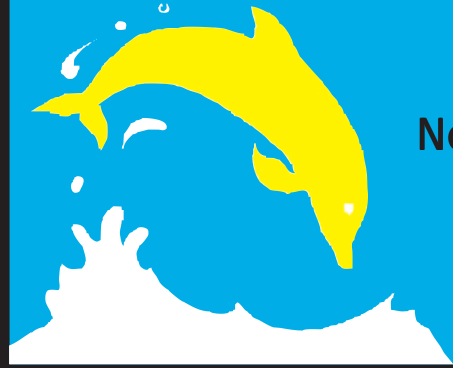


THE SAN PEDRO SUN VISITOR GUIDE



The
Island
Newspaper

Vol. 20
#04



January 28, 2010

FREE

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Central America

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Where did you take your *San Pedro Sun & Visitor Guide*? Take a photo of you and the paper and send it to us at spsun@sanpedrosun.net



Sisters, **Stephanie Trobaugh** and **Tammy Burst** reading *The San Pedro Sun* on a beautiful March afternoon at the **San Diego Zoo**.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

The San Pedro Sun is mailed everywhere.

Publisher	The San Pedro Sun Ltd. Ron Sniffin ron@sanpedrosun.net
Editor	Tamara Sniffin tamara@sanpedrosun.net
Staff Reporter	Jorge Aldana jorge@sanpedrosun.net
Staff Reporter	Kainie Manuel kainie@sanpedrosun.net
Staff Writer/ Graphic Design	Mary Gonzalez mary@sanpedrosun.net
Office Assistant Mail	Nathalie Manuel <i>The San Pedro Sun</i> , P.O. Box 35, San Pedro Town Ambergris Caye, Belize
Telephone	011-501-226-2070
US Telephone	(307) 460-4114
Fax	011-501-226-2905
E-Mail	spsun@sanpedrosun.net
Internet/WEB	www.sanpedrosun.net www.sanpedrosun.blogspot.com www.sanpedrosun.wordpress.com
Main Office	#63 Barrier Reef Drive, San Pedro

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Receive *The San Pedro Sun & Visitor Guide* weekly in your mailbox. 26 ISSUES (six months) US, Canada: \$60 U.S. Domestic: \$60 BZ. 52 ISSUES (one year) US, Canada: \$110 U.S. Domestic: \$100 BZ. (Other locations vary.)
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Fine Family Fun

While visiting San Pedro there are so many activities to choose from that it may seem overwhelming at first! But whatever you're fancy, be it water sports, beach combing, high adventure or socializing you are sure to find it on La Isla Bonita.

One way to enjoy and get to know the community better is to engage in some of the local activities and events that bring visitors and residents together. The opportunity allows you to experience the best in island hospitality while seeing a side of San Pedro that might not necessary be on the "must do" list of tourism activities.

Lions Friday Night Bingo & BBO



At the heart of community fun is the Friday night Bingo and BBQ at the Lion's Den. Most people the world over know of the Lions International volunteer community service organization and what it stands for. With 1.3 million members in 205 countries, the San Pedro Lions Club is proud to serve and is an active organization that time and time again comes to the aid of the local, as well as the global community. When enjoying the Friday Bingo and BBQ night you not only have a great meal and good fun but help the club raise funds for the



No matter how old you are, anyone can be a BIG winner at Bingo!

Continued on Page 4

SuDoku! Level: *Difficult Answers on Page 4

		8			4			7
9	2	5		7	3			
7			9		2			
	8					2	1	
2								5
	1	6					7	
			5		6			1
			8	9		6	4	2
6			4			5		

Opening February 4th, 2010

Fusion

Asian Food with a Twist

- Sushi
- Steak Fry
- Tempura
- Asian Fusion
- Seapod Noodle Bowls
- Teriyaki Grilled Lobster

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FIDO'S RESTAURANT & BAR
San Pedro, Belize

Sunday: Beach Blast BBQ
BBQ chicken, ribs, sausage & \$4 rum punch

LIVE MUSIC BY
Dennis Wolfe & the Usual Suspects
Every Sunday, 12noon- 4pm

Monday: Taco Night
\$3 tacos* 5-9pm
Chicken / fish / shrimp; crunchy or soft
*minimum 3, mix & match

Thursday: Wing Night
\$1 wings* 5-9pm
*Minimum 5 wings

\$4 Draft Beer & Rum Punch

Family Fun Continued from Page 3

Entire families can come and join in the fun. It's a great way to spend quality time with those most important to us.



community. The amicable crowd is always warm with camaraderie while groups of friends and families devour fingerlickin' good BBQ chicken, stew beans, coleslaw and yummy tortillas, all for the very affordable price of \$8BZ. The Lion's Den also has a full bar for those who want to enjoy a cold Belikin with their meal. Bingo usually starts around 7PM and each game costs

SuDoku Answers!

