THE SAN PEDRO SUN



The Island Newspaper



March 14, 2008

Ambergris Caye, Belize

Central America



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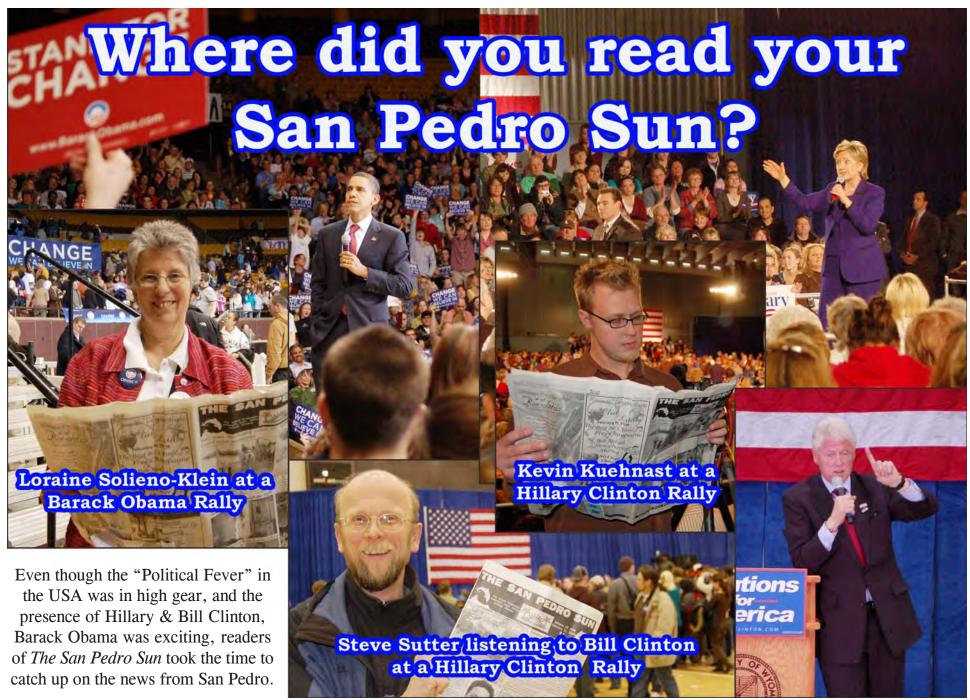




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Publisher
Editor
Editor
Associate Editor
Staff Writer/
Graphic Design
Staff Reporter
Office Assistant
Mail

The San Pedro Sun Ltd.
Ron Sniffin ron@sanpedrosun.net
Tamara Sniffin tamara@sanpedrosun.net
Kainie Manuel kainie@sanpedrosun.net
Mary Gonzalez mary@sanpedrosun.net

Maria Novelo maria@sanpedrosun.net

Nathalie Manuel nathalie@sanpedrosun.net

The San Pedro Sun,
P.O. Box 35,
San Pedro Town
Ambergris Caye, Belize
011-501-226-2070
(307) 460-4114

Telephone
US Telephone
Fax
E-Mail
Internet/WEB
Main Office

(307) 460-4114 011-501-226-2905 spsun@sanpedrosun.net www.sanpedrosun.net #63 Barrier Reef Drive, San Pedro

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More foreign subscribers than any newspaper in Belize!

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

Greetings to my visiting friends

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean

Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's



vast cave systems and many natural sanctuaries that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor, San Pedro Town



Asian Garden Day Spa - Let us pamper you!

Two years ago, we introduced Asian Garden Day Spa as one of the newest, most innovative and exciting Day Spas available to pamper you. Now two years later, we revisit this simple yet luxurious space, to bring you even more exciting insights into the wonderful treatments and indulgences one can enjoy. Step into the courtyard and get ready to clear the mind, relax the bodies and pamper the soul

For owners Brian and Carmen Berenty, professionalism and consistent excellent service is of utmost importance, and should be par for the course. This mentality has helped them in obtaining three wonderful new staffers, whose gentle touch and incredible enthusiasm for their vocation have made them perfect additions to the spa. The three ladies, Vilma, Sara and Lily provide you with a wonderful sense of calm and tranquility.

Pumpkin Facial & Reflexology



Vilma uses the gentlest of touch to cleanse my face to prepare for my treatment.

One of the more exciting treatments we got to try was the facial and reflexology combination. Both Vilma and Lily are on hand to provide a double dose of nurturing. Can you say *spoiled*? While Vilma is busy tending to my face, ensuring a proper cleanse, rinse and exfoliation, Lily is busy massaging my arms and legs, creating double the bliss. I can feel Vilma rinse my face first, and then

apply a cleanser with a buffing cloth that takes away the grime of the day (apparently this is not my real face!). My eyes are closed throughout this experience, so imagine my surprise when I open them, and see a mask peering at

me. It's just Vilma, using her special mask to peer closer at my face and (gasp!) pores! Using her tool of choice, she removes blackheads and clears the worst of the pores, allowing my skin to breathe a sigh of relief. I am thankful that someone finally attended to my Continued on Page 4



What an experience! Vilma's peers through her mask, getting a closer look at my pores, and identifying the problem areas that need proper attention.





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skin, as we all know, living on the island means we also have to put up with the downsides: sand and dust whipping through the air, inevitably landing on our face, and creating a layer of grime that only proper cleaning can remove.

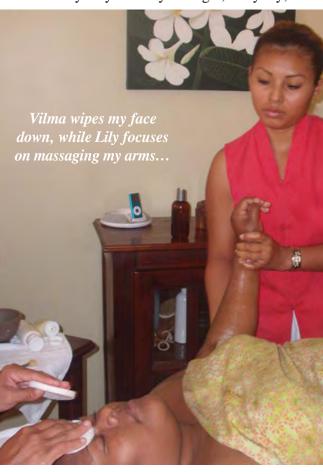
The double sensation continues as Lily starts on my feet. There is just something about getting a foot massage. The feet carry all your body's weight,

without fail, every day, but sometimes at the end of the day, they are sore and tired, and just need a little TLC. Lily makes my feet extra happy as she focuses alternately gentle and heavy pressure on them, really kneading the sore areas, and it's a wonderful sensation. If your honey would take tips from the experts, you could have happy tootsies every day, but why bother? You could have

happy feet through Asian Garden's ex- vides similar results, I opt for that route perts!

