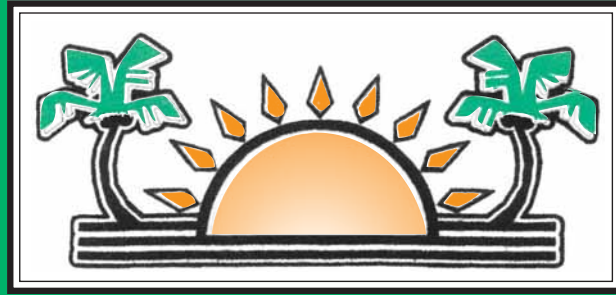


# THE SAN PEDRO SUN VISITOR GUIDE



The  
Island  
Newspaper

Vol. 20  
#19



May 13, 2010

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# Greetings to my visiting friends

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.



are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor,  
San Pedro Town

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave systems and many natural sanctuaries that

## The San Pedro Sun is mailed everywhere.

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## Where did you read your San Pedro Sun?

Where did you take your *San Pedro Sun & Visitor Guide*? Take a photo of you and the paper and send it to us at [spsun@sanpedrosun.net](mailto:spsun@sanpedrosun.net)



Laura Dunn at NASA Space Center outside of Houston, Texas.



Mycol Holton at the Jurong Bird Park in Singapore.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

## SuDoku! Level: \*Difficult Answers on Insert A

2			9	6				1
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	7							
4					9	3		7
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		1	6					
8				4	3			5

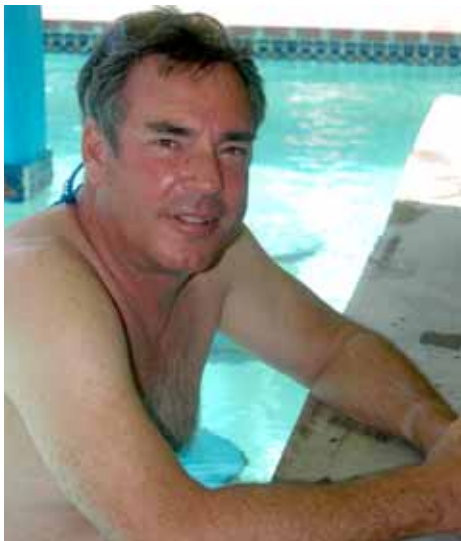


# Woman on the Beach at Bermuda Palms

By: Harriette Fisher

**Question:**  
*What here should never change? What needs to be changed Now?*

Watch for Harriette and her camera. What would your answer be to these two questions?



CHRIS BARENFANGER designed and built The Bermuda Palms. He first came to the island in 1983 from Vandalia, Illinois and moved here in 1994. He now lives at his third project Bermuda Beach. When asked what about this place should be saved he was quick to say "the People." He said what needs changed now is more street and beach planting of trees.

SHARON HAZEL is a teacher and her daughter ARIANNA is a stay at home mom with her son ANDREW HEREDIA. Sharon moved her family to Belize from Trinidad & Tobago ten years ago and came to San Pedro three years ago and now lives in the San Juan area. The reef and mangroves are what need to be saved and what needs changed is the people who want to destroy the outlook of the island.



HELDA SANTOS and daughter Isabella live at Bermuda Palms. She came here in 2006 from Angola, Africa and Winnipeg, Canada and is taking a sabbatical from real estate. To the question what should never change she was quick to say "The Reef; that's what makes everything so beautiful" Isabella said "The Flowers." To what should be changed now she said "The

litter; people have to have more respect for their property and clean it up."

JESSICA COFER and son KAI stayed at Belizean Shores. She is a waitress at one of the large casinos in Las Vegas. She likes the golf carts and dirt roads, basically the simplicity of life. She did not like the hustlers here.



ANONYMOUS from California lives in the Tres Cocos area having come here the first time in 2004. To what should never change the smarty pants said "The Weather." What needs changed? "Sustainability practices in developments, fishing and natural resources."

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# Scuba School Belize - get acquainted with the underwater world

Coral reefs are the richest, most diverse and beautiful habitats in the sea. Not even a mile from the east coast of Ambergris Caye, lays the largest coral reef formation in the Caribbean, the Mesoamerican Barrier Reef. Belize is also the proud owner of various reef types including fringing reefs, patch reefs, barrier reefs and atolls. These wonders of nature all contribute to making Belize one of the top ten destinations for scuba divers in the world.