Puzzle on Page 3

3	6	8	1	5	4	9	2	7
9	2	5	6	7	3	1	8	4
7	4	1	9	8	2	3	5	6
4	8	7	3	6	5	2	1	9
2	3	9	7	1	8	4	6	5
5	1	6	2	4	9	8	7	3
8	9	4	5	2	6	7	3	1
1	5	3	8	9	7	6	4	2
6	7	2	4	3	1	5	9	8

\$2BZ, with the final 10th game costing \$5. Depending on the size of the crowd each game can garner up to \$80 or more, with the final game adding up to as much as \$300! It is fun and easy and a great activity to enjoy with friends or as a family. The Lion's Den is located on the northern end of Barrier Reef Drive in the heart of San Pedro Town.

Saturday Family Fun at Mojito Bar & Grill



Established in 2008, Mojito Bar and Grill is located inside the beachside courtyard at Sunbreeze Suites just one



more block north of the Lion's Den on Barrier Reef Drive. Any day is a good

Continued on Page 5

"Solitude"

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day to enjoy the beach views along with a variety of Mojito's to choose from along with menu favorites like shrimp or conch ceviche, yummy tacos, grilled meats and seafood or tasty mango chipotle skewers. Saturday is Family Fun day and is sure to please people of all ages. From 11am till 7pm they offer \$5BZ Mojito's (all flavors), \$3.50 beers, yummy beach BBQ with pork chops, chicken, sausage or shrimp, DJ music, kid karaoke contests and even bingo for the adults. Customers can also use the

inviting pool as well. It is a fun and economical way to enjoy a tropical day on La Isla.

Continued on Page 8

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&
Thursday, February 4, 2010, 7-10PM

Special Guest:
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IMPORTANT #s

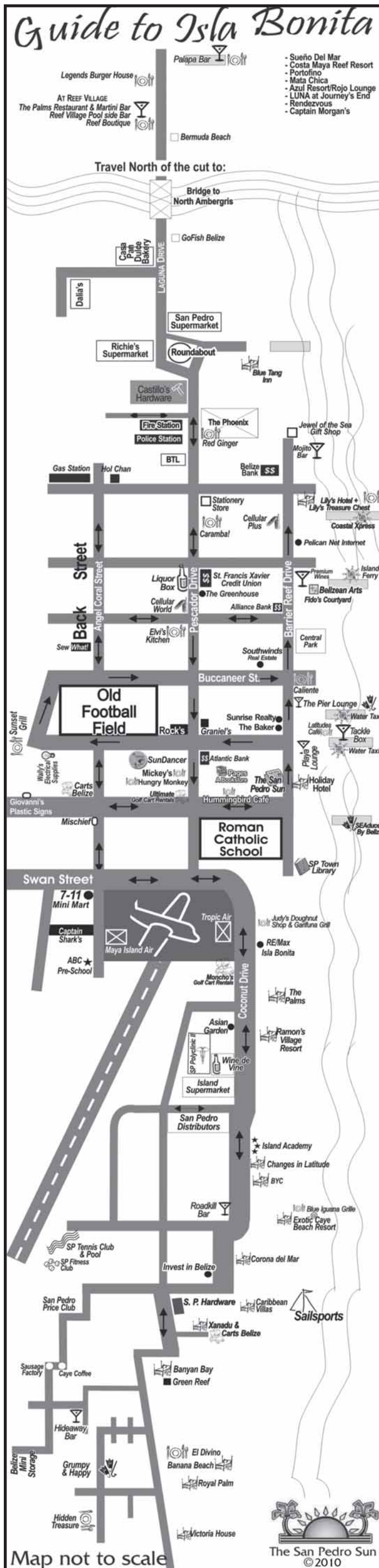
Police 226-2022
 South Police Sub-Station - 610-4911
 Fire 226-2372
 Medical Emergency (ACER) 226-3231
 Emergency 911
 Crimestoppers 800 922-TIPS
 Los Pinos Clinic 602-6383 and 226-2686.
 Dr. Lerida Rodriguez: 226-2197 or cell 620-1974.
 Dr. Miguel Allison: 226-4052 or cell 600-9071. (Pharmacy 226-4051)
 San Pedro Chiropractic Clinic 600-7119
 Hyperbaric Chamber - 226-2851 or 226-3195, Dr. Otto Rodriguez - 604-7599 or 226-2854. Antonia Guerrero - 628-3828 or 226-4501.
 San Pedro Polyclinic II - 226-2536. Dr. Zuniga: 670-8755 and Dr. Otto Rodriguez: 604-7599.
 Ambergris Hopes Clinic - 226-2660, Emergencies: 629-3618.
 US Embassy - 822-4011
 Labour Office - 226-2700 (Open 8am - 5pm, Mon. - Fri.)
 Canadian Consulate - 223-1060
 Mexican Embassy - 223-0193
 Guatemalan Embassy - 223-3150
 Honduran Embassy - 224-5889
 San Carlos Medical (MD & Dentist Services) - 7:30am - 9:00pm, 226-2918