The attention is drawn back to my face, however, when Vilma provides me with options for the facial. I could choose to have a Glycolic Acid or a Pumpkin Peel. Somehow, the thought of acid on my face makes me a tad bit squeamish, but as Vilma explains, all products are extremely safe, and are applied in the approved dosages. Still, when I learn that the Pumpkin Peel prosince it doesn't have the word acid in its

I am the kind of person who hardly ever wears makeup; I prefer "Au Naturel", with the exception of a daily moisturizer, so I happily acquiesce to having my face covered in orange goo (the things we do in the name of beauty, and in this case, work!) My new nickname is officially *Pumpkin* for the rest **Continued on Page 5**









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We at Southwind Properties specialize in the listing & sale of fine island properties -Homes, Condos, Hotels, Commercial, Income-Producing Properties & Land for homes or large parcels for development. Be sure to meet with Marianne, Edwardo or Claudio to discuss your particular needs. Southwind Properties prides itself in being there fulltime for full service and full disclosure for all your real estate needs. Call 226-2005/ 2060 or e-mail info@southwindproperties.net for more information.

Commercial/Condos/Homes

El Cocal Condos (E16) - New condo project offering deluxe oceanfront living with magnificent views of the Caribbean Sea. Only 3 beach front units available for sale. Enjoy the great island life with easy access to all amenities, yet convenient, peaceful, and private. Prices starting at \$192,500.00 US.

Caribbean Beach Front Property (M63) - Dream home on large, beautiful beach front lot situate at Paradise Coves, only 3 miles north of San Pedro Town. Lot measures 87' x 143' with road access and all amenities. Priced at \$650,000.00 US.

San Pablo Residential (H36) Beautiful 2 storey concrete house located in the quiet San Pablo residential neighborhood. 1st floor consists of 2 spacious apartments providing great rental income. Home is of excellent quality construction & finish work. Price: \$300,000.00 US

Raw Land

Lagoon frontage at Palm Bay Club. (B43) High, dry, lots of palm trees. 3 side by side lots available. Each 100' x 100'. \$35,000.00US or purchase 300' of frontage for only \$90,000.00US

Palmero Point Beach Club- (A27) - Situate in a nice subdivision 9 miles north of San Pedro Town. Lot #52, measuring 105' x 155' x 95' x 145', is a beautiful & large private lot located several rows off the beach. \$24,900.00 US. Make an offer! Club Caribbean (M69) lot off the beach. 50' x 100'. Good elevation. 40,000USD El Tesoro (M67) lot 12B is only one row off the lagoon & 2 rows off the beach. The

lot is 75' x 75'. \$75,000.00 US Palm Bay Club (B40)Large Beach front property . 100' x 200'. \$169,000.00 US Palm Bay Club (F22) Beach front lot, 60' x 130'. Price \$70,000.00 US

Palm Bay Club (C41) Lot # 111 – 4th row lot, 100' x 100'. Only \$18,000.00 US Aguilar Subdivision (H38) 50' x 90'. Great buy at only \$40,000.00 US.

Bracilete (P53) 12 acres with water frontage on the west coast of Ambergris Cave. 3 parcels of land, each 4 acres, can be bought either separately or together. Price for all only \$950,000.00 US

Palm Bay Club (W27) Large residential lot off the beach. High, dry, lots of palm trees - 90' x 90'. Only \$15,000.00US

Buena Vista (S59) & (S60)- 2 great lots available in the exclusive Buena Vista area, only 2.5 miles north of San Pedro Town. Parcel #4770 is a 2nd row \$90,000.00 US & Parcel #4771, measuring 103' x 107' is a 3rd row lot for only \$40,000.00 US.

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My tootsies are given the royal treatment, with Vilma's reflexology attentions - what

zones on the soles of my feet. Further research indicates that there are many theories, including the theory that the nervous system is mapped out on the hands and feet. By applying reflexology, and working on the pressure points on both sets of appendages, one can communicate with the body's internal organs.

I don't know how the communication was with my internal organs, but at the end of my treatment, I felt brand new. My face was cleansed, and my hands

and feet were pampered to within an

inch of their life, and inside, I felt calm and peaceful. I had luxuriated for a full hour, and both Lily and Vilma have now found a new fan. Owner Brian did say, "we want to spoil you." Try it, enjoy it, believe it, live it!

Continued on Page 6

There is no "Before" picture, but the "After" picture shows brighter skin and a happier me!



Language can link us with other cultures, no matter how foreign the tongue may be. In an effort to share this form of communication with our audience, The San Pedro Sun proudly presents

Words of the Week. This week, we will present a couple of WORD OF words in Creole, and translate it to English, using the Creole/ English Dictionary released through the Kriol Coun-

cil. Special thanks to Sylvana Woods for our copy of the dictionary. Enjoy!!!

Discourage diskorij - Mi ma diskorij mi fahn marid tu Toni. (My mom <u>discouraged</u> me from marrying Tony.)

THE

WEEK

diskraib - Wen wi diskraib di bwai, evribadi mi noa hoo hihn. (When we described the boy, everybody knew who he was.)









of the treatment! As the peel is gently slathered onto my face, I feel it tingle slightly, and - I am not making this up, I feel my pores tighten! I hear Vilma telling me that she and

Lily are now switching spots, with Vilma heading to my feet to begin my reflexology treatment, and Lily to start my scalp massage. What did I tell you? SPOILED! The scalp massage is delicious, and I feel nurtured, safe and happy. Lily's hands are gentle, and I feel truly pampered. While at my feet, Vilma starts on my pressure points. Naturally, I have to ask what reflexology is, and as Vilma explains, it is the act of applying pressure to the feet and hand with specific techniques to commune with the internal organs. She uses a wooden dowel-like instrument, and applies gentle pressure to the different





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Getting Stoned



Sara's strong arms knead my muscles, melting tension away and creating a blissful sensation that lulls me to oblivion.

While certain people got their face covered in cleansing goo (to be honest, she needed it!), I was busy getting "Stoned". This treatment is a deliciously decadent hot stone therapeutic massage that applies the use of hot basalt stones (125°F) over several parts of the body. After cleansing my feet, something that I have never experienced before, but could get used

to, Sara gently builds me up to tolerate the heat. She starts by warming her hands first with the stones, and applying said heat to my body. Slowly, her hands get hotter, and the pressure gets a bit deeper. I am putty in her hands, and all I can feel is bliss and calm. This is truly the best part of my job – being pampered.

obvious when you first see her, but get onto the massage

can feel my muscles' tension melting away under her strong yet gentle touch, and coupled with the heat from

The body is happy, my mind is calm, and it is nap time...

Continued on Page 7









...I wake up and realize that I had just had hot stones applied to various parts of my body, and did not even realize it! I have to revert to photographs for proof, and having conceded that I indeed got "Stoned", I have Brian explain the process a bit more.

