting town center with the exclusive areas to the north, the restaurant has proven to be a successful business with a clientele of both tourist and residents. This thriving business comes fully equipped. Asking price **\$200,000.00 US**. Cash only.

Caribbean Beach Front Property (M63) - Dream home on large, beautiful beach front lot situated at Paradise Coves, only 3 miles north of San Pedro Town. Lot measures 87' x 143' with road access and all amenities. Priced at **\$650,000.00 US**.

Raw Land

Palmero Point Beach Club (N21). Large residential lot with guaranteed ocean view and pier access. 80' x 100' only **\$70,000.00 US**

Esperanza (B41) Gorgeous beach front acreage with prime location. Ideal for beach front hotel or condo project. 300 feet of beach frontage with 4.6 acres in all. Price **2 million USD**

Playa Blanca (C50) 2-3rd row lots 6 miles north. Together approx. 100' x 100'. **\$90,000.00 US**.

Ambergris Bay (G41) Beach front parcel measuring 50' of beach frontage x 82' of depth. Priced at **\$75,000.00 US**.

Ambergris Bay (P54) Beach front parcel Measuring approx. 124' water frontage x 80' x 109'. **\$105,000.00 US**.

Palm Bay Club (T38) Lot #61 - Great opportunity- the only second row lot on the market, measuring 100' x 92'. Asking price **\$25,000.00 US**.

Santa Fe (M64) 5.5 miles north - second row lot accessible by boat & golf cart & within electricity. 70' x 180'. Price- **\$85,000.00 US. REDUCED \$69,000.00 US**

Ambergris Bay (Z03) Large beachfront parcel 140' x 184' of depth. **\$175,000.00 US**.

Ambergris Bay (H35) Beach front lot approx 60' x 80'. **\$90,000.00 US**.

Escalante Subdivision (A18) - Lot is 50' x 75' **\$50,000.00 US**

Caye Caulker (J25) 4 acres with 240' of beach front, beautiful cleared & filled land. **\$425,000.00 US**.

Robles (N12)- 3 side by side off the beach lots each 92' x 190' for **\$60,000.00 US** each

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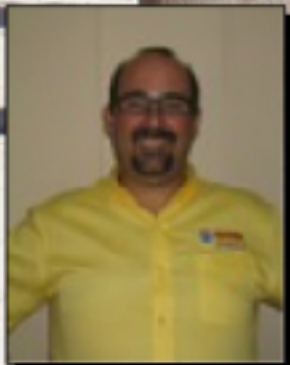
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Jaguar's Temple Nightclub – dance the night away!

Some still remember it as Tarzan's Night Club. A jungle themed club with great music and all the mixed drinks you want. Well not much has changed since then or has it? The name is no longer Tarzan's - but carrying on in the Jungle theme, Jaguar's is the place to be for nocturnal fun. Centrally located on Barrier Reef Drive, Jaguar's awaits you with the best in laser light shows, music, and drinks.

Jaguar's has much to offer in the area of night time entertainment. Every Thursday is Karaoke night, where all singers receive a free jungle shot. What are you waiting for? If you sing leisurely, none at all or just in the bathroom, then come belt out your favorite tunes at Jaguar's Temple. Besides, after a few shots...er...songs...everyone sounds absolutely wonderful!

Continued on Page 11



With trippy light shows, a wide range of tunes and surprise appearances and performers, Jaguar's keeps the crowd interested and invigorated. With their grand reopening this past weekend, they set a new standard for entertainment, and it is always for the over 18 crowd. Also a fun way to start off your night is at the Rehab Lounge, the outdoors bar next to the club, before hitting the club at its usual hyped hour (usually around or at midnight!).

Local & International Cuisine

Why not explore the other side of San Pedro? If you do, you'll find a great dining location over the water, serving fantastic food and tempting Caribbean cocktails and martinis - all at affordable Belizean prices!

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IMPORTANT #s

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Crimestoppers 800 922-TIPS
Police 226-2022
Fire 226-2372
Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.
Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.
Los Pinos Clinic 602-6383 and 226-2686.
Dr. Lerida Rodriguez: 226-2197 or cell 620-1974.

San Pedro Chiropractic Clinic 226-4695
Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854.
 Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 822-4011

Labour Office - 226-2700 (Open 8am - 5pm, Mon. - Fri.)