Entrepreneurs have capitalized on the abundance of financial potential offered by the underwater world off the shores of Belize. San Pedro has over fifty dive shops and it's safe to say, we have a variety of choices in which establishment we choose to bring this underwater world to us.

Venancio Tillet aka Jr. has decided to undertake a bold new venture. As a scuba diving instructor for PADI (Professional Association of Dive Instructors), Jr. has worked as a dive instructor for various dive shops around the island for over seven years. He is a long time



resident of San Pedro, where he grew up in the waters off the shores and as a child he enjoyed fishing. An avid lover of the sea and all that it has to offer, he started diving at the age of nineteen. Shortly after, his passion for diving drove

him to acquire his certification as a PADI dive instructor.

"I started Scuba School Belize which is basically a training facility; it's not a dive center. What I will be doing here is offering certifications. We're gonna start from basic open waters all the way to assistant instructor. The facility is an area where only instructors will be working here, no dive masters," stated Tillet. Without the

driving need of competing that generally comes along with recreational diving sales, Scuba School Belize is dedicated to offering quality dive courses. "Through-out the world, dive training is done differently than the way it is done here. This right here will be specifically for training. Our standards that we are following are standards that were set forth by diving

Continued on Page 5



Junior

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professionals at PADI. At Scuba School Belize, we do not believe in cutting corners. We maintain a very high standard of training.” Presently there are three instructors along with Jr. that make up the staff of Scuba School Belize.

One of the courses offered at Scuba School Belize is the “Discover Scuba course”, geared towards certified divers that have not been diving for a period of

three years or more. A certified diver myself; I had not been diving for about six years. Jr. accepted to take me out and get me a jump start on what I hope will blossom into a very long term relationship with Belize’s underwater world.

My experience started around 2:30 pm on a clear Friday afternoon. Choosing one’s equipment is the beginning of the course. Scuba School Belize provides

Continued on Page 6



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### Trivia Tidbits

- \*Five of Shakespeare’s heroines disguise themselves as males: Rosalind, Julia, Portia, Viola, and Imogen.
- \*There are more than 10 trillion living cells in the human body.
- \*There are three sets of letters on the standard typewriter and computer keyboards which are in alphabetical order, reading left to right. They are f-g-h, j-k-l, and o-p.
- \*The coldest place in the solar system is the surface of Neptune’s largest moon Triton, which has a temperature of -391 degrees Fahrenheit, only 69 degrees Fahrenheit above absolute zero.
- \*Milk is generally not healthy for adult Orientals or for adult people of black African origin, because they tend to lack enzymes needed to digest the natural sugar in milk.

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 BELIZE



various brands of equipment. This is intentional as “not all brands of BCD (Buoyancy Control Device), for example, are the same. We like to get our students acquainted with the different brands as when you travel, there is no guarantee that the establishment you dive with will have the same brand of equipment that you are used to”, explained Jr. It was interesting that as he started explaining each piece of equipment; visions of how to set it up came jumping to the forefront of my mind. Each gear was explained in details. After a short introduction to the equipment, getting my gear together was a flash. The site chosen for the purpose of this venture was “Tuffy”, a mere three minute boat ride from the dock. The sun was high and its rays sparkled off the light waves as we boarded the 26 foot boat that ferried me and my instructor to our destination.

When we arrived at the dive site, the wind was gently blowing, contrasting with

the gentle warmth of the sun, creating a perfect cooling effect as Jr. explained the various skills that we were going to practice once we reached the sea bed. Immediately under the boat, the sea bed lay about eight to ten feet below. I was in the Caribbean sea within seconds using the “Back Roll Entry” method of entrance”. Once Jr. had entered the water, in the same fashion as I had and the OK signal was confirmed by both, it was time for our descent. Descending ten feet to reach the sea bed was quite easy; Jr. was with me all the way. Once on the sea bed I was instructed to perform some basic skills exercises such as flood and clearing mask, shared breathing, octopus recovery and buoyancy. After all skills were completed, the work was over and it was time for pleasure diving.