Getting Stoned means having hot Basalt stones applied all over the body,

with their heat and weight creating the ultimate in relaxation. There are layers to massage treatments, and using the stones means penetrating the body tissue properly. This treatment is one of Sara's best, as she is specialized in remedial massage. She focuses on treating ailments like pain in the lower back, shoulder discomfort and more. Using trigger points, Sara makes sure to bring relief to your aching body. As I found out, her approach is professional, knowledgeable, and undeniably blissful. What a perfect day for the ultimate in pampering and luxury!



Continued on Page 9

A bowl of hot ginger tea awaits you after a relaxing treatment, and smiles abound with the happy customer!



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Recently selected by Fodors food editors and the Belize Culinary Federation as one of the top restaurants in the country, the Rendezvous features an ever changing menu -Jumbo Shrimp, Phad Thai, Filet Mignon, Creme Brule to name a few.

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Belizean Kitchen Belizean and **Regional Fusion Dishes** Relleno Negro

This dish from The Yucatan many believe to be strictly Turkey and Sliced Sausage. In fact any meat can be used but by far my favorite is the combination of Chicken and Grind Pork. The dish is Hot and Spicy. I again advocate the use of Fresh Chaya, a very under used leaf vegetable.

Ingredients:

- *1 Whole Chicken Jointed in 2" Pieces (Skin Removed)
- *1/2 lb Ground Pork

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*1/2 Block Black Recado (Dissolved

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in Water)

- *2 All Spice
- *2 tablespoons Consommé
- *Salt
- *Black Pepper
- *1/2 tsp Ground Cumin
- *Paprika
- *1 Lime
- *6 Clove of Garlic
- *2 White Onions (Sliced)
- *Fresh Chaya (Optional)
- *Fresh Cilantro
- *1 Red Habanero Pepper
- *4 Fresh Achiote Peppers
- *6 Eggs Hard Boiled (Sliced or



- *1/2 lb Fresh Masa
- *5 Pints Water

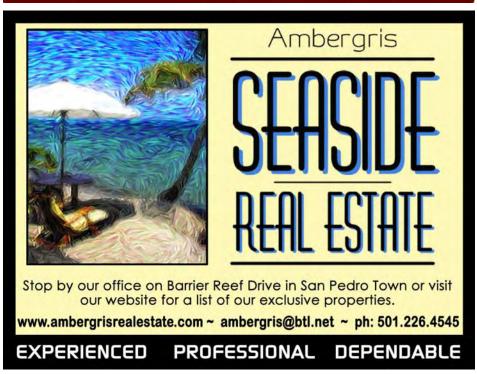
Method

Wash the chicken pieces thoroughly with lime and set aside. Heat the water in a large Saucepan along with the All Spice, add the Consomme to the water along with the Onions whole cloves of garlic, Habanero and Rice or Corn Tortilla.

Achoite Peppers, Cumin and Paprika. Bring to the boil then add the Chicken. Simmer for 10 minutes. Add the Black Recado and Grind Pork. Cook for a further 15 minutes slowly adding the Masa until the soup slightly thickens. Add the Eggs and Chaya (optional) then let stand for 5 minutes. Salt and Pepper to taste.

Serve with Coconut or Cilantro



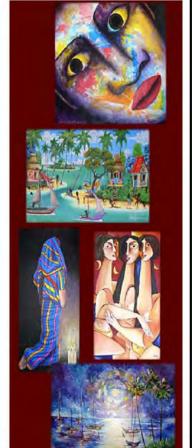


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March 14, 2008

Asian Garden

Continued from Page 7

The New Staff



Vilma Reyes has been at Asian Garden for one year, and provided all treatments except Thai Massage. Her calm and gentle demeanor allows you to destress and luxuriate in her treatments. Enjoy the wonderful facials and reflexology treatments she provides! Both she and Sara (below) are fully certified and have an extensive knowledge of anatomy & physiology.



Sara Bladon joined the staff five months ago, and specializes in remedial massage. Her specialties include treating ailments like pain in the lower back, shoulder discomfort and more. Using trigger points, Sara makes sure to bring relief to your aching body.

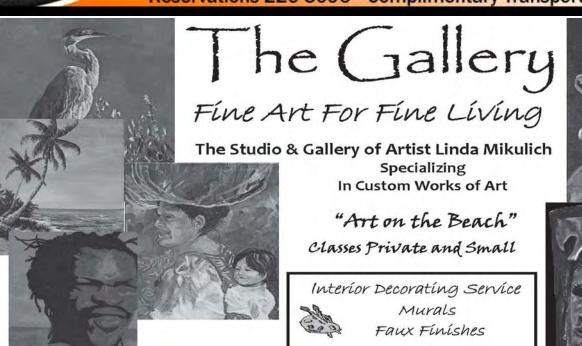


Lily Tun is an aesthetician, cosmetologist and massage therapist, who does waxing, manicures, pedicures and more. Like Sara and Vilma, she is certified and can provide a variety of treatments available at Asian Garden.

Asian Garden offers many wonderful treatments aside from those we had the good fortune to enjoy. Most popular is their couples massage - so much so that it is rated #1 on TripAdvisor.com!

You truly must come over and indulge in some of their amazing treatments. The Pumpkin Enzyme Facial was a mere \$85US. Reflexology costs \$50 for hands OR feet, but if you combine both for a 1 hour treatment, it will cost \$80US. The Hot Stone Massage is \$95 US for an hour's treatment. Call Asian Garden at 226-4072 for more information and to set up your appointment!





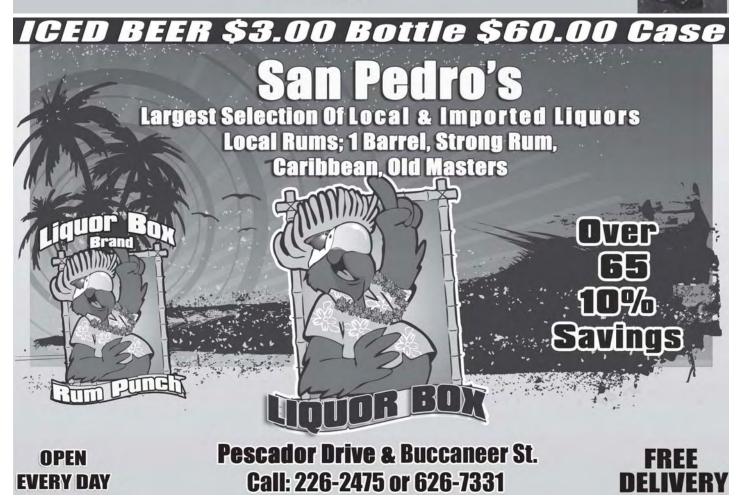
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March 14, 2008 • Visitor Guide Page 9

Portofino - An "Exceptional" Beach Resort



Beverly brings over our delicious lunch.