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

San Carlos Medical (MD & Dentist Services) - 7:30am - 9:00pm, 226-2918

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat. Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.

Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-St.-Sn. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

The Church of Jesus Christ of Latter Day Saints - Sunday Service: 9:30 am, Wednesday Scripture Study 7:00 pm. 17 Lagoon St. (between the bakery and the bridge).

San Pedro Community Church - meets Sundays at 10a.m. at the Ambergris Elementary School. All Are Welcome.

Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause - have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net /226-2833

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.

CARE BELIZE - Children's Specialist, San Pedro. 622-8200

SP Town Library - 206-2028

Guide to Isla Bonita



Tourist Information

Belize Tourism Board - 223-1910.

Belize Tourism Industry Association (BTIA) - 227-5717.

San Pedro Tourist Guide Association 226-2391.

Water, Sports & Tours

SAILSPORTS BELIZE - Windsurfing, kite sailing and sailing. The latest equipment and expert instruction makes it easy to learn. 226-4488 info@sailsportsbelize.com.

GRUMPY & HAPPY - Snorkeling - private snorkel tours - just you on the boat, no set schedule! Visitors with special needs and children are welcome. Call 226-3420 or 672-1234. Visit www.grumpyandhappy.com, or Email: info@grumpyandhappy.com.

Real Estate...

SEASIDE REAL ESTATE - Many listings, from raw land to beautiful beachfront homes. We can help you own a piece of paradise. Call 226-4545 or E-mail ambergris@btl.net

SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

SUEÑO DEL MAR - Paradise has a new address! Located on Barrier Reef Drive (Front Street), across from Fido's Restaurant. 8:30AM to 5PM, www.dreambelize.com, Phone: (US #) 719-302-5398, (Belize #) 011-501-226-4001.

INVEST IN BELIZE - Call for Appointments and pickups. 226-4000 or www.investinbelize.com

RE/MAX Isla Bonita, located at 10 Coconut Drive, San Pedro. 226-4400 e-mail: info@owninbelize.com or visit our website at www.owninbelize.com

Transportation...

ISLAND FERRY SERVICE & WATER TAXI - Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

CRYSTAL AUTO RENTAL - Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

Services...

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Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m.-9:00 p.m. Barrier Reef Dr. 226-2014.

PALAPA BAR AND GRILL - The Coolest Place, North of Bridge. Drink & Dine out over the Caribbean waters with cool breezes and no mosquitoes. Specialty is a BBQ, Slow Smoked, Pork Sandwich and Fresh Caught Fish Tacos. Open 7 days, Happy Hour Drinks 4 - 6 226-3111.

ROADKILL BAR - For a GREAT time! Mondays with Dennis Wolfe and Caroline's BBQ. Enjoy happy hour from 2pm - 6pm on Thursdays and Sundays. BBQ Lunch on Saturdays. Across from Crazy Canucks, open daily from 12 - 12.



Dining Out...



MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday - come try our Maya Buffet. Open Monday - Saturday. Lunch: 11:00 a.m. - 2:00 p.m. Dinner: 5:30 p.m. - 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. **DELECTABLE SEAFOOD SPECIALTIES** for dinner. **OUTDOOR & INDOOR DINING** 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT - On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

PAPI'S DINER - The place for fine food at diner prices. Taste the Caribbean. Call 665-4506.

MICKY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m.

for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL - Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at BANANA BEACH - Serving breakfast, lunch and dinner from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

PORTOFINO RESTAURANT AND GREEN PARROT BEACH BAR - Meet our boat at 6:30 p.m. at Fido's Dock for a complimentary ride to one of the best culinary experiences you will have while in paradise. For reservations, call 220-5096.

SUNSET GRILL - Offering local and international cuisine. Open 7 days a week for lunch and dinner. Located on the lagoon side. 226-2600. Come by at sunset and help us feed the tarpons!

JUNGLE JACK'S - International and Local cuisine featuring AWESOME hamburgers. Serving lunch and dinner with daily specials. Open 11:30am - 2:30pm and 5:30pm - 9:30pm. Located across from the Belize Bank. Call 226-2639.

RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226 3426 for reservations and transport options.

CASA PICASSO TAPAS + MARTINIS - Small plates, big pastas and fantastic desserts! "Hippest martini spot" - *Frommer's*. Nightly 5:30pm, closed Sundays. reservations 226-4507.