Tuffy offered a gradual descent; making it ideal for beginner divers or divers looking to get back into the swing of things. It starts off at ten feet and gradually floors

out at around thirty to thirty five feet. The coral formations are exquisite and the large variety of fish species is irresistible. Tuffy gives you a chance to surround yourself with an array of colors as you bask in the weightless confines of Belize’s underwater world.

My dive lasted around 45 minutes and gave me a chance to experience just a little bit of what underwater Belize has to offer. From superb coral formations to algae, sea fans, and an aquarium of fishes and even an old shipwreck, the diving experience was exceptional.

Under the guidance of Jr. my experience felt completely safe and was effortless. Scuba School Belize hopes to become an integral part of the community. Jr. hopes to offer students and youths of the island a chance to become open water certified through a system that would reward them for helping out on the boat and in the office. An exchange program, if you may. He is also currently discussing the possibility of getting these youngsters trained as search and rescue divers.

In the future, Jr. hopes to be able to offer to residents of Belize a chance to become certified, which will allow them the opportunity to explore our vastly complex and exquisite underwater world.

Scuba School Belize is located in the Island Galleria Building, corner Tarpon St and Coconut Drive, you are welcome to visit their website [www.scubaschoolbelize.com](http://www.scubaschoolbelize.com) or give them a call at 626-6217 or 206-2345.



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## Wolfe's Woofers by Dennis Wolfe

### Back in town

"My God, would you look at that!" Mark said, as he was staring toward the parking lot at BC's.

Somebody said, "Is that Casey Moore?"

"It sure looks like him," someone else said. "I guess he's back from Texas."

"Why, he looks like a kind of short version of Randolph Scott," a lady said. "The way I've heard you people talk about Casey I figured he was about six and a half feet tall."

After all the handshaking and greetings, Ernie said, "Casey, what are you drinking?"

"Let me have a bottle of Less," Casey said.

"We have Belikin, Red Stripe, Guinness, Lighthouse and Heineken," Ernie said. "I don't know what Less is."

"Neither do I," Casey said, "But the doctor told me I should be drinking less."

I pulled him aside and said, "Casey, how is your health? You look like you're kind of worried."

"The truth is I am worried," he said. "But it ain't a problem with my health. At least, not yet."

"Is it something I can help with?" I asked.

"I don't think so," he said. "I don't think anybody can."

"Well, what is it?"

Casey looked around to make sure no one could hear us and said, "It's about a text message."

"What about it? What kind of message was it?"

"I got back on the island yesterday evening," he said. "I hadn't been here more than an hour when I got a text message from a guy saying that I had better quit fooling around with his old lady."

"Ooh," I said. "Then I guess you'd better quit."

"I can't," Casey said.

"Why is that?"

"He didn't sign his name."

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Q: What unusual property do the words FLOUR, TERN, and THIRSTY have in common?

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- ❖ Tres Cocos Beach Villa 4 bed mature landscaping, seawall, pier, fully furnished \$1,150,000.
- ❖ Tres Cocos Ocean view Garden Home exotic tropical hardwoods, room to expand, ¼ acre lot, mature landscaping. \$335,000
- ❖ Tres Cocos ocean view 1200+ ft<sup>2</sup>, 2 bed/2 bath 2 level garden home w/loft. Vaulted ceilings, observation deck, fully furnished \$295,000.
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- ❖ San Pablo Apartments – Canal Front. \$275,000. Terms
- ❖ Esmeralda Home A perfect place to call home. Ground floor commercial space equipped and ideal for a restaurant. \$350,000
- ❖ Pelican Reef Villas – Ocean front 2 bedroom furnished \$497,000, 3 bedroom \$637,000
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- ❖ Pirate's Lantern – 3 apartments - 3 vacant lots - right on main street. \$575K
- ❖ San Pablo Apartments – Canal Front. \$275,000. Terms

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- ❖ Mexico Rocks Commercial beachfront 200ft x 400ft 1.68 acres \$700,000
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- ❖ San Marcos 2 adjacent lots 50x90ft lot \$55,000 each.
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- ❖ Habaneros area – 2<sup>nd</sup> row \$85,000 3<sup>rd</sup> row \$45,000 multiple lots available.