Church Services

San Pedro Roman Catholic Church
 Sunday Mass: (English) 8am & 10am & Baptism: 11am; Spanish: 7pm; Mass or Communion Service every night at 7pm.
 Saturday evening: Anticipated Sunday Mass: 7p.m. Daily Masses 7am & 7pm.
Living Word Church Service Sun. 10:45 a.m., Youth Meetings on Sundays at 7:30 p.m., Women's meetings on Wednesday at 7:30 p.m., and Men's meetings on Thursday at 7:30 p.m. We do Christian charity work. 226-2950.
Assembly of God Church on Angel Coral St. T-W-St.-Sn. at 7:30 p.m.
Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.
The Church of Jesus Christ of Latter Day Saints - Sunday Service: 9:30 am, Wednesday Scripture Study 7:00 pm. 17 Upstairs of Island Plaza, across from Fido's Courtyard.
San Pedro Community Church - meets Sundays at 10a.m. at the Ambergris Elementary School. All Are Welcome.

Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause - have dinner with us!
Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net /226-2833
San Pedro AA - 226-4464, 600-9061, 624-7705.
Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.
CARE BELIZE - Children's Specialist, San Pedro. 622-8200
SP Town Library - 206-2028



Tourist Information

Belize Tourism Board - 227-2419.
 Belize Tourism Industry Association (BTIA) - 227-5717.
 Belize Hotel Association - 223-0669, bha@btl.net
 San Pedro Tourist Guide Association 226-2391.

Water, Sports & Tours

GRUMPY & HAPPY - Snorkeling - private snorkel tours - just you on the boat, no set schedule! Visitors with special needs and children are welcome. Call 226-3420 or 672-1234. Visit www.grumpyandhappy.com, or Email: info@grumpyandhappy.com.

SNUBA - Go Beyond Snorkeling! Enjoy the fascination of diving with the ease of snorkelling. No certification required! Call 226-2882 for more information!

Real Estate...

ELITE REAL ESTATE INVESTMENTS (EREI) - We are Ambergris Caye's real estate specialists. Call now to schedule your free professional investment consultation. Under \$200K to \$4.1M. Call 226-2260, or email: sales@erei-belize.com. By appointment.

SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SUEÑO DEL MAR - Paradise has a new address! Located on Barrier Reef Drive (Front Street), across from Fido's Restaurant. 8:30AM to 5PM, www.dreambelize.com, Phone: (US #) 719-302-5398, (Belize #) 011-501-226-4001.

CORAL BEACH REALTY - Professionalism at its best. Visit our office on Barrier Reef Drive, 226-2681. www.CoralBeachRealty.net.

RE/MAX Isla Bonita, located at 10 Coconut Drive, San Pedro. 226-4400 e-mail: info@owninbelize.com or visit our website at www.owninbelize.com

CASA CAYO - www.casacayorealestate.com. Check out our weekly specials, and our newest offering: Indigo. Luxury Beachfront Condominium Homes. www.indigobelize.com. Visit our office located at the South corner of Pescador Dr. (middle street) or call 226-2791 or 610-3005.