Portofino Resort, located on North Ambergris, defines itself as one of the finest establishments in Ambergris Caye. With eight beach cabañas and three top Suites, you can be certain that the view from your room is the very best that Belize has to offer. Unobstructed, pristine and simply gorgeous views are just one of the many attractions at Portofino.

Aside from thatched palapa rooms and suites, and a new swimming pool, Portofino has many packages from which you can choose from; all carefully designed to not

only meet your needs, but make your vacation memorable. You can be certain that the staff at Portofino will keep you occupied with the many tours, dives, and expeditions. However, since 2003, there has been yet another attraction at Portofino and this one has kept many faithful patrons returning to its beaches.

Le Bistro is among one of the newer restaurants on the island receiving rave reviews. With his Euro Caribbean Fusion Cuisine, Chef Ermito Patt has an eight year culi-

Trivia *A bolt of lightning can strike the Earth with a force as great as 100 million volts.

nary background and has learned from the best. With his various training, courses and love for the culinary arts, Patt hosts a background in French and Italian cuisine that, when coupled with

our Caribbean influence and Latin spiciness, makes for an unforgettable meal. "I incorporate my local touch in every meal," he explains, "Here on the island we have the luxury of finding the freshest produce, meats and seafood. **Continued on Page 11**



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Portofino Continued from Page 10



Orville whips up fantastic smoothies, and tropical and thirst-quenching drinks.

This makes for 'exceptional' meals."

Maybe it is the fresh products, or Patt's extensive training; maybe it's the friendly, professional staff or wonderful ambience; whatever the case may be, Le Bistro certainly lives up to its self-title "exceptional". Their menus are extensive, and now proudly include a Vegetarian's Menu. Whether you choose to have a romantic dinner or a family get together, Portofino is still somewhere you want to go during the day. Visit Portofino

anytime before 4:00 p.m. and taste their exquisite soups, salads, finger food favorites, seafood, meat and poultry. The dishes are too many to list and all have their own distinctive goodness to them. The 'Above the Cut' Salad is sub par - a combination of shrimp and scallops, sautéed and tossed with garden vegetables, and complemented with their very own margarita vinaigrette; the Tres Cocos Shrimp are spectacular – succu-

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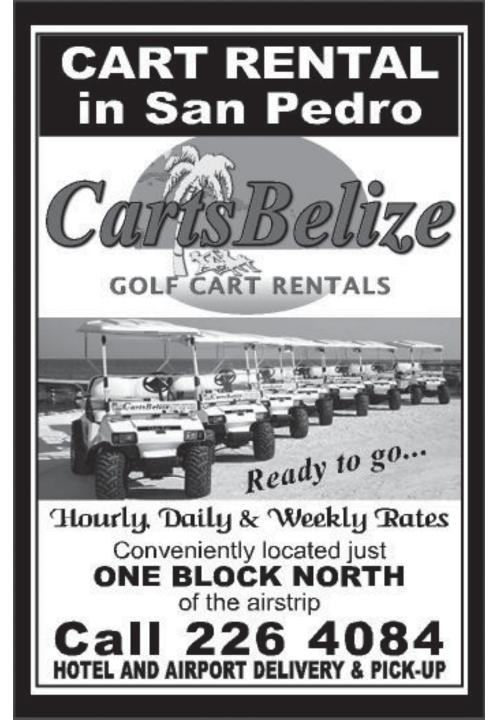


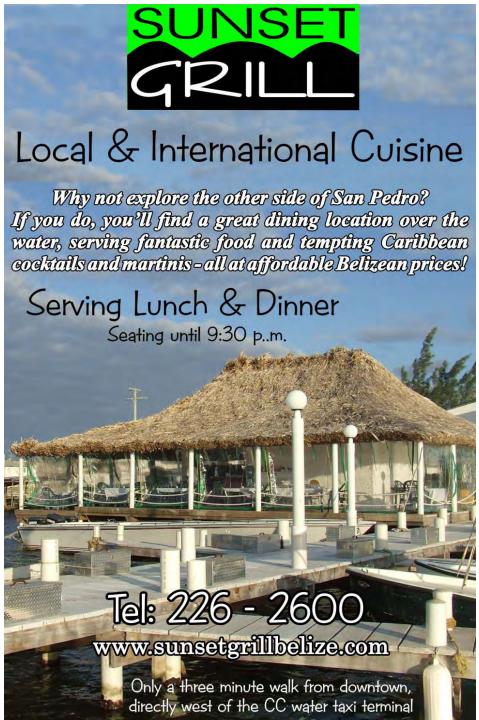
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Portofino Continued from Page 11



Enjoy the view of the ocean while soaking in the beachside Jacuzzi.

lent, juicy, coconut dipped, fried shrimp; chicken steak and fries. Many, many are the choices, and all are just as great.

Portofino, however, is known for their exquisitely elaborate, yet pleasant dinners. The choices are again extensive



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My TACKLEBOX WEEKLY To-Do List

- Monday -- Chicken & Shrimp BBQ on the deck over the water & \$20 Belikin pitcher
- Tuesday -- Live Music with Barry & The Islanders at 9pm
- Thursday -- D J's Trilla & Eklimatic, Free Shot with First drink & 100% Payout Drawing
- Saturday -- Live music with Punta Boys at 9pm
- Sunday -- Live island music with Super Latinos at 9pm
- Every day -- Eat Nachos, Buffalo wings, Burgers, Fish Sandwiches, Coconut Shrimp, Conch Fritters, Ceviche, Key Lime Pie and more for lunch & dinner!

Enjoy the best view and the best breeze on Ambergris Caye ...right in the center of town on the Water Taxi pier. and the twinkling stars, cool Caribbean breezes and a friendly staff make for a treasured experience. Wherever you choose to sit, you can be certain that your Caribbean view will be the best. Whether it may be on the terrace, balcony or main dining area, all can be accommodated to fit your needs. Making your night most

enjoyable is their experienced staff. Manager Marlon Castro and/or host Steve DeMaio meet you as you arrive at Portofino.