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Answer: Take out one letter and they each spell a number.



swanky



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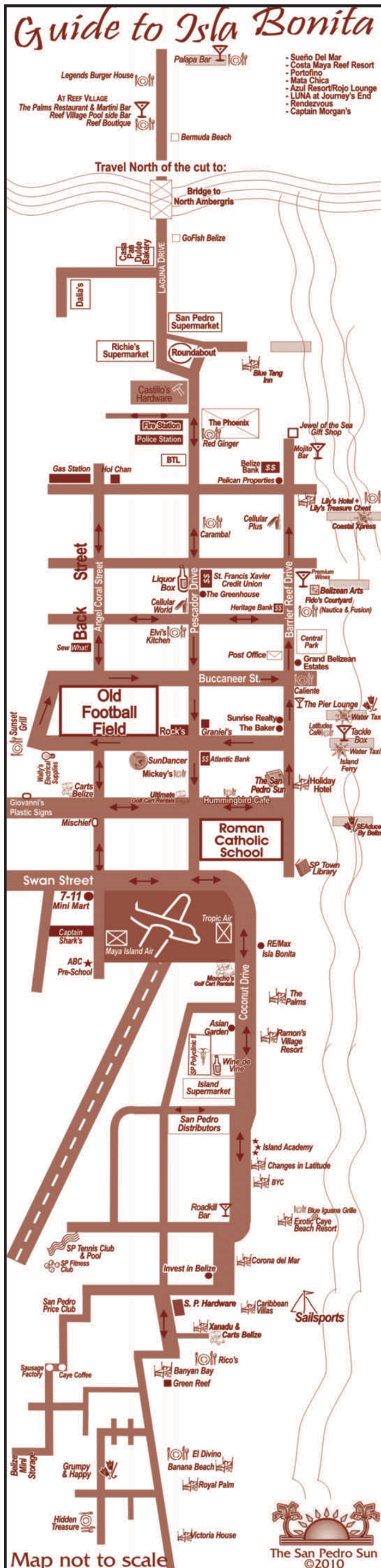
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 Fire 226-2372  
 Medical Emergency (ACER) 226-3231  
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 Crimestoppers 800 922-TIPS  
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 Dr. Lerida Rodriguez: 226-2197 or cell 620-1974.  
 Dr. Miguel Allison: 226-4052 or cell 600-9071. (Pharmacy 226-4051)  
 San Pedro Chiropractic Clinic 600-7119  
 Hyperbaric Chamber - 226-2851 or 226-3195, Dr. Otto Rodriguez - 604-7599 or 226-2854. Antonia Guerrero - 628-3828 or 226-4501.  
 San Pedro Polyclinic II - 226-2536. Dr. Zuniga: 670-8755 and Dr. Otto Rodriguez: 604-7599.  
 Ambergris Hopes Clinic - 226-2660, Emergencies: 629-3618.  
 US Embassy - 822-4011  
 Labour Office - 226-2700 (Open 8am - 5pm, Mon. - Fri.)  
 Canadian Consulate - 223-1060  
 Mexican Embassy - 223-0193  
 Guatemalan Embassy - 223-3150  
 Honduran Embassy - 224-5889  
 British High Commissioner - 822-2146  
 Local British Warden - 226-3658/610-3658  
 San Carlos Medical (MD & Dentist Services) - 7:30am - 9:00pm, 226-2918  
 SACNW substation - 610-4911  
 Escalante Neighborhood Watch - 605-7803 Daytime only, 662-2725 Nighttime only, 630-5945- Call between 10:30pm and 6:00am.