RICO'S SURFSIDE RESTAURANT - A truly unique dining experience on the beach at Banyan Bay. Serving breakfast, lunch and dinner daily. Phone 226-3739 ext. 135.

...Unique Offerings...

SAN PEDRO FITNESS CLUB - A/C Gym at Belize Yacht Club, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am Daily, 8am Sundays. 226-2683.

CAYE COFFEE - Take a taste of our locally roasted fresh coffee back home. A wonderful cup of coffee makes such a great difference in your day. Try it and ask for more. 226-3568.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods plus an exciting selection of groceries. A/C local on Barrier Reef Dr. 226-2084.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

GRANIEL'S DREAMLAND - Locally made furniture & accessories from all Belizean exotic hardwoods & Mahogany. On Pescador Drive, opposite Rock's, Call 226-2632, ext. 18 or 226-2938. Open Mon-Sat 8:30-12:00 noon & 1:00 to 9:00 p.m. & Sun 10-12 noon.

SUNDANCER + MOONDANCER - Unique boutiques featuring beautiful, quality clothing, jewelry and gorgeous gift items for both men (Sundancer) and women (Moondancer). Phone: 226-3126.

BELIZEAN ARTS GALLERY - Local art!

BELIZE MINI STORAGE / SELF STORAGE - Located in San Pablo. Elevated concrete construction and gated entry. Security. Water access and a great new boat launch ramp on site. Call 672-1234.

PINGUINO BELIZE - Fine Wine. Gourmet Olives, stuffed olives and spreads. Exclusively in belize. Free Tasting! 226-2930. pinguinobelize.com

Tuesday Nights...

- ☐ Beach Bar-B-Que From 6:00 pm to 10:00 pm
- ☐ Pool-Side Dining with Chicken, Pork-Chops, lobsters and fish
- ☐ Music by Wil and Dale

Friday Nights...

- ☐ Ramon's Caribbean Fiesta From 6:00 pm to 10:00 pm
- ☐ Seafood Kabob
- ☐ Live Music

Sunday Mornings...

- ☐ Breakfast Buffet on The Veranda From 7:00 am to 11:00 am
- ☐ Music by Barbara Alfonso Brown
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LIVE MUSIC
From 6:00 pm to 10:00 pm
Tuesday & Friday nights

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The Island's Leading Resort Facility
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Sea Power during the Age of Sail

by Robert Friedenberg

Russell Crow portrayed Captain Aubrey in the movie, "Master and Commander", which was adopted from Patrick O'Brian's books about the naval career of Jack Aubrey and his close friend Steven Maturin.

O'Brien's books are works of historical fiction that are based upon British Admiralty records. Jack Aubrey is a fictional character, but his voyages and battles were sailed and fought by real seamen under the circumstances and conditions that I will try to describe.

His books chronicle the role that sea power played in the formation of the British Empire that will, in a little more than a century, be the world's first global power with sway over roughly 25% of the world's population and the world's total land area.

After Nelson defeated the combined French and Spanish fleets at Trafalgar, the Royal Navy ruled the waves for the next century. Their Ships-Of-The-Line sailed to destinations on the far side of the world to expand and protect British interests.

The skills and logistics required to sail, provision, repair and fight their fleets on every ocean was a monumental task. There were sandbars, rocks, islands and other hazards to navigation that weren't marked on their rudimentary charts. They sailed around the world with sextant and chronometer

without the aid of Radar or GPS.

The only forms of communication were in person or by signal flags. There weren't any radios, telegraph or telephone, so how would a ship that left England six months ago know what was going on?

Was the sail on the horizon a friend or foe? Who could know if a war had broken out while returning from a long voyage to Australia?

Rear Admiral Popham developed the world's first alphabetic flag signal system. Flags one through nine were assigned to letters A through J. Two-flag hoists accounted for the rest of the alphabet.

Popham's code contained 6,000 set phrases and some 60,000 words, plus the capability to spell out words not included in the dictionary—such as the word "duty" in Lord Nelson's immortal signal at Trafalgar in 1805:

"England expects that every man will do his D-U-T-Y," the word "duty" being the only one not included in the pre-defined hoists.

It must have been murder for a young midshipman to learn these signals and even harder to read them from high above the deck on a yardarm in a bad weather or during a battle.

Where did they get the officers and men to sail their ships?