Dinner can be something small but is even more pleasurable when you indulge yourself with Chef Patt's and his won-Continued on Page 13

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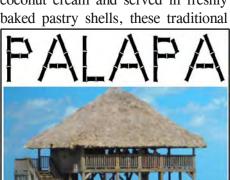
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Portofino

Continued from Page 12

derful assistants' delectable meals. Appetizers are just a taste of all that you are in store for. The Bleu Beef – tenderloins sautéed in blue cheese, the Shrimp Cocktail, the Seafood Panache – wow! That is all that you can utter after taking a nibble off of these freshly baked garlic toast rounds that are deliciously topped with Portofino's baked Caribbean seafood mousse. The Coconut Caribbean Newburg is just as superb – made with coconut cream and served in freshly baked pastry shells, these traditional



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and Reggae Music!



shrimp and scallop Newburg definitely has a taste of the tropics.

If you are not absolutely stuffed from your appetizers, then move on to the sec-

ond course. One of Le Bistro's top selling dishes is the Lobster a la Ritz, and believe us, once you try it, you'll see why people love it so much. Having performed at the Ritz Carlton, this dish is a delightful blend of shrimp and lobster cream sauce served in a luxurious bed of linguine and to make it more sinful, it is topped with sautéed lobster which has been flambéed in fine whiskey. Just as their menu defines it, this dish is very rich, elegant and decadent.

The Pineapple Picante Pork Tenderloin, a sweet taste of the tropics derived from the fresh pineapple married so beautifully with lime cilantro marinated pork medallions and the spicy flavor from our Latin influences. Served with fluffy coconut rice, this dish is exquisite. The Penne Pollo Alfredo and Seafood Platter

Continued on Page 14

HE SAN PEDRO FITNESS CLUB

OPEN MONDAY - SATURDAY 7 - 7 SUNDAY 11 - 6
Offering Tae-bo and Pilates Classes!

Call 226-2683 for dates and times

Poolside Bar & Grill & Mini Golf Now Open on Weekends 11 ~ 6!





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Portofino Continued from Page 13



dessert course. Come on, you saved space, didn't you? Because if

you did, you are in for a treat because Chef "Chocoholic" Patt has been in the kitchen whipping up his chocolate favorite as well as all his other sweet goodies. Imagine chocolate fudge cake lying on a bed of chocolate glace...yummm! And that is not all; this is laced with crème de cacao and served with vanilla ice cream. Now you have room for dessert, don't you! Try their Bananas Foster, a rich blend of banana, caramel sauce, ice cream, and chocolate syrup - yes, this New Orleans Classic has been whipped up and shaped Portofino style. Other goodies include the Rum Cream Caramel Apple - apples sautéed in butter, cinnamon, sugar and dark rum cream sauce, served over vanilla custard; and the Frozen Tropical Tundra - their mile high, frozen key lime pie. When the weather is hot, Le Bistro's pie is not! A refreshing happy ending.

Whether you visit Portofino for their lavish rooms and accommodations, to take a drink and enjoy their beaches and views, to taste their scrumptious lunches or to pamper yourself with Chef Patt's

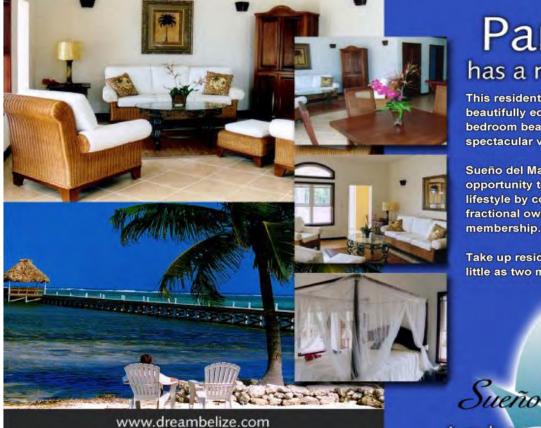
dinner selection, Portofino won't let you down. If you are a tourist visiting our beautiful country, experience Le Bistro for another memory added to your list. Your friendly front desk staff can arrange a pick up at your hotel. If you are a local and have a special night coming up or you would simply like to try something different, then try Portofino for lunch or dinner or a lazy afternoon drive. Manager Marlon Castro and his great staff welcome you with open arms. Tourists and locals are all invited to visit this "exceptional" beach resort.

For further information, kindly call 220-5096 or visit their website at www.portofinobelize.com

are also succulent dinner choices but Le Bisto's menu is so grand that naming and tasting all is such an appetizing challenge. A must have has to be a dish that was so popular on its occasional special nights that guests wanted the meal available every day. They demanded to have the Spider Crab-laced Snapper included in the Dinner Menu and one can see why the delectable combination of Blue Caribbean Spider Crab rolled with snapper fillet, and massed by a tomato cream glace is a true hit at Le Bistro.

Dinner moves on with the third sinful

Trivia *If today's ice caps melted completely, sea level would rise across the world by between 200 and 230 feet. This means the Statue of Liberty would be immersed up to her armpits, and the clock face on the Houses of Parliament in London would be under water.



011-501-226-4001

25 Barrier Reef Drive, San Pedro Belize

info@dreambelize.com

Paradise has a new address.

This residential resort community offers beautifully equipped one and two bedroom beachside villas with spectacular views.

Sueño del Mar provides you the opportunity to customize your carefree lifestyle by combining the best of fractional ownership and resort

Take up residence year round or for as little as two months. You decide!

Sueño del Mar Ambergris Caye

An LPI Residential Resort Community

WHITE SANDS DIVE SHOP

specializing in daily full-service diving, SCUBA instruction and snorkeling from its home base at White Sands Cove Resort

Ideally situated a quarter mile off shore from the largest barrier reef in this hemisphere.

Our local Diving and Snorkeling scheduled departures are 9:00 and 2:00

We pick-up at your hotel's dock

Dive Shop Phone (501) 226-2405

Email: elbert@scubalessonsbelize.com

White Sands Dive Shop is a PADI International Resort Association member, operated by PADI Staff Instructor, Elbert Greer







Located at the Airport

Open Daily 8 a.m. ~ 8 p.m.

Tel: 226-3262 or 226-4490



Wolfe's Woofers by Dennis Wolfe

Mushroom Sauce

"What's cooking? It smells delicious."

"It's a mushroom sauce," Dulce told me. "I'm hosting a dinner party over at Bermuda Beach and I had a special request for my chicken smothered in mushroom gravy."

"Who is the dinner party for?"

"It's for a lot of people from the Jerry Jeff Walker group that is here this week. Make sure you are there no later than five o'clock. Bring a guitar."

"O.K."

"I do have a big problem, though," she said. "I searched this island for canned mushrooms and only found them in one place. The expiration date on the cans was for yesterday. Do you think they're still good?"

"Don't be ridiculous," I said. "The date is there just to give you an idea of how long they last on the shelf. Of course, they're good."