## Church Services

**San Pedro Roman Catholic Church**  
 Sunday Mass: (English) 8am & 10am & Baptism: 11am; Spanish: 7pm; Mass or Communion Service every night at 7pm.  
 Saturday evening: Anticipated Sunday Mass: 7p.m. Daily Masses 7am & 7pm.  
**Living Word Church** Service Sun. 10:45 a.m, Youth Meetings on **Sundays at 7:30p.m.**, Women's meetings on **Wednesday at 7:30 p.m.**, and Men's meetings on **Thursday at 7:30 p.m.** We do Christian charity work. 226-2950.  
**Assembly of God Church** on Angel Coral St. T-W-St.-Sn. at 7:30 p.m.  
**Lighthouse Christian Radio** - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.  
**The Church of Jesus Christ of Latter Day Saints** - Sunday Service: 9:30 am, Wednesday Scripture Study 7:00 pm. 17 Upstairs of Island Plaza, across from Fido's Courtyard.  
**San Pedro Community Church** - meets Sundays at 10a.m. at the Ambergris Elementary School. All Are Welcome.  
**San Pedro Church of Christ:** Across the bridge to the left. 206-2731. Services: Sunday - 9am-11am, Bible Study & Worship Service. 7pm-8:30pm - Worship Service. Wednesday - 7pm-to8:30pm, Bible Study; Thursday - Ladies Classes; Friday-Youth Class

## Tourist Information

Belize Tourism Board - 227-2419.  
 Belize Tourism Industry Association (BTIA) - 227-5717.  
 Belize Hotel Association - 223-0669, bha@btl.net  
 San Pedro Tourist Guide Association 226-2391.



## Miscellaneous

**The Lions Club of San Pedro** relies on income from its Friday Night BBQ, plus Reds' famous chicken ceviche to support the needy community. Bingo starts at 7pm every Friday!! Help a great cause -have dinner with us!  
**Green Reef** A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net /226-2833.  
**Saga Society** A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.  
**CARE BELIZE** - Children's Specialist, San Pedro. 622-8200  
**SP Town Library** - 206-2028

## Water, Sports & Tours

**GRUMPY & HAPPY** - Snorkeling - private snorkel tours - just you on the boat, no set schedule! Visitors with special needs and children are welcome. Call 226-3420 or 672-1234. Visit [www.grumpyandhappy.com](http://www.grumpyandhappy.com), or Email: [info@grumpyandhappy.com](mailto:info@grumpyandhappy.com).  
**WHITE SANDS DIVE SHOP** - Specializing in daily full-service diving and SCUBA instruction. We pick you up at your hotel's dock. [www.whitesandsdive.com](http://www.whitesandsdive.com), 226-2405.

## Real Estate...

**ELITE REAL ESTATE INVESTMENTS (EREI)** - We are Ambergris Caye's real estate specialists. Call now to schedule your free professional investment consultation. Under \$200K to \$4.1M. Call 226-2260, or email: [sales@erei-belize.com](mailto:sales@erei-belize.com). By appointment.  
**SUNRISE REALTY** - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: [info@SunriseBelize.com](mailto:info@SunriseBelize.com)  
**RE/MAX Isla Bonita, located at 10 Coconut Drive, San Pedro.** 226-4400 e-mail: [info@owninbelize.com](mailto:info@owninbelize.com) or visit our website at [www.owninbelize.com](http://www.owninbelize.com)  
**CASA CAYO** - [www.casacayorealestate.com](http://www.casacayorealestate.com). Check out our weekly specials, and our newest offering: Indigo. Luxury Beachfront Condominium Homes. [www.indigobelize.com](http://www.indigobelize.com). Visit our office located at the South corner of Pescador Dr. (middle street) or call 226-2791 or 610-3005.

## Transportation...

**MONCHO'S GOLF CART RENTALS** - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.  
**CARTS BELIZE** - Conveniently located just one block north of the airstrip. Hourly, Daily & Weekly. Call 226-4084.  
**ISLAND FERRY SERVICE & WATER TAXI** - Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

## Services...

**CASTILLO'S HARDWARE** - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.  
**S.P. HARDWARE** - Large variety of hardware and household supplies. Will meet or beat any competitor's price! Seagrape Drive; Open seven days a week. 226-4522.

## SuDoku Answers! Puzzle on Page 2

2	4	3	9	6	5	7	8	1
1	9	5	3	7	8	6	4	2
6	7	8	1	2	4	5	9	3
4	8	2	5	1	9	3	6	7
3	6	9	2	8	7	1	5	4
5	1	7	4	3	6	8	2	9
7	5	4	8	9	1	2	3	6
9	3	1	6	5	2	4	7	8
8	2	6	7	4	3	9	1	5

# THE SAN PEDRO SUN VISITOR'S GUIDE



## Dining Out...



**MATA CHICA** - Mambo Cuisine - for food lovers. Home-made pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

**CELI'S RESTAURANT ON THE BEACH** at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for lunch. Delectable Seafood Specialties for

dinner. **OUTDOOR & INDOOR DINING** 11:00 a.m.- 2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

**MICKEY'S PLACE** - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive.

Call 226-2223.