The officers came from the finest

families in England. They were usually second and third sons, who couldn't inherit the family estates unless their older brother died. The navy offered them an avenue to fame and fortune and in many cases, their share of the prize monies from captured ships and cargoes earned them their own estates.

The ranks were a different matter and in many cases the lower ranks were impressed, which is the act of forcibly

Continued on Page 14

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Jaguar's Temple Nightclub

Continued from Page 6



Inside Jaguars, the two level interior is ample enough to fit a spacious dance floor, two bars (one upstairs and one downstairs), comfy lounge areas, tables and chairs and great balcony views on both floors. A dance stage also adds to the drama of the interior.

Ladies' night is a perfect time to enjoy a night out with your best girlfriends!

Ladies listen up! Friday night is catered to you. All ladies enter free and there are free jaguar shots up to midnight. Being ladies' night, the DJ is at the women's disposal. What do you want to hear? What do you want to dance? Ask the DJ - he is there to play that fave tune for you. It's the perfect night for the girls, and you can shimmy with your diva girlfriends till dawn. With delicious cocktails, music to suit your taste, there's no better girls' night out than Ladies' night.

Continued on Page 14

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The San Pedro Sun Virtual Taste Trip Holiday Edition

It's perhaps the most daunting time for many cooks out there. Christmas is looming and treats have to be baked and prepared for the many little and not so little mouths that will soon be arriving to help partake and spread holiday cheer.

San Pedro is not so far behind with the preparations. Already, the decorations have been hung, some sort of plans made but not fully confirmed. It's time to think what treats will be on the table this year. In the Christmas arsenal of baked goods, cookies are a prime choice to keep everyone happy. Baking several different cookies can guarantee that even the pickiest eater will be satisfied. The San Pedro Sun teams up with some of the best sites and shows around to bring you the holiday cookie guide. We highly recommend using the freshest ingredients readily available in your corner grocery store.

While some of the items called for sound strange and unattainable, rest assured that there are places to pick them up from! From The Greenhouse (for practically ALL ingredients) to Island Supermarket (ingredients in larger quantities), to SuperBuy (non-flavored Gelatin) to Dalia's Store to other shops, you can find items that will make you the star of the holiday table this year.

Coconut Macaroons

(courtesy of Epicurious)

Ingredients

Butter and flour for preparing baking sheet and foil

1 large egg white

1 tablespoon sugar

1/4 teaspoon vanilla

1/8 teaspoon almond extract

3/4 cup sweetened flaked coconut

Preparation

Put oven rack in middle position and preheat oven to 300°F. Butter a baking sheet, then line with foil and lightly butter and flour foil, knocking off excess flour.

Stir together egg white, sugar, va-



nilla, almond extract, and a pinch of salt until combined, then stir in coconut. Divide coconut mixture into fourths, then drop in 4 mounds (about

2 inches apart) onto baking sheet.

Bake until tops are pale golden in spots, 15 to 20 minutes, then carefully lift foil with cookies from baking sheet and transfer to a rack to cool completely, about 15 minutes. Peel macaroons from foil.

(Each cookie contains about 74 calories and 5 grams fat.)

Tipsy Turtle Bark

(courtesy of Epicurious)

Who can resist rich chocolate with roasted pecans and butter-rum caramel? Melting the chocolate in stages insures that it will set. If you wish, the alcohol can be omitted.

Ingredients

2 cups pecan halves

1 cup (about 24) caramel candies, such as Kraft, unwrapped

1 tablespoon rum, bourbon, or whisky

1 1/2 teaspoons heavy cream

1/4 teaspoon salt

1 pound high-quality semisweet chocolate, finely chopped

Preparation

Preheat oven to 350°F. Spread pecans on large shallow baking sheet and toast until golden brown, about 10 minutes. Transfer to plate and let cool. Line baking sheet with parchment or wax paper.

In small bowl, combine caramels, liquor, cream, and salt. Microwave uncovered at medium power for 2 minutes. Stir with fork. Microwave at medium power for 1 additional minute. Stir until smooth and set aside.

In medium bowl set over saucepan of simmering water, melt half chocolate, stirring occasionally. Remove from heat, add remaining chocolate, and stir until smooth. Pour half melted



chocolate into small bowl and reserve.

Stir 1 cup nuts into remaining chocolate. Transfer mixture to baking sheet, spreading to 1/4- to 1/2-inch thickness. Spoon caramel over and pat on remaining pecans. Drizzle with reserved chocolate. Let cool at room temperature until set, about 2 hours. Do not chill.