When I got to the dinner party at four o'clock all of the guitar pickers were there. I sat down with Conrad, Gary, Rob, Frank, Joe and Smiling Jay. Soon we were joined by Kent, Dean and Mike. We already had some great music going when the twins, Fran and Jan joined us to sing those beautiful harmonies.

"It's five o'clock," Dulce called out. "Everyone grab a plate and go over by the barbecue pit at the pool."

Thirty minutes later everyone was congratulating Dulce on her cooking.

"Thank God it was O.K." she told me, when she pulled me aside. "I was worried about those mushrooms but I fed some to the dog and it didn't seem to affect him at all. Hold on a minute."

"Here," she said, handing me her purse. "Answer my cell phone while I wipe my hands."

It was Melody calling from our house and she was almost hysterical.

"It's terrible," she said. "The dog is dead!"

"What? Are you sure?"

"Of course, I'm sure. He's lying right in front of the house."

"Oh, my God," Dulce said, when I told her. "What am I going to do?"

"There's only one thing to do," I said. "I'll call Doctor Giovanni right now."

Ten minutes later Doctor Giovanni had the twenty-five people from the party lined up beside the pool. One by one, he pumped their stomachs out and then led them into the bathroom for an enema they would never forget. I know I'll never forget mine. As he finished the last one, Dulce's cell phone rang again. It was Melody again.

"What are we going to do about the dog?" she asked. "He's still lying there in front of the house."

"I'll be home as soon as I get some strength back," I told her. "Then I can bury the body."

Melody said, "The worst part of this whole thing is that the taxi that ran over the dog never even stopped."







YOUR ISLAND SPECIALISTS! TEL 501-226-3737 / FAX 501-226-3379

www.SunriseBelize.com E-mail: Info@SunriseBelize.com

DEVELOPED PROPERTIES

- ❖ Grande Caribe Beachfront Condos 1 mile north of the bridge on 500 ft of coconut grove. 1,2 & 3 bedrooms. San Pedro's most exciting new project 3 pools & marina. From \$363,000 Under construction. Inquire!
- ❖ Banyan Bay condo 2bed/bath upstairs fully furnished \$ 375,000
- ❖ Oasis Del Caribe Fully furnished 2nd floor ocean front 2 bedroom \$335,000
- ❖ Casa Blanca on 1/2 acre beach Mata Grande. Extensive new rental home complex. \$2,200,000.
- ❖ Tres Cocos 4 bed beach rental home, pier \$1,150,000
- Tres Cocos beach front commercial venture \$1,200,000
- ❖ Holiday Lands Fully furnished 2 bed/1 bath up with 2 bed/1 bath apt below and roof top patio \$350,000.
- ❖ Boca Ciega 3 bed/1 bath ocean and lagoon view home \$395,000.
- ❖ Banana Beach 1-3 bedroom ocean front condos with 2 Pools, beach, restaurant and bar from \$130,000 with guaranteed rental incomes.
- ❖Miramar new completed 2nd floor beachfront 2 bedroom tastefully furnished condos from \$375,000.
- ❖ Bermuda Landing furnished 1 bed 11/2 bath on beach pool \$265,000.
- ❖ Beach Villa Caye Villas Mata Grande 2 Bed 3 bath fully furnished pool rental management program \$429,900 bring offers!
- ❖ Caye Casa Brand new beachfront condo in quiet town area, pool, pier, thatch porches, furnished, with on site property management. Living the dream. \$495,000
- ❖ Vista Del Mar Attractive Holiday Lands home. 2 bedroom 2 bathroom spacious owners level with 4 immaculate one bed, one bath rental apartments. \$589,900
- Royal Palm Villas condo pool and breeze side on the beach 1 bedroom \$205,000
- ❖ St Georges Caye private island large beach home \$1,150,000

COMMERCIAL OPPORTUNITIES

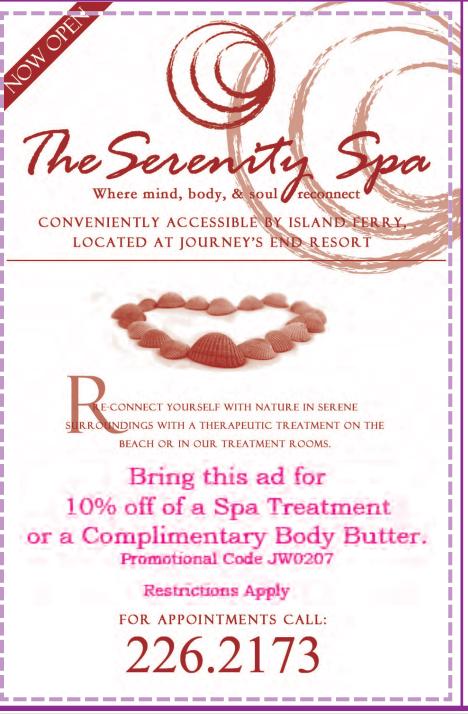
- **❖** Tranquility Bay resort
- * "Rated Best in Belize"

Casa Picasso Tapas restaurant and Martini bar

- Lagniappe Provisioning established great growth potential <u>UNDEVELOPED PROPERTIES</u>
- West Bay LAST OF ITS KIND at this price! Private sandy bay with 260 ft frontage only \$350,000. Cash offers
- ❖ West Bay oceanfront 100 ft x 500 ft \$250,000.
- Playa Blanca beach lot 60 x 105 ft \$350,000 offers
- ❖ Mata Grande 100 x 200 ft prime beach lot with pier permit \$445,000.
- ❖ Mata Grande 100 x 200 ft residential beach lot \$465,000.
- **❖ Esperanza 1.5 acres** beach 150 ft x 460 ft \$1,000,000.
- **Esperanza 4.6 acres** beach 300 ft x 460 ft \$2,000,0000.
- ❖ Boca Ciega 4.5 acres 170ft beach front. \$350,000.
- ❖ Club Caribbean beach lot 50 x 100 ft \$115,000.
- ❖ Behind Banyan Bay 75x75 ft lot \$55,000.
- ❖ Palmeros 70ft x 350ft ocean view lot \$110,000.
- ❖ Mexico Rocks 2 ocean view lots 75 to 80 feet wide x 260 ft deep \$75,000 each
- Acreage available on Lagoon side Inquire.
- Commercial sized Islands in the lagoon Inquire.
- ❖ Laguna Estates ocean view lots from \$60,000.

All prices are in US dollars and subject to change without notice. For further details on these properties and much more call your AMBERGRIS CAYE SPECIALISTS





PALM TREE CUISINE

Located at **Journey's End Resort**, North Ambergris Caye, Luna features Palm Tree Cuisine, a fusion of Central American and Caribbean specialties.