**BLUE WATER GRILL** - Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

**EL DIVINO RESTAURANT** at BANANA BEACH - Serving breakfast, lunch and dinner from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

**BEAN RESTAURANT/ SHADE BAR** - @Ak'bol Resort- full service-awesome bartender! Local food @ Local prices on the beach \$1-\$15BZ + unique specials +desserts daily. Interesting pizzas \$25BZ+up. Saturday Beach BBQ. One pier North of Palapa Bar.

**PALAPA BAR AND GRILL** - The Coolest Place, North of Bridge. Drink & Dine out over the Caribbean waters with cool breezes and no mosquitoes. Specialty is a BBQ, Slow Smoked, Pork Sandwich and Fresh Caught Fish Tacos. Open 7 days, Happy Hour Drinks from 4:00pm - 6:00pm. Telephone: 226-3111.

**LILY'S TREASURE CHEST**- Serving beachside breakfast, lunch & dinner. A true island dining experience. Get fresh seafood daily! Beachside at Lily's Hotel. 226-2650.

**RICO'S SURFSIDE RESTAURANT** - A truly unique dining experience on the beach at Banyan Bay. Serving breakfast, lunch and dinner daily. Phone 226-3739 ext. 135.

### ...Unique Offerings...

**SAN PEDRO FITNESS CLUB** - A/C Gym, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am-8pm Monday - Friday, 7am-5pm Saturday, 11am-5pm Sundays. 226-4749. sanpedrofitnessclub@gmail.com

**THE GREENHOUSE** - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods, plus an exciting selection of groceries. A/C local on Pescador Dr, next to St. Francis Xavier Credit Union. 226-2084.

**CAYE INTERNATIONAL BANK** - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

**PROVIDENT BANK & TRUST** - Offering a full range of International Banking Services. phone 223-5698 services@providentbank.bz

**PAGES, A BOOK STORE** - carrying new and used books. We also trade gently used books. Located at the Vilma Linda Plaza, open Mon. through Sat. 8am-5pm, 206-2254.

**SUNDANCER** - Unique boutique featuring quality clothing, jewelry and great gift items for men. Phone: 226-2948.

**AK'BOL YOGA RETREAT & RESORT**- Daily Yoga Classes/Day Retreats/Group Retreats. The only resort dedicated to the practice of Yoga and Wellness. Yoga studio at the end of the pier overlooking the sea...

Open to All: \*Beginners Welcome\* Mats Available.

Mon thru Sat 9-10am gentle morning flow,

Tu & Th 3:30-5pm asana+ meditation,

Sunday 1pm Kids Yoga +  
Pizza Day

Private sessions/Group  
Classes available.

226-2073, 607-7305, 626-  
6296

Om Shanti Om-peace to  
all...

### Party...Party!!

**THE HOLIDAY HOTEL** - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m.- 9:00 p.m. Barrier Reef Dr. 226-2014.

**FIDO'S RESTAURANT & BAR** - Fun & food on the beach. Live music nightly, island drink specials, new shot menu with over twenty selections!

## Atlantic International Bank Limited

- US dollar demand deposit accounts
- US dollar personal savings accounts
- Fixed term deposits
- Lines of Credit
- Worldwide wire transfers
- International Credit Cards
- Free Online Banking
- Loans for national and international investments
- Investment Accounts

Our sister company, **Atlantic International Corp. Services Ltd.** also offers:

- Incorporation of IBC's
- Incorporation of Local Companies
- Trusts Formation
- Trademark Registration
- Retirement Planning

*"Adding Value to Your Success"*



Cor. Freetown Rd./ Cleghorn St.  
Belize City, Belize  
P.O. Box 481

Tel: 501-223-5366 \* Fax: 501-223-3528

Web: www.atlanticibl.com or www.atlanticics.com