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S.P. HARDWARE - Large variety of hardware and household supplies. Will meet or beat any competitor's price! Seagrape Drive; Open seven days a week. 226-4522.

HARMOUCH CENTER - Hardware, housewaers, furniture and more. Pescador Drive across from BTL 226-3860.





Dining Out...



MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for lunch. Delectable Seafood Specialties for dinner.

OUTDOOR & INDOOR DINING 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

MICKEY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL - Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

BLUE WATER GRILL - Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at BANANA BEACH - Serving breakfast, lunch and dinner from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226-3426 for reservations and transport options.

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BAR- @Ak'bol Resort- full service- awesome bartender! Local food @ Local prices on the beach \$1-\$15BZ + unique specials+ desserts daily. Interesting pizzas \$25BZ+ up. Saturday Beach BBQ. One pier North of Palapa Bar.

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LILY'S TREASURE CHEST- Serving beachside breakfast, lunch & dinner. A true island dining experience. Get fresh seafood daily! Beachside at Lily's Hotel. 226-2650.

RICO'S SURFSIDE RESTAURANT - A truly unique dining experience on the beach at Banyan Bay. Serving breakfast, lunch and dinner daily. Phone 226-3739 ext. 135.

...Unique Offerings...

SAN PEDRO FITNESS CLUB - A/C Gym, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am Daily, 8am Sundays. 226-2683.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods, plus an exciting selection of groceries. A/C local on Pescador Dr, next to St. Francis Xavier Credit Union. 226-2084.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

PAGES, A BOOK STORE - carrying new and used books. We also trade gently used books. Located at the Vilma Linda Plaza, open Mon. through Sat. 8am-5pm, 206-2254.

SUNDANCER - Unique boutique featuring quality clothing, jewelry and great gift items for men. Phone: 226-2948.

AK'BOL YOGA RETREAT & RESORT- Daily Yoga Classes/Day Retreats/ Group Retreats. The only resort dedicated to the practice of Yoga and Wellness. Yoga studio at the end of the pier overlooking the sea...

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 **Bank Financing** from **\$199**/monthly

Wednesday Night – Chicken Drop at Pier Lounge



The chicken drop is an island tradition enjoyed by visitors and locals alike.

For over twenty years this signature event has been a crowd pleaser for thousands of visitors and locals alike. Undoubtedly the most filmed activity on the island, the Chicken Drop has become a popular feature for travel programs including the PBS Channel and Travel Channel's Samantha Brown. Located right on the beach at Pier Lounge inside the Spindrift Hotel on Barrier Reef, the Drop usually begins around 7pm with music, beachside bar and fun.

How does the game work? You purchase a numbered square for \$1.00. At the announced moment, an assistant appears with a large wicker basket containing one or more live chickens. The basket is opened up, and one of the participants is assigned the task of grabbing a chicken, gently shaking it, blowing on its rear end, and tossing the jostled bird onto the numbered squares. Herein begins much shouting and verbal encouragement in hopes that said chicken, after strutting about, will eventually elect to 'drop' upon the numbered square that you have previously purchased. The winner receives a \$100, but has the task of cleaning up after the chicken. Adults and children alike have great fun anticipating where the chicken will "drop" and who knows who the lucky winner will be!

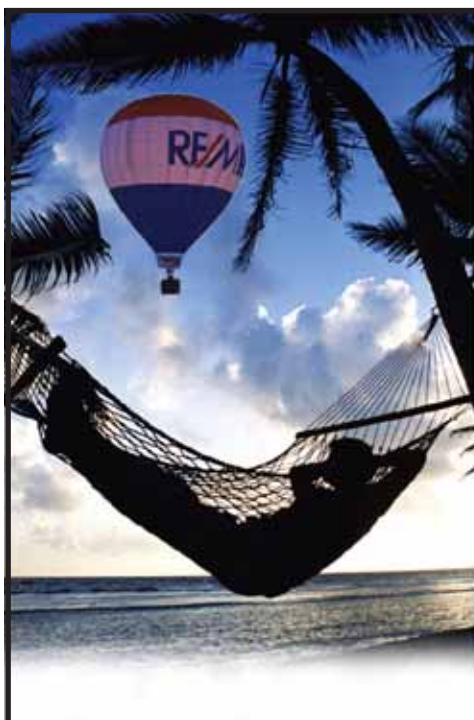


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980 sq.ft. with Huge Veranda,
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Available at LESS THAN
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**Priced to sell quickly at
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Priced to sell.... these are well
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One of only (12)
Luxury Villas on 4+
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Beach Front
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4+ Bedroom / 5 Bath
5,500 Sq.Ft. on 3 Levels
Fully Furnished and
Completely Turn-Key.
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\$1.15 million USD