Daily specials are prepared by our award winning chef;

Calbert Santiago, Taste of Belize, Chef of the Year 2007

For truly the best island dining experience you must visit Luna, open air dining, surrounded by stunning views of the Caribbean. You'll want to tell your friends about the food, the view, the experience.

Join us for **Friday Night Beachside BBQ**, an island tradition. For reservations call 226-2173.

Open seven days a week, serving breakfast, lunch and dinner.

IMPORTANT #s

Emergency

911

Medical Emergency (ACER) 226-3231 Crimestoppers 800 922-TIPS

Police 226-2022 **Fire** 226-2372

Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

Los Pinos Clinic 602-6383 and 226-2686. **Dr. Lerida Rodriguez:** 226-2197 or cell 620-1974.

San Pedro Chiropractic Clinic 600-7119 Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 604-7599 or 226-2854. Antonia Guerrero - 600-5475. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. Dr. Zuniga: 670-8755 and Dr. Otto Rodriguez: 604-7599.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 822-4011

Labour Office - 226-2700 (Open 8am - 5pm, Mon. - Fri.)

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

San Carlos Medical (MD & Dentist Services) - 7:30am - 9:00pm, 226-2918.

Church Services

San Pedro Roman Catholic Church Sunday Mass: (English) 8am & 10am & Baptism: 11am; Spanish: 7pm; Mass or Communion Service every night at 7pm. Saturday evening: Anticipated Sunday Mass: 7p.m. Daily Masses 7am & 7pm. Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-St.-Sn. at 7:30 p.m. Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

The Church of Jesus Christ of Latter Day Saints - Sunday Service: 9:30 am, Wednesday Scripture Study 7:00 pm. 17 Lagoon St. (between the bakery and the bridge).

San Pedro Community Church - meets Sundays at 10a.m. at the Ambergris Elementary School. All Are Welcome.

Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

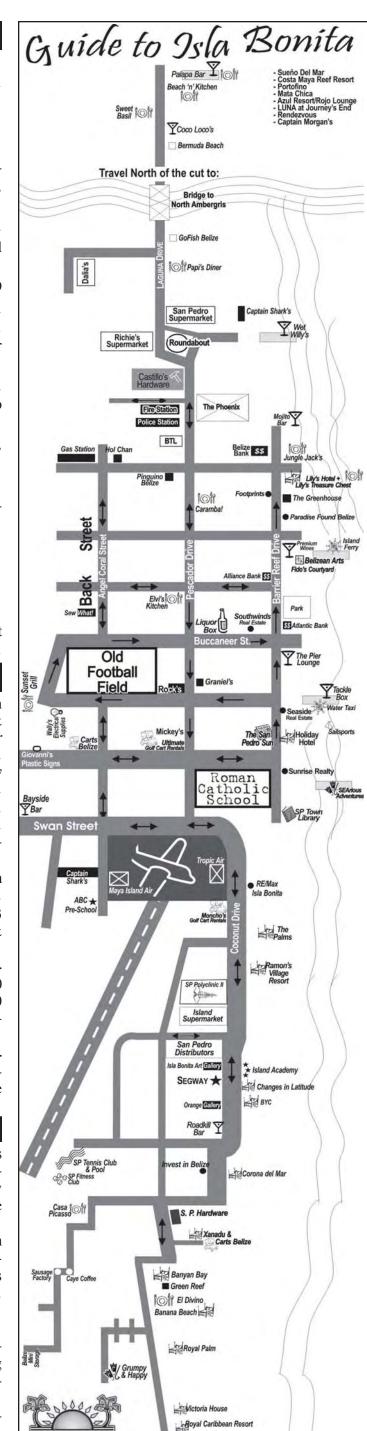
Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net/226-2833

San Pedro AA - 226-4464, 600-9061 Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.

CARE BELIZE - Children's Specialist, San Pedro. 622-8200

The San Pedro Sun 2007

SP Town Library - 206-2028



Tourist Information

Belize Tourism Board - 223-1910.

Belize Tourism Industry Association (BTIA) - 227-5717. San Pedro Tourist Guide Association 226-2391.

Water, Sports & Tours

SAILSPORTS BELIZE – Windsurfing, kite sailing and sailing. The latest equipment and expert instruction makes it easy to learn. 226-4488 info@sailsportsbelize.com.

GRUMPY & HAPPY - Snorkeling - private snorkel tours - just you on the boat, no set schedule! Visitors with special needs and children are welcome. Call 226-3420 or 672-1234. Visit www.grumpyandhappy.com, or Email: info@grumpyandhappy.com.

Real Estate...

SEASIDE REAL ESTATE – Many listings, from raw land to beautiful beachfront homes. We can help you own a piece of paradise. Call 226-4545 or E-mail ambergris@btl.net

SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

SUEÑO DEL MAR - Paradise has a new address! Located on Barrier Reef Drive (Front Street), across from Fido's Restaurant. 8:30AM to 5PM, www.dreambelize.com, Phone: (US #) 719-302-5398, (Belize #) 011-501-226-4001.

INVEST IN BELIZE - Call for Appointments and pick-ups. 226-4000 or www.investinbelize.com

RE/MAX Isla Bonita, 1ocated at 10 Coconut Drive, San Pedro. 226-4400 e-mail: info@owninbelize.com or visit our website at www.owninbelize.com

CORAL BEACH REALTY - Professionalism at it's best. Visit our office "Unda da Palapa" on Barrier Reef Drive, 226-2681. www.CoralBeachRealty.net

Transportation...

CRISTAL GOLF CART RENTAL - Along with Island Tour Rentals, have combined to offer the best rates on the island! Special hourly, weekly & monthly rates. Daily rates are \$85 BZ. 4- & 6- Seater golf carts available. Security deposit required. Cristal - 226-4949 or 626-5555. Island Tour - 226-2351 or 226-2972.

CRYSTAL AUTO RENTAL – Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

ULTIMATE GOLF CART RENTAL - Experience the ultimate ride! Yamaha carts for rent. 226-3326; Corner Tarpon & Pescador Drive. Belize Gold Cars Ltd: Yamaha carts & parts for sale. 226-3993; Suite 12, Coldwell Building. E-mail: belizegolfcars@btl.net, ultimaterentals@btl.net or visit our website at www.ultimaterentalsbelize.com.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

SEGWAY - The Segway® Personal Transporter (PT) is the first of its kind—self-balancing personal transportation designed to travel anywhere you want to go. Try one today and experience a Segway Smile! Segway Belize, located at #1 Fairdale Plaza on Coconut Drive. Call 620-9345.