Chop finished bark into irregular 1 1/2-inch chunks.

Store airtight at room temperature up to one month.

Tip: If omitting the alcohol, add an extra tablespoon of heavy cream.

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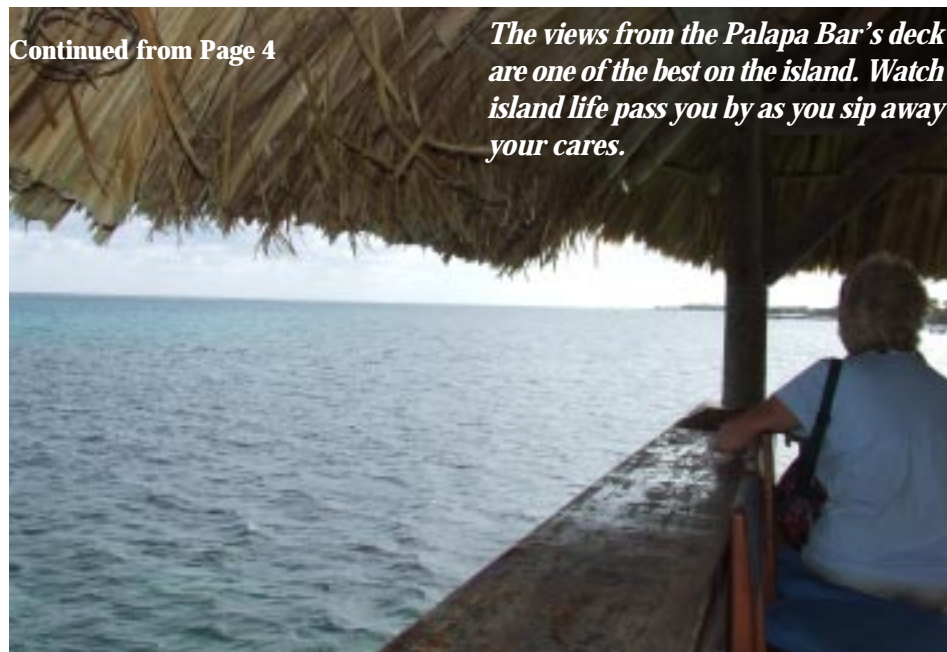
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The Palapa Bar

beauty of what was San Pedro Village. Unspoiled, untouched white beaches, dotted with virgin Coconut trees and gorgeous beach homes - the reason why everyone migrates to this part of the world, to enjoy the pure fishing village life. All over the walls, stools, floors, and counters are signatures and quotes from visitors, friends and patrons of the bar, all leaving a mark on the Palapa Bar. Come write your name, date and quote, leave your imprint for life.

The sounds emanating from the kitchen make us aware of the delicious meal being prepared. At the Palapa Bar, one has to listen in on the noises coming out of the kitchen since the Caribbean breeze wafts the smells away. The Shrimp Ceviche arrives and we eagerly dig in. Not the traditional ceviche, Palapa Bar's ceviche has a sweet rather than bitter lemony taste. The fresh tortilla chips are a wonderful complement, and the meal was off to a great start. Fish tacos are one of Palapa's specialties, and of course, one of our choices as well. Served on corn tortillas, the cubes of fresh fish fillet were lusciously seasoned and complemented with fresh salsa, sour cream and grated cheese; it is just perfect for a weekend afternoon meal - light and refreshing. On the Special of the Day menu, the Smoked Turkey Sandwich comes with cranberry sauce and sour cream. Smoked, delicious and just what

Continued from Page 4



The views from the Palapa Bar's deck are one of the best on the island. Watch island life pass you by as you sip away your cares.

we needed, the sandwich was an excellent choice! Known as the "best on the island", the Conch Fritters were also part of the culinary experience. They were crunchy on the outside and moist on the inside, and accompanied by the sweet and spicy sauce, the appetizer was truly complete. A definite "hats off" to Chef Felipa, her meal was truly fabulous!

New owners Scott, Jodie and Sunny welcome you; let the aroma of Scotty's smoker guide your way. Every Sunday, Palapa Bar is the place to be, and the live, one-man band Teryl Godoy will liven your day. So, what are you waiting for? Come over to Palapa Bar and have a wonderful time!