Aqua House: Two Units—1st Floor (2-Bed/1-Bath),
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are beach front. The com-
plex offers two and three bed-
room beachfront (and beach
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Bedroom/2 Bath floor plans offer direct ocean front views from the
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3-Bedroom/2-Bath Beach Front Condos

****15% Pre-Completion Discount In Effect****

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incredible values....not if we can help it!

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The Cloisters
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FRONT Condo. 2nd Floor,
800 sq.ft. with veranda,
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ceiling, custom furnished,
jumbo flat-screen TV, and
ready to move-in. Owner-
carry financing with only 25% down payment, and excellent
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25% down payment, and excellent terms.
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condo with commanding sun-
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room verandas. Located just
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Town, in the Costa del Sol Sub-
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living area with a roomy and open floor-plan. Strata titles have
been issued and the condo is ready for immediate move-in and
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Make your own Mojito!!



The mojito was born in Havana, Cuba. There are many variations of the drink. This recipe calls for the five customary ingredients of mint, rum, powdered sugar, lime, and club soda. If you are throwing a fun beach party, plan on serving these fashionable yet traditional mojitos.




Ingredients:
 4 mint leaves
 1 lime (for juicing)
 1 teaspoon powdered sugar
 2 ounces white rum
 2 ounces club soda
 1 sprig of mint (for garnishing)
 crushed ice



Preparation:

1. Put the mint leaves into a tall glass and squeeze the lime juice over them.
2. Add the powdered sugar and then muddle (smash) the mint, lime juice and sugar together. Add crushed ice.
3. Stir in the rum and top off with the club soda.
4. Garnish with a mint sprig.

Servings: Makes one drink. You can make different flavored mojitos with fresh fruit as well. Try pineapple, coconut, watermelon, mango and more!!



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Wolfe's Woofers by Dennis Wolfe

State Pride

"How are you doing, Roger?"

"Pretty good," Roger said. "I'm just killing time until Mama gets back from the post office. You want something to drink?"

"No, thanks," I said. "I have my coffee. By the way, here comes Mama right now."

Susan said, "Thanks, honey," as Roger handed her a drink and we sat and watched the tourists strolling the beach.

"Hey, there's Dennis Wolfe," I heard someone say.

I looked up to see Conrad, Gary, Frank and Kent strolling into the bar. They all carried guitars.

"It looks like you guys are on your way to a picking party," I said.

"We're going over to Mike's condo and sit on the porch and sing," Frank said.

"Guys, these are my friends, Roger and Susan," I said. "I don't know if you've ever met them, but I'm sure you've seen them around the island on one of your visits here."

There was a group, "How do you do?" from the guitar pickers.

To Roger and Susan I said, "This is Conrad Olsen, Gary Kroeker, Frank Still and Kent DeShazo. They're all from Texas and they're here with the Jerry Jeff Walker group."

"Not me!" Gary said. "I'm here for the Jerry Jeff show but I'm not from Texas. I'm from Bend, Oregon."

"Oh, that's right," I said.

"Where are ya'll from?" Frank asked Roger.

"We're originally from Oklahoma," Roger said, proudly.

"I hear Oklahoma is a pretty nice place," Kent said. "Us Texans don't know much about Oklahoma though. Do we boys?"

"Why sure we do," Conrad said. "Didn't you know that Oklahoma is an outlying province of the great state of Texas?"

"I beg your pardon, Mr. Olsen," Roger said, "but that is just not true. There ain't no state that can out-lie Texas."

Trivia Tidbits

* Coyotes are extremely loyal to their mates. If one is caught in a trap, the other will bring small game for it to eat; it will soak itself in a river to allow its thirsty mate to chew on its damp fur for water. It has been documented that the free coyote will stay with its captive partner until death.