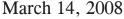
CARTS BELIZE - Conveniently located just one block north of the airstrip. Hourly, Daily & Weekly. Call 226-4084.

Services...

CASTILLO'S HARDWARE - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.

S.P. HARDWARE - Large variety of hardware and household supplies. Will meet or beat any competitor's price! Seagrape Drive; Open seven days a week. 226-4522





THE SAN PEDRO SUN VISITOR'S GUIDE



Dining Out...

MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday - come try our Maya Buffet. Open Monday – Saturday. Lunch: 11:00 a.m. – 2:00 p.m. Dinner: 5:30 p.m. – 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for lunch. Delectable Seafood Speciaties for dinner. OUTDOOR & INDOOR DINING 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT - On

the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring music and fun. Phone 226-2173.

PAPI'S DINER - The place for fine food at diner prices. Taste the Caribbean. Call 665-4506.

MICKEY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 -10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL - Island cuisine with a twist!

Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at BANANA BEACH -Serving breakfast, lunch and dinner from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

PORTOFINO RESTAURANT AND GREEN PAR-ROT BEACH BAR - Meet our boat at 6:30 p.m. at Fido's Dock for a complimentary ride to one of the best culinary experiences you will have while in paradise. For reservations, call 220-5096.

SUNSET GRILL - Offering local and international cuisine. Open 7 days a week for lunch and dinner. Located on the lagoon side. 226-2600. Come by at sunset and help us feed the tarpons!

JUNGLE JACK'S - International and Local cuisine featuring AWESOME hamburgers. Serving lunch and dinner with daily specials. Open 11:30am - 2:30pm and 5:30pm - 9:30pm. Located across from the Belize Bank. Call 226-2639.

RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226 3426 for reservations and transport options.

CASA PICASSO TAPAS + MARTINIS - Small plates, big pastas and fantastic desserts! "Hippest martini spot"-Frommer's. Nightly 5:30pm, closed Sundays. reservations 226-4507.

BEACH 'N' KITCHEN - Open Daily for Brunch. Choose delicious Eggs Benedict, stuffed French toast or continental breakfast! Now open for dinner from 5pm - 8pm. North of the bridge, near Palapa Bar. Call 226-4456.

RICO'S SURFSIDE RESTAURANT - A truly unique dining experience on the beach at Banyan Bay. Serving breakfast, lunch and dinner daily. Phone 226-3739 ext.

BLUE LOTUS LUXURY DINING- Delight yourself with Indian cuisine at San Pedro's newest water-top restaurant. Spectacular views of San Pedro at night! Complimentary water taxi service. Call 501-610-BLUE (2583).

MOJITO BAR & TAPAS - Serving a wide variety of Mojitos, pitchers of Sangria, Margaritas and beer! Enjoy breakfast wraps, tacos, subs, enchiladas, whole wheat wraps, black bean hummus, ceviches & more. Located at the Sunbreeze Suites, on the beach across from Belize Bank. Open daily: 7 am - 10 pm.

REEF GRILL at Costa Maya Resort - Delectable dining in air conditioned comfort or under the stars. Serving scrumptious local and international cuisine, seven days a week. Live entertainment, Monday, Wednesday and Friday. For reservations, call: 226-4700.

...Unique Offerings...

SAN PEDRO FITNESS CLUB - A/C Gym, Fullyequipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am Daily, 8am Sundays. 226-2683.

CAYE COFFEE - Take a taste of our locally roasted fresh coffee back home. A wonderful cup of coffee makes such a great difference in your day. Try it and ask for more. 226-3568.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods plus an exciting selection of groceries. A/C local on Barrier Reef Dr. 226-2084.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

GRANIEL'S DREAMLAND - Locally made furniture & accessories from all Belizean exotic hardwoods & Mahogany. On Pescador Drive, opposite Rock's, Call 226-2632, ext. 18 or 226-2938. Open Mon-Sat 8:30-12:00 noon & 1:00 to 9:00 p.m. & Sun 10-12 noon.

BELIZEAN ARTS GALLERY - Local art!

BELIZE MINI STORAGE / SELF STORAGE -Located in San Pablo. Elevated concrete construction and gated entry. Security. Water access and a great new boat launch ramp on site. Call 672-1234.

PINGUINO BELIZE - Fine Wine. Gourmet Olives, stuffed olives and spreads. Exclusively in belize. Free Tasting! 226-2930. pinguinobelize.com

LIQUOR BOX - Wholesale and Retail on local and imported liquors. Delivery available! Case of Belikin Beer, Ice Cold - only \$60Bz! On Buccaneer Street, open 7 Days a week 9:00am to 9:30pm. 226-2475 or 626-7331.

FOOTPRINTS - Crocs shoes, Reef shoes, and fun beach accessories. On Barrier Reef Drive, open Monday through Saturday from 9am - 6pm. 226-2689.

BAREFOOT BOOKS - Over 9,000 new, used and well loved books available. All titles and authors and subjects. We buy your books. Located on Drive; 226-3563. Pescador call www.barefootbooks-belize.com.

Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m.- 9:00 p.m. Barrier Reef Dr. 226-2014.

PALAPA BAR AND GRILL - The Coolest Place, North of Bridge. Drink & Dine out over the Caribbean waters with cool breezes and no mosquitoes. Specialty is a BBQ, Slow Smoked, Pork Sand-rant. Enjoy the amazing view of San Pedro while wich and Fresh Caught Fish Tacos. Open 7 days, dining in style! Call for Reservations: 226-2147.

Happy Hour Drinks 4 - 6 226-3111. ROADKILL BAR - For a GREAT time! Mondays with Dennis Wolfe and Caroline's BBQ. Enjoy happy hour from 2pm - 6pm on Thursdays and Sundays. BBQ Lunch on Saturdays. Across from Crazy Canucks, open daily from 12 - 12.

COCO LOCO'S SWIM-UP & BEACH BAR - 1/8th of a mile north of the bridge, directly on the beach! Happy Hour daily from 4-6pm. Great music and the best bartender! The new

owners are doing it up right! Call 226-2910.

BAYSIDE BAR - Great drinks and awesome location on the water south of Tropic Cargo. Friday Night Movies - kids watch while you enjoy drinks! Happy Hour: \$3.50 beer and \$15 pitcher beers. Take the stairs to out third floor Bayside Restau-

Delight yourself with our Indian cuisine at San Pedro's newest water-top restaurant. Complimentary water taxi service, located at the Reservations: (501) 610-BLUE (2583)Fisherman's Pier at the end of Buccaneer St. The best view of San Pedro, it's spectacular at night!

Insert B Visitor Guide - ()-March 14, 2008