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Jaguar's Temple Nightclub

Continued from Page 11

night at Jaguar's Temple Night Club.

On Saturday nights, Jaguar's comes alive. Each Saturday is different with different events for patrons. Whether it's dance entertainment, singing entertainment or themed nights, Jaguars is the place to pass your Saturday away (or rather, bring in Sunday morning).



Music lovers come enjoy music from all the genres; surely you will hear something that will make you not only tap your feet but dance, dance, dance.

Laser light shows, Karaoke, 70's Music, Dry Ice, Confetti Blasts and so much more! With its 600 person capacity multilevel seating with nightly musical mix and video intros taking the sounds from the 70's and 80's to dance beats hip hop and Belizean music! Get ready for movie clips projected into high tech video screen and our DJ that adds adrenaline and energy level as the night progresses. Jaguar's offers the latest in audio and video entertainment including a huge video screen, balloon drops, confetti streamers and much more. At Jaguar's not only do we have the best music in town, the best drinks, but we also have the best staff, so come on over for a fun night, we look forward to seeing you there.

Age of Sail

Continued from Page 10

drafting people to serve as sailors.

It was an Admiralty rule that every male British subject was eligible to be pressed into service. But the principal raids by press-gangs were on experienced seafarers, particularly those serving aboard merchant vessels.

Supplying the fleets was an immense undertaking.

The purser on each ship was in charge of supplying the food and consumables; like candles, coal, clothes (or slops as they were known) and tobacco. His duty was to take delivery of food and provisions from the Victualling yard and buy these items when in foreign ports.

The weekly allotment of food per man was:

- 4 pounds of salt beef
- 2 pounds of salt pork
- 2 pints of pea soup
- 3 pints of oatmeal
- 6 ounces of butter
- 12 ounces of cheese

There was also a daily allotment of a pound of bread and a gallon of beer.

The Royal Navy also provided food for the officers, but being such poor

quality and since officers usually came from the privileged classes, their food and drink was usually supplemented or replaced with items of their own purchase.

More on the habits of the sailors in an upcoming issue of the Visitor's Guide!

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Wolfe's Woofers by Dennis Wolfe

*I'll drink
to that*

"Dennis, how long will it be before you get the equipment set up?" Dulce asked.

I had unloaded the musical instruments at BC's Beach Bar and Barbecue and stacked it in the corner.

"Oh, I would guess it will take about twenty minutes," I said. "Why?"

"We just finished the wedding ceremony for Randy and Virginia and we wanted to make some toasts. It's so loud in here with all of these people that we need a microphone."

"O.K. I'll set the mic up first."

Mark started things off.

"I would like to make a toast to my good friends Randy and Virginia on the occasion of their wedding. . ."

"Speak into the mic!" someone yelled.

"Oh. O.K."

He started over. When he finished Frank got up to the microphone.

"One of my very best friends got married today," he started.

I went back to setting up the equipment. By the time I finished tuning the guitar, the toasts were starting to wind down.

"Hey, Dulce," I called. "Are you about finished with my microphone?"

"I think that's about it," she said. "Wait a minute. Here comes Don. Maybe he wants to say something."

Mohawk Don came stumbling into the bar so I handed the microphone to him. It looked like Don had already had more than a few drinks.

"What's this for?" he asked.

"Dulce said to give it to you," I told him. "Do you have anything you want to drink to?"

"Sure," he said. "I want to drink to about three o'clock in the morning."

Trivia Tidbits...

*The leech has 32 brains — 31 more than a human.

*An ant can survive for up to two weeks underwater.

*A spider is not an insect. It is an arachnid — it has eight legs instead of six, and has no wings or antennae. The same is true of the daddy longlegs, scorpion's mite, and tick — none is technically part of the insect class.

*The lungs of an average adult, unfolded and flattened out, would cover an area the size of a tennis court.

*Lemon sharks grow a new set of teeth every two weeks. They grow more than 24,000 new teeth every year.

*An unusual eating disorder called tomatophagia — but also known as pica — is blamed on iron deficiency anemia. People with tomatophagia develop unusual cravings for such things as tomatoes, ice, detergent, starch, clay, or even dirt.

*An ostrich may weigh as much as 300 pounds. Its intestinal tract is 45 feet long.



Riddle me this

The one who made it, didn't want it. The one who bought it, didn't need it. The one who used it, never saw it. What is it?

Answer Below



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