* A cord of wood is 128 cubic feet and usually measures 4 feet high, 4 feet, wide and 8 feet long.

* The first person known to have died of radiation poisoning was scientist Marie Curie. She and her husband were the discoverers of radium.

* The Barbie® doll is 11 1/2 inches tall.

* Clouds fly higher during the day than during the night.

* An ox is a castrated bull. A mule is a sterile cross between a male ass and a female horse.

* The word "Nazi" is actually an abbreviation. The party's full name was the "Nazionalsozialistische Deutsche Arbeiterpartel."

* Your brain is more active sleeping than it is watching TV.

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Riddle Me This:

Q. It stands on one leg with its heart in its head.

Answer Below



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- ❖ Santa Evelia beach lot 100ft x 200ft \$385,000
- ❖ Mexico Rocks Commercial beachfront 200ft x 400ft 1.68 acres \$700,000
- ❖ Esmeralda two adjoining lots on main road 100ft x 75ft \$170,000
- ❖ Esmeralda double lot – 100ft x 75ft. Fully fenced, high dry lots. \$152,000
- ❖ Palm Bay Club beach front lot from \$49,000
- ❖ Palmeros beach lot with pier 80ft x 200ft \$280,000
- ❖ Basil Jones 145ft beach lot \$375,000
- ❖ Playa Blanca beach lot 60 x 105ft \$275,000 offers
- ❖ Mata Grande 100 x 300ft one off the beach. Cleared - \$210,000
- ❖ Mata Grande 100 x 200ft prime beach lot with pier permit \$445,000
- ❖ Esperanza 4.6 acres beach 300ft x 460ft \$2,000,000
- ❖ Boca Ciega 4.5 acres 174ft beach front. \$350,000.
- ❖ West Bay private sandy bay with 260 ft frontage only \$425,000
- ❖ West Bay oceanfront 100ft x 500ft \$119,000 bring offer
- ❖ San Marcos 2 adjacent lots 50x90ft lot \$55,000 each
- ❖ Ambergris Bay West Coast beach front \$100,000
- ❖ Habaneros area – 2nd row \$85,000 3rd row \$45,000 multiple lots available

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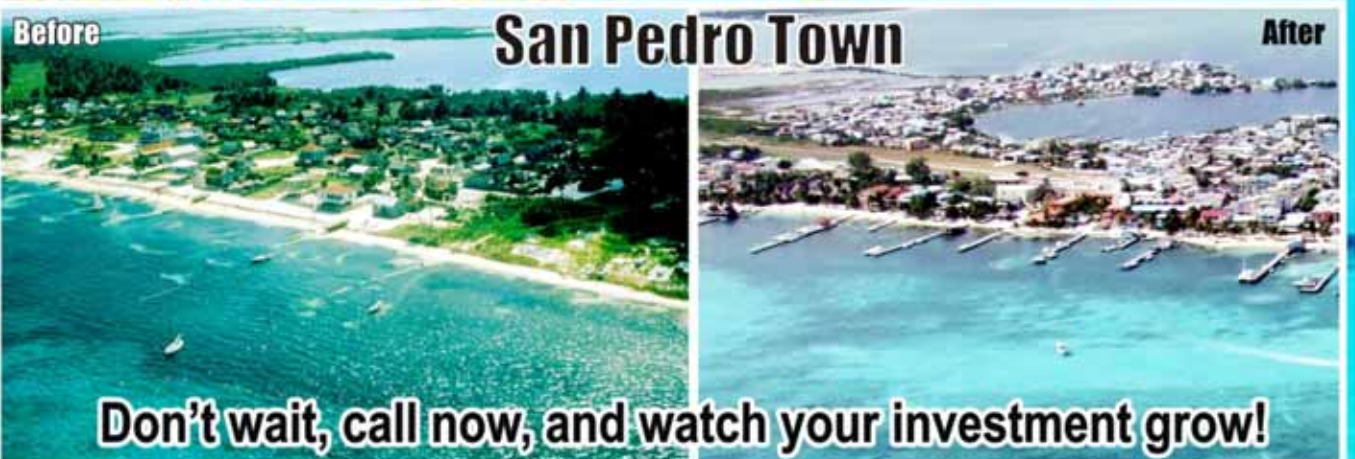
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